

1993 Dist 1

Saturday, May 22, 1993

Brown sets long-jump record at District 1 championship meet

1993

By Steve Wartenberg
INQUIRER CORRESPONDENT

For Villa Maria's Angie Brown, it was one down and three to go.

Brown won the Class AA (small-school) long jump on the first day of competition at the PIAA District 1 track and field championships yesterday at Coatesville. The junior went 18 feet, 10½ inches to top the previous meet record of 18-5, set by Swarthmore's Carol Shane in 1976.

Brown, who jumped 20-4 this spring to set the all-time Pennsylvania girls' high school record, won the event last year with a leap of 19-0½, but it was wind-aided and didn't count as a record.

Brown also advanced easily in the trials of the 100-, 200- and 400-meter races, posting the top times in each event. The finals of all running events will be held today, as well as the remaining field events.

"I just want to go home now and get plenty of water and rest in me and get ready for tomorrow," Brown said.

Quakertown's Kevin Kelly was equally impressive, winning the Class AAA (large-school) pole vault, running the fastest times in the trials of the 110- and 300-meter hurdles, and anchoring the Panthers into the finals of the 400-meter relay.

Kelly had to leave twice during the pole-vault competition, once to run the 400-meter relay and then to run

the 300-meter hurdles. He was able to keep his concentration and keep vaulting.

Both Kelly and North Penn's Dan Swanker cleared 14-6, but Kelly won based on fewer misses.

Troy Trice of Glen Mills won the Class AAA long jump with a leap of 23-7 and helped propel the favored Bulls into the early lead in the team competition. Glen Mills also picked up points in the shot put, which was won by Scott Warren of Central Bucks West with a distance of 57-2. The Bulls took second, fourth and sixth.

In the Class AAA girls' javelin, Great Valley's Linda Denny had a throw of 115-0 to become the second member of her family to win a district championship in the event. Her sister, Nancy, won the javelin title in 1987 and 1988.

"It still hasn't sunk in yet that I won," Denny said 20 minutes after the event. "I've always wanted to go to the state meet, "and now I am."

The results

BOYS' CLASS AAA

Long jump: 1, Troy Trice, Glen Mills, 23-7½. 2, Keenan Coleman, Coatesville, 21-9. 3, Steffen Rorer, Pennsbury, 21-9. 4, Buster Crawford, West Chester East, 21-8. 5, Mike Hughes, Council Rock, 21-5¼.
Pole vault: 1, Kevin Kelly, Quakertown, 14-6. 2, Dan Swanker, North Penn, 14-6. 3, Jake Ertwine, Council Rock, 13-9. 4, John Callahan, Council Rock, 13-3. 5, Corey Wilkinson, Haverford, 13-0.
Shot put: 1, Scott Warren, Central Bucks West, 57-2. 2, Ramone Lacey, Glen Mills, 53-4½. 3, Mike Phipps, Henderson, 51-8. 4, John Waters,

Glen Mills, 50-10½. 5, Russ McGeehan, North Penn, 50-7¾.

GIRLS' CLASS AAA

Long jump: 1, Abby Harry, Strath Haven, 18-1½. 2, Regan Osborne, Truman, 16-9½. 3, Jenn Walters, Upper Dublin, 16-1½. 4, Tara Kelly, Council Rock, 15-8½. 5, Jen Worthington, Coatesville, 15-8½.
High jump: 1, Carla Johnson, Abington, 5-5. 2 (tie), Ebiho Ahonkhai, North Penn. LaNeika Thompson, Wissahickon, 5-1. 4, Michelle Rosen, Great Valley, 5-1. 5, Laurie McKeighan, Marple-Newton, 4-11¼.
Javelin: 1, Linda Denny, Great Valley, 115-0. 2, Karin Frantz, Upper Dublin, 114-7. 3, Kate Trotman, West Chester East, 109-11. 4, Jen McCoach, Truman, 108-2. 5, Karen Reichenbach, Neshaminy, 106-4.

BOYS' CLASS AA

High jump: 1, Steve George, Kennett, 6-5. 2, Jamal McKay, Girard College, 6-3. 3, Troy Brown, Oxford, 6-3. 4 (tie), Langston Watson, Pottstown, Jason Cole, Pottstown, 6-1.
Pole vault: 1, Mark Boland, Springfield (M), 13-6. 2 (tie), Aaron Marino, Perkiomen Valley, Matt King, Octorara, 11-0. 4, Jason Bauer, Oxford, 11-0. 5, Josh Maciolek, Springfield (M), 11-0.
Discus: 1, Ryan Lehman, Perkiomen Valley, 138-7. 2, Neil Goldstein, Lower Moreland, 129-3. 3, Jermaine Bass, Kennett, 128-1. 4, John Gray, Octorara, 122-8. 5, Brad Mowrer, St. Pius X, 121-3.

Javelin: 1, Mario Gomez, Kennett, 159-5. 2, Mickey Yonas, Pottstown, 154-4. 3, Ryan Lehman, Perkiomen Valley, 145-2. 4, Brian Smith, St. Pius X, 144-10. 5, John Noonan, Oxford, 139-10.

GIRLS' CLASS AA

Long jump: 1, Angie Brown, Villa Maria, 18-10½ (meet record, betters 18-5 by Carol Shane, Swarthmore, 1976). 2, Zandra Charles, Pottstown, 16-1. 3, Janelle Mayes, Pottstown, 15-10½. 4, Mindy Velasco, Upper Moreland, 15-2½. 5, Helaina Battle, Oxford, 15-0¾.
Shot put: 1, Heather Buttler, Harriston, 34-11¼. 2, Monique Henderson, Pottstown, 32-1¼. 3, Cindy Stine, Radnor, 31-11. 4, Sara Satinsky, Radnor, 31-11. 5, Lisa Carew, Kennett, 30-11¾.
Discus: 1, Mindy Zook, Pottstown, 113-8. 2, Lisa Carew, Kennett, 106-2. 3, Monique Henderson, Pottstown, 95-2. 4, Katie Adamson, Upper Moreland, 94-3. 5, Renita Bergey, Christopher Dock, 87-1.

Art Hinkle's record collection

helped Glen Mills score 90 points and win the team title after three straight second-place finishes.

Coatesville's Keenan Coleman won the triple jump (48-0½) and high jump (6-7) and finished second to Trice in the long jump (21-9) Friday. The Red Raiders scored 53 points and took second in the team standings.

Quakertown's Kevin Kelly added to the pole-vault title (14-6) he won Friday with easy wins yesterday in the 110 hurdles (14.4) and 300 hurdles (37.7).

Haverford's Mark Wilson ran a brilliant anchor leg to give the Fords a win in the Class AAA 3,200 relay (7:54.9) and he came back later in the meet to win the 400 (48.1).

Pottstown's Mike Hawkins won the Class AA 100 (11.2) and 200 (23.2) and anchored the winning 400 relay (44.1) to help the Trojans score 160 points and easily win the team title for the second straight year.

The results

BOYS' CLASS AAA

Team scoring: 1, Glen Mills, 90. 2, Coatesville, 53. 3, Quakertown, 38. 4, Council Rock, 37. 5, tie, North Penn, Pennsbury and Wissahickon, 32. 8, Haverford, 29. 9, Central Bucks West 26. 10, Upper Merion 20.

100: 1, Jamar Kinder, Cheltenham, 10.8. 2, Troy Trice, Glen Mills, 10.9. 3, Matt Khari, Strath Haven, 11.0. 4, Kuasine King, Glen Mills, 11.2. 5, Ray Vereen, Pennsbury, 11.3.

200: 1, Troy Trice, Glen Mills, 21.7. 2, Trent Baker, Coatesville, 22.3. 3, Ray Vereen, Pennsbury, 22.5. 4, Antoine Rogers, Truman, 22.7. 5, Jason Thomas, Chester, 22.8.

400: 1, Mark Wilson, Haverford, 48.1. 2, Erich Davis, Wissahickon, 48.7. 3, Mike Calhoun, Great Valley, 48.9. 4, Jim Dennis, Phoenixville, 49.0. 5, Antoine Rogers, Truman, 49.2.

800: 1, J.R. McIlwain, Holy Ghost Prep, 1:54.3. 2, Josh Poe, Downingtown, 1:55.4. 3, Dan Brooks, Henderson, 1:55.7. 4, Jay DiMartino, Methacton, 1:56.6. 5, Mike Rodgers, Owen J. Roberts, 1:57.0.

1,600: 1, Ernie Churchville, Upper Merion, 4:23.1. 2, Jesse Breeden, Truman, 4:24.4. 3, Jeremy Nunn, Pennridge, 4:26.1. 4, Rodney Clark, Penn Wood, 4:26.8. 5, Paul Stoffel, Pennsbury, 4:27.0.

3,200: 1, Jeff Menago, Upper Merion, 9:33.8. 2, C.J. Keeler, Lower Merion, 9:35.8. 3, Russ Coleman, Hatboro-Horsham, 9:36.4. 4, Jesse Breeden, Truman, 9:51.1. 5, Ted Donnelly, Springfield (D), 9:51.8.

110 hurdles: 1, Kevin Kelly, Quakertown, 14.4. 2, Kevin Stratton, Council Rock, 14.9. 3, Mike Hughes, Council Rock, 14.9. 4, Nate Goins, Downingtown, 15.0. 5, Kahlil Jones, Cheltenham, 15.0.

300 hurdles: 1, Kevin Kelly, Quakertown, 37.7. 2, James Dolberry, Wissahickon, 38.3. 3, Kevin Stratton, Council Rock, 38.4. 4, Wayne Burwell, Abington, 39.1. 5, Shakur Abdul-Sabur, Penn Wood, 39.3.

400 relay: 1, Glen Mills (Kevin Chambers, Derral Robi, Kuasine King, James Suber), 43.5. 2, Wissahickon, 42.9. 3, North Penn, 43.2. 4, Strath Haven, 43.3. 5, Cheltenham, 43.4.

1,600 relay: 1, Glen Mills (Damon Hendricks, Troy Trice, Tyra Simpkins, Marvin Jefferson), 3:20.6. 2, Coatesville, 3:20.9. 3, Wissahickon, 3:22.4. 4, Strath Haven, 3:22.6. 5, Phoenixville, 3:24.5.

3,200 relay: 1, Haverford (Chris Duckworth, Ed Poynton, Bob Freas, Mark Wilson), 7:54.9. 2, Quakertown, 7:55.4. 3, Henderson, 7:55.9. 4, Coatesville, 7:56.6. 5, Council Rock, 7:59.5.

High jump: 1, Keenan Coleman, Coatesville, 6-7. 2, tie, Steffen Rorer, Pennsbury and Erik Hermansen, Haverford, 6-5. 4, Mike Hughes, Council Rock, 6-3. 5, Leon Lampkin, Glen Mills, 6-3.

Triple jump: 1, Keenan Coleman, Coatesville, 48-0¾. 2, Cory Holmes, Glen Mills, 46-8¾. 3, Eric Walker, Glen Mills, 45-7. 4, Carlo Johnson, Abington, 45-1½. 5, Cardwell Wooten, Plymouth-Whitmarsh, 44-10½.

Discus throw: 1, Russ McGeehan, North Penn, 166-6. 2, Scott Warren, Central Bucks West, 153-11. 3, Ramine Lacey, Glen Mills, 142-11. 4, Adam Geremia, North Penn, 140-11. 5, Jim Bryan, Wissahickon, 139-0.

Javelin throw: 1, Steffen Rorer, Pennsbury, 197-6. 2, Scott Warren, Central Bucks West, 196-4. 3, Mike Wendle, Unionville, 181-0. 4, Clint Seace, Coatesville, 178-5. 5, Kevin Armstrong, Glen Mills, 175-1.

GIRLS' CLASS AAA

Team scoring: 1, Chester, 45. 2, tie, North Penn and Truman, 37. 4, Upper Dublin, 33. 5, Downingtown, 30. 6, tie, Norristown and West Chester East, 21. 8, tie, Great Valley, Nesha-miny, Francrest and Sun Valley, 20.

1,600: 1, Dan Burkholder, Lansdale Catholic, 4:38.9. 2, Fat Eggen Devon Prep, 4:42.5. 3, Troy Mulhearn, Pottstown, 4:43.3. 4, Justin Christopher, Lansdale Catholic, 4:44.2. 5, Nick Reis, Devon Prep, 4:44.6.

3,200: 1, Duffy Swantek, Lansdale Catholic, 10:10.1. 2, Troy Mulhearn, Pottstown, 10:18.9. 3, Jeremiah Denight, Devon Prep, 10:21.9. 4, Brendan Buckley, Oxford, 10:30.3. 5, Dave Grindel, Lansdale Catholic, 10:43.6.

110 hurdles: 1, Eugene Hall, Kennett, 15.7. 2, Rich Klinger, Octorara, 15.9. 3, Troy Brown, Oxford, 16.2. 4, Jason Cole, Pottstown, 16.4. 5, Ron Brownlee, Girard College, 16.5.

300 hurdles: 1, Joseph Thorpe, Pottstown, 40.0. 2, Troy Brown, Oxford, 41.9. 3, Jason Cole, Pottstown, 41.9. 4, Mike Morrison, Girard College, 42.0. 5, Rich Klinger, Octorara, 42.3.

400 relay: 1, Pottstown (Joseph Thorpe, Emmitt Banks, Kron White, Mike Hawkins), 44.1. 2, Devon Prep, 44.8. 3, St. Pius X, 46.2. 4, Bishop Shanahan, 46.6. 5, Kennett, 46.6.

1,600 relay: 1, Pottstown (Andre Dunkley, Joseph Thorpe, Lanky Watson, Kron White), 3:29.4. 2, Girard College, 3:34.0. 3, Devon Prep, 3:36.5. 4, St. Pius X, 3:36.9. 5, Oxford, 3:37.5.

3,200 relay: 1, St. Pius X (Eric McCracken, Pat Warker, John Opeila, Randy Brezski), 8:20.2. 2, Lansdale Catholic, 8:23.5. 3, Devon Prep, 8:23.6. 4, Bishop Shanahan, 8:35.2. 5, Oxford, 8:42.3.

Long jump: 1, Emmitt Banks, Pottstown, 21-0¼. 2, Jason Eddings, Bristol, 20-9¾. 3, Mike Morrison, Girard College, 20-6½. 4, Chris White, Octorara, 19-10¼. 5, Dan Rivera, Perkiomen Valley, 19-4¾.

Triple jump: 1, Lanky Watson, Pottstown, 43-7¼. 2, Anthony McKinzie, Girard College, 41-10½. 3, Kron White, Pottstown, 41-7¾. 4, Jason Eddings, Bristol, 41-5½. 5, Matt Nolan, Devon Prep, 40-10¾.

Shot put: 1, Yusuf Norman, Springfield (M), 52-2. 2, Mike Kimble, Bishop Shanahan, 44-11. 3, Bob Stumpf, Pottstown, 41-9. 4, Mike Bender, Lansdale Catholic, 41-3. 5, Van Owens, Bristol, 40-5½.

GIRLS' CLASS AA

Team scoring: 1, tie, Pottstown and Villa Maria Academy, 110. 3, Perkiomen Valley, 68. 4, Oxford, 40. 5, Radnor, 34. 6, Villa Joseph Marie, 20. 7, Lower Moreland, 19. 8, tie, Octorara and Springfield (M), 18.

100: 1, Angie Brown, Villa Maria, 12.4. 2, Zandra Charles, Pottstown, 13.1. 3, Shannon Gottshall, Pottstown, 13.1. 4, Alisha Reddick, Pottstown, 13.3. 5, Charlene Schrufer, Springfield (M), 13.4.

200: 1, Angie Brown, Villa Maria, 25.8. 2, Shannon Gottshall, Pottstown, 27.0. 3, Charlene Schrufer, Pottstown, 27.0. 4, Angela Schlouter, Kennett, 27.8. 5, Erica Waller, Pottstown, 28.2.

400: 1, Angie Brown, Villa Maria, 56.4 (new meet record; old record 56.8 by Chris Harvey, St. Pius X, 1983). 2, Amanda Frampton, Great Valley, 1:02.1. 3, Crystal Barnes, Villa Maria, 1:02.5. 4, Chrissy Stortz, Villa Joseph Marie, 1:03.0. 5, Nicole Koslowsky, Archbishop Kennedy, 1:03.3.

800: 1, Amy Johnson, Springfield (M), 2:24.4. 2, Linda Gallagher, Villa Maria, 2:31.9. 3, Kristi James, St. Pius X, 2:32.1. 4, Nicole Koslowsky, Archbishop Kennedy, 2:33.1. 5, Heather Blackburn, Perkiomen Valley, 2:35.3.

1,600: 1, Heather Blackburn, Perkiomen Valley, 5:24.1. 2, Janelle Gibson, Pottstown, 5:25.7. 3, Amy Thompson, Villa Maria, 5:41.6. 4, Heather Hurlock, Villa Joseph Marie, 5:54.1. 5, Eda Zoe, Radnor, 5:55.1.

3,200: 1, Jenna James, Perkiomen Valley, 11:43.8. 2, Angie Maley, Perkiomen Valley, 12:19.4. 3, Janelle Gibson, Pottstown, 12:23.5. 4, B.J. Slack, Villa Joseph Marie, 12:42.7. 5, Amy Thompson, Villa Maria, 12:49.1.

100 hurdles: 1, Kris Cusomano, Perkiomen Valley, 15.8. 2, Heather Smith, Villa Maria, 16.3. 3, Kati Hirst, Octorara, 16.4. 4, Megan Worrell, Villa Maria, 16.9. 5, Erin Schlusssel, Villa Joseph Marie, 17.3.

300 hurdles: 1, Kris Cusomano, Perkiomen Valley, 46.5. 2, Kristen Childs, Christopher Dock, 49.1. 3, Heather Smith, Villa Maria, 49.5. 4, Alison Henry, Oxford, 49.5. 5, Erin Schlusssel, Villa Joseph Marie, 49.9.

400 relay: 1, Pottstown, 50.7. 2, Villa Maria, 52.7. 3, St. Pius X, 52.9. 4, Radnor, 53.1. 5, Springfield (M), 53.6.

1,600 relay: 1, Villa Maria (Lisa Dinardo, Heather Smith, Allison Dougherty, Crystal Barnes), 4:15.6. 2, Lower Moreland, 4:16.8. 3, Radnor, 4:21.7. 4, Villa Joseph Marie, 4:22.1. 5, Oxford, 4:27.9.

3,200 relay: 1, Perkiomen Valley (Kelly Carney, Angie Maley, Jenna James, Heather Blackburn), 10:14.0. 2, Lower Moreland, 10:29.2. 3, Archbishop Kennedy, 10:29.8. 4, Villa Maria, 10:35.6. 5, St. Pius X, 10:41.1.

High jump: 1, Cassie Kimmel, Radnor, 4-10. 2, Carrie Blakey, Oxford, 4-10. 3, Mary Green, Octorara, 4-8. 4, Thea Roomet, Octorara, 4-8. 5, Betsy Stanshine, Lower Moreland, 4-8.

Triple jump: 1, Zandra Charles, Pottstown, 35-11½. 2, Janelle Mayes, Pottstown, 34-0¾. 3, Helaina Battle, Oxford, 33-9¼. 4, Anne Smith, Kennett, 32-7½. 5, Schumaine Wilson, St. Pius X, 32-3.

Javelin throw: 1, Tricia Steffy, Oxford, 103-7. 2, Daniella Marusa, Villa Maria, 95-4. 3, Chris Bowman, Perkiomen Valley, 92-2. 4, Amy Miller, Oxford, 91-2. 5, Becky Layer, Garnet Valley, 84-1.

Glen Mills boys, Chester girls win in District 1 track

Sprinter and long-jumper Troy Trice led Glen Mills.
Sprinter and hurdler Kia Davis led Chester.

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Once was not enough at the PIAA District 1 track and field championship meet yesterday at Coatesville.

Several area athletes weren't content with one gold medal and won two, three and, in two cases, four.

In the Class AAA (large-school) girls' competition, Chester's Kia Davis won the 100-meter hurdles (14.8 seconds), 300 hurdles (45.3) and the 200 (25.6) and anchored the Clippers to a win in the 400 relay (48.3).

Davis' heroics helped Chester score 45 points and win the team title.

"At first I never thought about winning four," Davis said. "But then [coach Jim Joyce] said if I won my three races and we won the relay, we had a real good chance to win the team title."

North Penn and Truman each scored 37 to tie for second.

Also in the Class AAA girls' competition, Sun Valley's Shannon Grady won the 1,600 (5:04.8) and came back to win the 800 (2:13.8).

Grady, who won the 1,500 at the Penn Relays, was content to sit in the pack for the first three laps of the 1,600 and then pull away for the win.

"I just wanted to win the [1,600] without pushing and save something for the 800," the senior said.

Grady wanted to make a run at the 800 district record (2:09.47), but didn't have enough left.

"My legs were really hurting at the end," Grady said.

In the Class AA (small-school) girls' competition, Villa Maria's Angie Brown won the 100 (12.4), 200 (25.8) and 400 (a meet-record 56.4) to go along with the long-jump title (a meet-record 18-10½) she won Friday.

Overall, Villa scored 110 points to tie Pottstown for first in the team competition.

In Class AAA boys' action, Glen Mills' Troy Trice won the 200 (21.7), ran a leg on the Bulls' winning 1,600 relay and finished second in the 100 (10.9), behind Chester's Jamar Kinder (10.8). On Friday, Trice won the long jump (23-7½).

Trice's three firsts and one second helped Glen Mills score 90 points and win the team title after three straight second-place finishes.

Coatesville's Keenan Coleman won the triple jump (48-0½) and high jump (6-7) and finished second to Trice in the long jump (21-9) Friday.

100: 1, Annie Coleman, Neshaminy, 12.4. 2, Kim Baldwin, Chichester, 12.5. 3, Nicole Royal, Upper Dublin, 12.6. 4, Ragen Osborne, Truman, 12.6. 5, Keshia Walley, Penn Wood, 12.6.
200: 1, Kia Davis, Chester, 25.6. 2, Kim Baldwin, Chichester, 25.7. 3, Annie Coleman, Neshaminy, 25.8. 4, Tamika Friend, Chester, 26.1. 45, Kristin Noll, North Penn, 26.2.
400: 1, Keshia Walley, Penn Wood, 57.0. 2, Terasha Franklin, Penncrest, 57.0. 3, Tiphani McKee, Pennsbury, 58.7. 4, Tanya Thomas, Wissahickon, 59.0. 5, Diana Hilsner, Neshaminy, 59.1.
800: 1, Shannon Grady, Sun Valley, 2:13.8. 2, Samantha Bates, Haverford, 2:18.3. 3, Aruna Boppana, Downingtown, 2:20.3. 4, Mary Bean, Council Rock, 2:21.3. 5, Katie Dettlerline, Souderton, 2:22.6.

1,600: 1, Shannon Grady, Sun Valley, 5:04.8. 2, Sheila Valentine, Pottsgrove, 5:14.3. 3, Cori Rhoades, Coatesville, 5:16.3. 4, Debbie Kraus, Bensalem, 5:16.6. 5, Paula Brooke, Downingtown, 5:18.7.

3,200: 1, Colleen Costello, Gwynedd-Mercy, 11:25.9. 2, Allison Glitz, Downingtown, 11:32.7. 3, Kate Goldman, Abington, 11:38.5. 4, Dena Jordan, Unionville, 1:39.4. 5, Jenae Strader, North Penn, 11:46.7.

100 hurdles: 1, Kia Davis, Chester, 14.8. 2, Stacy Tiefenthaler, Pennridge, 15.4. 3, Lanin Reviere, Cheltenham, 15.4. 4, Kate Heinkeovich, Spring-Ford, 15.6. 5, Rachael Kostecki, Haverford, 16.2.

300 hurdles: 1, Kia Davis, Chester, 45.3. 2, Lanin Reviere, Cheltenham, 45.8. 3, Amy Kott, Spring-Ford, 46.2. 4, Aima Ahonkhai, North Penn, 47.5. 5, Lori Moll, Upper Perkiomen, 47.8.

400 relay: 1, Chester (Nicole Howell, Tamika Friend, Tyra Kirkland, Kia Davis), 48.3. 2, Truman, 49.5. 3, Penn Wood, 49.5. 4, Upper Dublin, 49.9. 5, Pennsbury, 50.2.

1,600 relay: 1, Penncrest (Daniel Duffy, Joanna Lennon, Sandy Kestner, Terasha Franklin), 3:59.4. 2, Pennsbury, 4:00.3. 3, Wissahickon, 4:02.1. 4, West Chester East, 4:02.9. 5, North Penn, 4:03.5.

3,200 relay: 1, West Chester East (Shannon Williamson, Carrie Wrightmire, Keirstan Urick, Holy Weidenaar), 9:32.5. 2, Gwynedd-Mercy, 9:33.6. 3, North Penn, 9:35.3. 4, Downingtown, 9:37.5. 5, Council Rock, 9:39.8.

Triple jump: 1, Ebiho Ahonkhai, North Penn, 36-5¼. 2, Abby Harry, Strath Haven, 35-11½. 3, Linda Denny, Great Valley, 35-8¼. 4, Aima Ahonkhai, North Penn, 35-5. 5, Stacy Tiefenthaler, Pennridge, 34-10.

Shot put: 1, Deidre Rhodes, Norristown, 39-5¼. 2, Jen McCoach, Truman, 36-3¼. 3, Joylyn Brown, Ridley, 35-0¼. 4, Erica Waller, Truman, 34-0½. 5, Monica Chavous, Pennridge, 33-11.

Discus: 1, Deidre Rhodes, Norristown, 125-10. 2, Karin Frantz, Upper Dublin, 121-0. 3, Joylyn Brown, Ridley, 114-11. 4, Valeska Populoh, Council Rock, 114-6. 5, Jennifer Puleo, Marple-Newtown, 111-9.

BOYS' CLASS AA

Team scoring: 1, Pottstown 160. 2, Devon Prep 56. 3, tie, Girard College, Lansdale Catholic and Kennett 42. 6, St. Pius X 37. 7, Perkiomen Valley 36. 8, Oxford 35. 9, Octorara 32. 10, Springfield (M) 26.

100: 1, Mike Hawkins, Pottstown, 11.2. 2, Emmitt Banks, Pottstown, 11.4. 3, Mark Malseed, Devon Prep, 11.5. 4, Jason Moore, Christopher Dock, 11.6. 5, Kyle Worrell, Bishop Shanahan, 11.6.

200: 1, Mike Hawkins, Pottstown, 23.2. 2, Mark Malseed, Devon Prep, 23.3. 3, Emmitt Banks, Pottstown, 23.5. 4, Brett Steidler, Devon Prep, 23.9. 5, Adrian DaCosta, Harriton, 23.9.

400: 1, Kron White, Pottstown, 51.3. 2, Andre Dunkley, Pottstown, 52.0. 3, Chris Harris, Octorara, 52.8. 4, Jaleel Kinsey, Girard College, 52.8. 5, Mike Dunleavy, Springfield (M), 53.6.

800: 1, Randy Brezski, St. Pius X, 2:01.1. 2, Jason Shanahan, Perkiomen Valley, 2:01.8. 3, Taj Clayton, Pottstown, 2:05.4. 4, Shawn Johnson, Kennett, 2:05.5. 5, John Algeo, Lansdale Catholic, 2:05.6.

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3,200: 1, Duffy Swantek, Lansdale Catholic, 10:10.1. 2, Troy Mulhearn, Pottstown, 10:18.9. 3, Jeremiah Denight, Devon Prep, 10:21.9. 4, Brendan Buckley, Oxford, 10:30.3. 5, Dave Grindel, Lansdale Catholic, 10:43.6.

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In Class AAA boys' action, Glen Mills' Troy Trice won the 200 (21.7), ran a leg on the Bulls' winning 1,600 relay and finished second in the 100 (10.9), behind Chester's Jamar Kinder (10.8). On Friday, Trice won the long jump (23-7½).

Trice's three firsts and one second helped Glen Mills score 90 points and win the team title after three

100: 1, Annie Coleman, Neshaminy, 12.4. 2, Kim Baldwin, Chichester, 12.5. 3, Nicole Royal, Upper Dublin, 12.6. 4, Ragen Osborne, Truman, 12.6. 5, Keshia Walley, Penn Wood, 12.6.

200: 1, Kia Davis, Chester, 25.6. 2, Kim Baldwin, Chichester, 25.7. 3, Annie Coleman, Neshaminy, 25.8. 4, Tamika Friend, Chester, 26.1. 45, Kristin Noll, North Penn, 26.2.

400: 1, Keshia Walley, Penn Wood, 57.0. 2, Terasha Franklin, Penncrest, 3, Tiphani McKee, Pennsbury, 58.7. 4, Tanya Thomas, Wissahickon, 59.0. 5, Diana Hilsler, Neshaminy, 59.1.

800: 1, Shannon Grady, Sun Valley, 2:13.8. 2, Samantha Bates, Haverford, 2:18.3. 3, Aruna Boppana, Downingtown, 2:20.3. 4, Mary Bean, Council Rock, 2:21.3. 5, Katie Detterline, Souderston, 2:22.6.

1,600: 1, Shannon Grady, Sun Valley, 5:04.8. 2, Sheila Valentine, Pottsgrove, 5:14.3. 3, Cori Rhoades, Coatesville, 5:16.3. 4, Debbie Kraus, Bensalem, 5:16.6. 5, Paula Brooke, Downingtown, 5:18.7.

3,200: 1, Colleen Costello, Gwynedd-Mercy, 11:25.9. 2, Allison Glitz, Downingtown, 11:32.7. 3, Kate Goldman, Abington, 11:38.5. 4, Dena Jordan, Unionville, 1:39.4. 5, Jenae Strader, North Penn, 11:46.7.

100 hurdles: 1, Kia Davis, Chester, 14.8. 2, Stacy Tiefenthaler, Pennridge, 15.4. 3, Lanin Reviere, Cheltenham, 15.4. 4, Kate Heinkeveich, Spring-Ford, 15.6. 5, Rachael Kosteci, Haverford, 16.2.

300 hurdles: 1, Kia Davis, Chester, 45.3. 2, Lanin Reviere, Cheltenham, 45.8. 3, Amy Kott, Spring-Ford, 46.2. 4, Aima Ahonkhai, North Penn, 47.5. 5, Lori Moll, Upper Perkiomen, 47.8.

400 relay: 1, Chester (Nicole Howell, Tamika Friend, Tyra Kirkland, Kia Davis), 48.3. 2, Truman, 49.5. 3, Penn Wood, 49.5. 4, Upper Dublin, 49.9. 5, Pennsbury, 50.2.

1,600 relay: 1, Penncrest (Danieel Duffy, Joanna Lennon, Sandy Kestner, Terasha Franklin), 3:59.4. 2, Pennsbury, 4:00.3. 3, Wissahickon, 4:02.1. 4, West Chester East, 4:02.9. 5, North Penn, 4:03.5.

3,200 relay: 1, West Chester East (Shannon Williamson, Carrie Wrightmire, Keirstan Urick, Holy Weidenaar), 9:32.5. 2, Gwynedd-Mercy, 9:33.6. 3, North Penn, 9:35.3. 4, Downingtown, 9:37.5. 5, Council Rock, 9:39.8.

Triple jump: 1, Ebiho Ahonkhai, North Penn, 36-5¼. 2, Abby Harry, Strath Haven, 35-11½. 3, Linda Denny, Great Valley, 35-8¼. 4, Aima Ahonkhai, North Penn, 35-5. 5, Stacy Tiefenthaler, Pennridge, 34-10.

Shot put: 1, Deidre Rhodes, Norristown, 39-5¾. 2, Jen McCoach, Truman, 36-3¾. 3, Joylyn Brown, Ridley, 35-0¼. 4, Erica Waller, Truman, 34-0½. 5, Monica Chavous, Pennridge, 33-11.

Discus: 1, Deidre Rhodes, Norristown, 125-10. 2, Karin Frantz, Upper Dublin, 121-0. 3, Joylyn Brown, Ridley, 114-11. 4, Valeska Populoh, Council Rock, 114-6. 5, Jennifer Puleo, Marple-Newtown, 111-9.

BOYS' CLASS AA

Team scoring: 1, Pottstown 160. 2, Devon Prep 56. 3, tie, Girard College, Lansdale Catholic and Kennett 42. 6, St. Pius X 37. 7, Perkiomen Valley 36. 8, Oxford 35. 9, Octorara 32. 10, Springfield (M) 26.

100: 1, Mike Hawkins, Pottstown, 11.2. 2, Emmitt Banks, Pottstown, 11.4. 3, Mark Malseed, Devon Prep, 11.5. 4, Jason Moore, Christopher Dock, 11.6. 5, Kyle Worrell, Bishop Shanahan, 11.6.

200: 1, Mike Hawkins, Pottstown, 23.2. 2, Mark Malseed, Devon Prep, 23.3. 3, Emmitt Banks, Pottstown, 23.5. 4, Brett Steidler, Devon Prep, 23.9. 5, Adrian DaCosta, Harrinton, 23.9.

400: 1, Kron White, Pottstown, 51.3. 2, Andre Dunkley, Pottstown, 52.0. 3, Chris Harris, Octorara, 52.8. 4, Jaleel Kinsey, Girard College, 52.8. 5, Mike Dunleavy, Springfield (M), 53.6.

800: 1, Randy Brezski, St. Pius X, 2:01.1. 2, Jason Shanahan, Perkiomen Valley, 2:01.8. 3, Taj Clayton, Pottstown, 2:05.4. 4, Shawn Johnson, Kennett, 2:05.5. 5, John Algeo, Landdale Catholic, 2:05.6.

1,600: 1, Dan Burkholder, Lansdale Catholic, 4:38.9. 2, Pat Eggan, Devon Prep, 4:42.5. 3, Troy Mulhearn, Pottstown, 4:43.3. 4, Justin

helped Glen Mills score 90 points and win the team title after three straight second-place finishes.

Coatesville's Keenan Coleman won the triple jump (48-0½) and high jump (6-7) and finished second to Trice in the long jump (21-9) Friday. The Red Raiders scored 53 points and took second in the team standings.

Quakertown's Kevin Kelly added to the pole-vault title (14-6) he won Friday with easy wins yesterday in the 110 hurdles (14.4) and 300 hurdles (37.7).

Haverford's Mark Wilson ran a brilliant anchor leg to give the Fords a win in the Class AAA 3,200 relay (7:54.9) and he came back later in the meet to win the 400 (48.1).

Pottstown's Mike Hawkins won the Class AA 100 (11.2) and 200 (23.2) and anchored the winning 400 relay (44.1) to help the Trojans score 160 points and easily win the team title for the second straight year.

The results

BOYS' CLASS AAA

Team scoring: 1, Glen Mills, 90. 2, Coatesville, 53. 3, Quakertown, 38. 4, Council Rock, 37. 5, tie, North Penn, 33. 6, Wissahickon, 32. 8, Haverford, 29. 9, Central Bucks West, 26. 10, Upper Merion, 20.

100: 1, Jamar Kinder, Cheltenham, 10.8. 2, Troy Trice, Glen Mills, 10.9. 3, Matt Khari, Strath Haven, 11.0. 4, Kuasine King, Glen Mills, 11.2. 5, Ray Vereen, Pennsbury, 11.3.

200: 1, Troy Trice, Glen Mills, 21.7. 2, Trent Baker, Coatesville, 22.3. 3, Ray Vereen, Pennsbury, 22.5. 4, Antoine Rogers, Truman, 22.7. 5, Jason Thomas, Chester, 22.8.

400: 1, Mark Wilson, Haverford, 48.1. 2, Erich Davis, Wissahickon, 48.7. 3, Mike Calhoun, Great Valley, 48.9. 4, Jim Dennis, Phoenixville, 49.0. 5, Antoine Rogers, Truman, 49.2.

800: 1, J.R. McIlwain, Holy Ghost Prep, 1:54.3. 2, Josh Poe, Downingtown, 1:55.4. 3, Dan Brooks, Henderson, 1:55.7. 4, Jay DiMartino, Methacton, 1:56.6. 5, Mike Rodgers, Owen J. Roberts, 1:57.0.

1,600: 1, Ernie Churchville, Upper Merion, 4:23.1. 2, Jesse Breeden, Truman, 4:24.4. 3, Jeremy Nunn, Pennridge, 4:26.1. 4, Rodney Clark, Penn Wood, 4:26.8. 5, Paul Stoffel, Pennsbury, 4:27.0.

3,200: 1, Jeff Menago, Upper Merion, 9:33.8. 2, C.J. Keeler, Lower Merion, 9:35.8. 3, Russ Coleman, Hatboro-Horsham, 9:36.4. 4, Jesse Breeden, Truman, 9:51.1. 5, Ted Donnelly, Springfield (D), 9:51.8.

110 hurdles: 1, Kevin Kelly, Quakertown, 14.4. 2, Kevin Stratton, Council Rock, 14.9. 3, Mike Hughes, Council Rock, 14.9. 4, Nate Goins, Downingtown, 15.0. 5, Kahlil Jones, Cheltenham, 15.0.

300 hurdles: 1, Kevin Kelly, Quakertown, 37.7. 2, James Dolberry, Wissahickon, 38.3. 3, Kevin Stratton, Council Rock, 38.4. 4, Wayne Burwell, Abington, 39.1. 5, Shakur Abdul-Sabur, Penn Wood, 39.3.

400 relay: 1, Glen Mills (Kevin Chambers, Derral Robi, Kuasine King, James Suber), 43.5. 2, Wissahickon, 42.9. 3, North Penn, 43.2. 4, Strath Haven, 43.3. 5, Cheltenham, 43.4.

1,600 relay: 1, Glen Mills (Damon Hendricks, Troy Trice, Tyra Simpkins, Marvin Jefferson), 3:20.6. 2, Coatesville, 3:20.9. 3, Wissahickon, 3:22.4. 4, Strath Haven, 3:22.6. 5, Phoenixville, 3:24.5.

3,200 relay: 1, Haverford (Chris Duckworth, Ed Poynton, Bob Freas, Mark Wilson), 7:54.9. 2, Quakertown, 7:55.4. 3, Henderson, 7:55.9. 4, Coatesville, 7:56.6. 5, Council Rock, 7:59.5.

High jump: 1, Keenan Coleman, Coatesville, 6-7. 2, tie, Steffen Rorer, Pennsbury and Erik Hermansen, Haverford, 6-5. 4, Mike Hughes, Council Rock, 6-3. 5, Leon Lampkin, Glen Mills, 6-3.

Triple jump: 1, Keenan Coleman, Coatesville, 48-0¾. 2, Cory Holmes, Glen Mills, 46-8¾. 3, Eric Walker, Glen Mills, 45-7. 4, Carlo Johnson, Abington, 45-1½. 5, Cardwell Wooten, Plymouth-Whitemarsh, 44-10½.

Discus throw: 1, Russ McGeehan, North Penn, 166-6. 2, Scott Warren, Central Bucks West, 153-11. 3, Ramine Lacey, Glen Mills, 142-11. 4, Adam Geremia, North Penn, 140-11. 5, Jim Bryan, Wissahickon, 139-0.

Javelin throw: 1, Steffen Rorer, Pennsbury, 197-6. 2, Scott Warren, Central Bucks West, 196-4. 3, Mike Wendle, Unionville, 181-0. 4, Clint Seace, Coatesville, 178-5. 5, Kevin Armstrong, Glen Mills, 175-1.

GIRLS' CLASS AAA

Team scoring: 1, Chester, 45. 2, tie, North Penn and Truman, 37. 4, Upper Dublin, 33. 5, Downingtown, 30. 6, tie, Norristown and West Chester, 21. 8, tie, Great Valley and Nesha-miny, 18. 9, Conestoga and Sun Valley, 17.

1,600: 1, Dan Burkholder, Lansdale Catholic, 4:38.9. 2, Pat Eggan, Devon Prep, 4:42.5. 3, Troy Mulhearn, Pottstown, 4:43.3. 4, Justin Christopher, Lansdale Catholic, 4:44.2. 5, Nick Reis, Devon Prep, 4:44.6.

3,200: 1, Duffy Swantek, Lansdale Catholic, 10:10.1. 2, Troy Mulhearn, Pottstown, 10:18.9. 3, Jeremiah Denight, Devon Prep, 10:21.9. 4, Brendan Buckley, Oxford, 10:30.3. 5, Dave Grindel, Lansdale Catholic, 10:43.6.

110 hurdles: 1, Eugene Hall, Kennett, 15.7. 2, Rich Klinger, Octorara, 15.9. 3, Troy Brown, Oxford, 16.2. 4, Jason Cole, Pottstown, 16.4. 5, Ron Brownlee, Girard College, 16.5.

300 hurdles: 1, Joseph Thorpe, Pottstown, 40.0. 2, Troy Brown, Oxford, 41.9. 3, Jason Cole, Pottstown, 41.9. 4, Mike Morrison, Girard College, 42.0. 5, Rich Klinger, Octorara, 42.3.

400 relay: 1, Pottstown (Joseph Thorpe, Emmitt Banks, Kron White, Mike Hawkins), 44.1. 2, Devon Prep, 44.8. 3, St. Pius X, 46.2. 4, Bishop Shanahan, 46.6. 5, Kennett, 46.6.

1,600 relay: 1, Pottstown (Andre Dunkley, Joseph Thorpe, Lanky Watson, Kron White), 3:29.4. 2, Girard College, 3:34.0. 3, Devon Prep, 3:36.5. 4, St. Pius X, 3:36.9. 5, Oxford, 3:37.5.

3,200 relay: 1, St. Pius X (Eric McCracken, Pat Warker, John Opeila, Randy Brezski), 8:20.2. 2, Lansdale Catholic, 8:23.5. 3, Devon Prep, 8:23.6. 4, Bishop Shanahan, 8:35.2. 5, Oxford, 8:42.3.

Long jump: 1, Emmitt Banks, Pottstown, 21-0¼. 2, Jason Eddings, Bristol, 20-9¾. 3, Mike Morrison, Girard College, 20-6½. 4, Chris White, Octorara, 19-10¼. 5, Dan Rivera, Perkiomen Valley, 19-4¾.

Triple jump: 1, Lanky Watson, Pottstown, 43-7¼. 2, Anthony McKinzie, Girard College, 41-10½. 3, Kron White, Pottstown, 41-7¾. 4, Jason Eddings, Bristol, 41-5½. 5, Matt Nolan, Devon Prep, 40-10¾.

Shot put: 1, Yusuf Norman, Springfield (M), 52-2. 2, Mike Kimble, Bishop Shanahan, 44-11. 3, Bob Stumpf, Pottstown, 41-9. 4, Mike Bender, Lansdale Catholic, 41-3. 5, Van Owens, Bristol, 40-5½.

GIRLS' CLASS AA

Team scoring: 1, tie, Pottstown and Villa Maria Academy, 110. 3, Perkiomen Valley, 68. 4, Oxford, 40. 5, Radnor, 34. 6, Villa Joseph Marie, 20. 7, Lower Moreland, 19. 8, tie, Octorara and Springfield (M), 18.

100: 1, Angie Brown, Villa Maria, 12.4. 2, Zandra Charles, Pottstown, 13.1. 3, Shannon Gottshall, Pottstown, 13.1. 4, Alisha Reddick, Pottstown, 13.3. 5, Charlene Schrufer, Springfield (M), 13.4.

200: 1, Angie Brown, Villa Maria, 25.8. 2, Shannon Gottshall, Pottstown, 27.0. 3, Charlene Schrufer, Pottstown, 27.0. 4, Angela Schlouter, Kennett, 27.8. 5, Erica Waller, Pottstown, 28.2.

400: 1, Angie Brown, Villa Maria, 56.4 (new meet record; old record 56.8 by Chris Harvey, St. Pius X, 1983). 2, Amanda Frampton, Great Valley, 1:02.1. 3, Crystal Barnes, Villa Maria, 1:02.5. 4, Chrissy Stortz, Villa Joseph Marie, 1:03.0. 5, Nicole Koslowsky, Archbishop Kennedy, 1:03.3.

800: 1, Amy Johnson, Springfield (M), 2:24.4. 2, Linda Gallagher, Villa Maria, 2:31.9. 3, Kristi James, St. Pius X, 2:32.1. 4, Nicole Koslowsky, Archbishop Kennedy, 2:33.1. 5, Heather Blackburn, Perkiomen Valley, 2:35.3.

1,600: 1, Heather Blackburn, Perkiomen Valley, 5:24.1. 2, Janelle Gibson, Pottstown, 5:25.7. 3, Amy Thompson, Villa Maria, 5:41.6. 4, Heather Hurllock, Villa Joseph Marie, 5:54.1. 5, Eda Zoe, Radnor, 5:55.1.

3,200: 1, Jenna James, Perkiomen Valley, 11:43.8. 2, Angie Maley, Perkiomen Valley, 12:19.4. 3, Janelle Gibson, Pottstown, 12:23.5. 4, B.J. Slack, Villa Joseph Marie, 12:42.7. 5, Amy Thompson, Villa Maria, 12:49.1.

100 hurdles: 1, Kris Cusomano, Perkiomen Valley, 15.8. 2, Heather Smith, Villa Maria, 16.3. 3, Kati Hirst, Octorara, 16.4. 4, Megan Worrell, Villa Maria, 16.9. 5, Erin Schlusell, Villa Joseph Marie, 17.3.

300 hurdles: 1, Kris Cusomano, Perkiomen Valley, 46.5. 2, Kristen Childs, Christopher Dock, 49.1. 3, Heather Smith, Villa Maria, 49.5. 4, Alison Henry, Oxford, 49.5. 5, Erin Schlusell, Villa Joseph Marie, 49.9.

400 relay: 1, Pottstown, 50.7. 2, Villa Maria, 52.7. 3, St. Pius X, 52.9. 4, Radnor, 53.1. 5, Springfield (M), 53.6.

1,600 relay: 1, Villa Maria (Lisa Dinardo, Heather Smith, Allison Dougherty, Crystal Barnes), 4:15.6. 2, Lower Moreland, 4:16.8. 3, Radnor, 4:21.7. 4, Villa Joseph Marie, 4:22.1. 5, Oxford, 4:27.9.

3,200 relay: 1, Perkiomen Valley (Kelly Carney, Angie Maley, Jenna James, Heather Blackburn), 10:14.0. 2, Lower Moreland, 10:29.2. 3, Archbishop Kennedy, 10:29.8. 4, Villa Maria, 10:35.6. 5, St. Pius X, 10:41.1.

High jump: 1, Cassie Kimmel, Radnor, 4-10. 2, Carrie Blakey, Oxford, 4-10. 3, Mary Green, Octorara, 4-8. 4, Thea Roomet, Octorara, 4-8. 5, Betsy Stanshine, Lower Moreland, 4-8.

Triple jump: 1, Zandra Charles, Pottstown, 35-11½. 2, Janelle Mayes, Pottstown, 34-0¾. 3, Helaina Battle, Oxford, 33-9¼. 4, Anne Smith, Kennett, 32-7½. 5, Schumaine Wilson, St. Pius X, 32-3.

Javelin throw: 1, Tricia Steffy, Oxford, 103-7. 2, Daniella Marusa, Villa Maria, 95-4. 3, Chris Bowman, Perkiomen Valley, 92-2. 4, Amy Miller, Oxford, 91-2. 5, Becky Lower, Garnet Valley, 84-1.

100 relay
points and easily win the team title for the second straight year.

The results

BOYS' CLASS AAA

Team scoring: 1. Glen Mills, 90. 2. Coatesville, 53. 3. Quakertown, 38. 4. Council Rock, 37. 5, tie, North Penn, Pennsbury and Wissahickon, 32. 8. Haverford, 29. 9. Central Bucks West 26. 10. Upper Merion 20.

100: 1. Jamar Kinder, Cheltenham, 10.8. 2. Troy Trice, Glen Mills, 10.9. 3. Matt Khari, Strath Haven, 11.0. 4. Kuasine King, Glen Mills, 11.2. 5. Ray Vereen, Pennsbury, 11.3.

200: 1. Troy Trice, Glen Mills, 21.7. 2. Trent Baker, Coatesville, 22.3. 3. Ray Vereen, Pennsbury, 22.5. 4. Antoine Rogers, Truman, 22.7. 5. Jason Thomas, Chester, 22.8.

400: 1. Mark Wilson, Haverford, 48.1. 2. Erich Davis, Wissahickon, 48.7. 3. Mike Calhoun, Great Valley, 48.9. 4. Jim Dennis, Phoenixville, 49.0. 5. Antoine Rogers, Truman, 49.2.

800: 1. J.R. McIlwain, Holy Ghost Prep, 1:54.3. 2. Josh Poe, Downingtown, 1:55.4. 3. Dan Brooks, Henderston, 1:55.7. 4. Jay DiMartino, Methacton, 1:56.6. 5. Mike Rodgers, Owen J. Roberts, 1:57.0.

1,600: 1. Ernie Churchville, Upper Merion, 4:23.1. 2. Jesse Breeden, Truman, 4:24.4. 3. Jeremy Nunn, Pennridge, 4:26.1. 4. Rodney Clark, Penn Wood, 4:26.8. 5. Paul Stoffel, Pennsbury, 4:27.0.

3,200: 1. Jeff Menago, Upper Merion, 9:33.8. 2. C.J. Keeler, Lower Merion, 9:35.8. 3. Russ Coleman, Hatboro-Horsham, 9:36.4. 4. Jesse Breeden, Truman, 9:51.1. 5. Ted Donnelly, Springfield (D), 9:51.8.

110 hurdles: 1. Kevin Kelly, Quakertown, 14.4. 2. Kevin Stratton, Council Rock, 14.9. 3. Mike Hughes, Council Rock, 14.9. 4. Nate Goins, Downingtown, 15.0. 5. Kahlil Jones, Cheltenham, 15.0.

300 hurdles: 1. Kevin Kelly, Quakertown, 37.7. 2. James Dolberry, Wissahickon, 38.3. 3. Kevin Stratton, Council Rock, 38.4. 4. Wayne Burwell, Abington, 39.1. 5. Shakur Abdul-Sabur, Penn Wood, 39.3.

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3,200 relay: 1. Haverford (Chris Duckworth, Ed Poynton, Bob Freas, Mark Wilson), 7:54.9. 2. Quakertown, 7:55.4. 3. Henderson, 7:55.9. 4. Coatesville, 7:56.6. 5. Council Rock, 7:59.5.

High jump: 1. Keenan Coleman, Coatesville, 6-7. 2. tie, Steffen Rorer, Pennsbury and Erik Hermansen, Haverford, 6-5. 4. Mike Hughes, Council Rock, 6-3. 5. Leon Lampkin, Glen Mills, 6-3.

Triple jump: 1. Keenan Coleman, Coatesville, 48-0¾. 2. Cory Holmes, Glen Mills, 46-8¾. 3. Eric Walker, Glen Mills, 45-7. 4. Carlo Johnson, Abington, 45-1½. 5. Cardwell Wooten, Plymouth-Whitemarsh, 44-10½.

Discus throw: 1. Russ McGeehan, North Penn, 166-6. 2. Scott Warren, Central Bucks West, 153-11. 3. Ramine Lacey, Glen Mills, 142-11. 4. Adam Geremia, North Penn, 140-11. 5. Jim Bryan, Wissahickon, 139-0.

Javelin throw: 1. Steffen Rorer, Pennsbury, 197-6. 2. Scott Warren, Central Bucks West, 196-4. 3. Mike Wendle, Unionville, 181-0. 4. Clint Seace, Coatesville, 178-5. 5. Kevin Armstrong, Glen Mills, 175-1.

GIRLS' CLASS AAA

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Long jump: 1. Emmitt Banks, Pottstown, 21-0¼. 2. Jason Eddings, Bristol, 20-9¾. 3. Mike Morrison, Girard College, 20-6½. 4. Chris White, Octorara, 19-10¼. 5. Dan Rivera, Perkiomen Valley, 19-4¾.

Triple jump: 1. Lanky Watson, Pottstown, 43-7¼. 2. Anthony McKinzie, Girard College, 41-10½. 3. Kron White, Pottstown, 41-7¾. 4. Jason Eddings, Bristol, 41-5½. 5. Matt Nolan, Devon Prep, 40-10¾.

Shot put: 1. Yusuf Norman, Springfield (M), 52-2. 2. Mike Kimble, Bishop Shanahan, 44-11. 3. Bob Stumpf, Pottstown, 41-9. 4. Mike Bender, Lansdale Catholic, 41-3. 5. Van Owens, Bristol, 40-5½.

GIRLS' CLASS AA

Team scoring: 1. tie, Pottstown and Villa Maria Academy, 110. 3. Perkiomen Valley, 68. 4. Oxford, 40. 5. Radnor, 34. 6. Villa Joseph Marie, 20. 7. Lower Moreland, 19. 8. tie, Octorara and Springfield (M), 18.

100: 1. Angie Brown, Villa Maria, 12.4. 2. Zandra Charles, Pottstown, 13.1. 3. Shannon Gottshall, Pottstown, 13.1. 4. Alisha Reddick, Pottstown, 13.3. 5. Charlene Schrufer, Springfield (M), 13.4.

200: 1. Angie Brown, Villa Maria, 25.8. 2. Shannon Gottshall, Pottstown, 27.0. 3. Charlene Schrufer, Pottstown, 27.0. 4. Angela Schlouder, Kennett, 27.8. 5. Erica Waller, Pottstown, 28.2.

400: 1. Angie Brown, Villa Maria, 56.4 (new meet record; old record 56.8 by Chris Harvey, St. Pius X, 1983). 2. Amanda Frampton, Great Valley, 1:02.1. 3. Crystal Barnes, Villa Maria, 1:02.5. 4. Chrissy Stortz, Villa Joseph Marie, 1:03.0. 5. Nicole Koslowsky, Archbishop Kennedy, 1:03.3.

800: 1. Amy Johnson, Springfield (M), 2:24.4. 2. Linda Gallagher, Villa Maria, 2:31.9. 3. Kristi James, St. Pius X, 2:32.1. 4. Nicole Koslowsky, Archbishop Kennedy, 2:33.1. 5. Heather Blackburn, Perkiomen Valley, 2:35.3.

1,600: 1. Heather Blackburn, Perkiomen Valley, 5:24.1. 2. Janelle Gibson, Pottstown, 5:25.7. 3. Amy Thompson, Villa Maria, 5:41.6. 4. Heather Hurllock, Villa Joseph Marie, 5:54.1. 5. Eda Zoe, Radnor, 5:55.1.

3,200: 1. Jenna James, Perkiomen Valley, 11:43.8. 2. Angie Maley, Perkiomen Valley, 12:19.4. 3. Janelle Gibson, Pottstown, 12:23.5. 4. B.J. Slack, Villa Joseph Marie, 12:42.7. 5. Amy Thompson, Villa Maria, 12:49.1.

100 hurdles: 1. Kris Cusomano, Perkiomen Valley, 15.8. 2. Heather Smith, Villa Maria, 16.3. 3. Kati Hirst, Octorara, 16.4. 4. Megan Worrell, Villa Maria, 16.9. 5. Erin Schlusell, Villa Joseph Marie, 17.3.

300 hurdles: 1. Kris Cusomano, Perkiomen Valley, 46.5. 2. Kristen Childs, Christopher Dock, 49.1. 3. Heather Smith, Villa Maria, 49.5. 4. Alison Henry, Oxford, 49.5. 5. Erin Schlusell, Villa Joseph Marie, 49.9.

400 relay: 1. Pottstown, 50.7. 2. Villa Maria, 52.7. 3. St. Pius X, 52.9. 4. Radnor, 53.1. 5. Springfield (M), 53.6.

1,600 relay: 1. Villa Maria (Lisa Dinardo, Heather Smith, Allison Dougherty, Crystal Barnes), 4:15.6. 2. Lower Moreland, 4:16.8. 3. Radnor, 4:21.7. 4. Villa Joseph Marie, 4:22.1. 5. Oxford, 4:27.9.

3,200 relay: 1. Perkiomen Valley (Kelly Carney, Angie Maley, Jenna James, Heather Blackburn), 10:14.0. 2. Lower Moreland, 10:29.2. 3. Archbishop Kennedy, 10:29.8. 4. Villa Maria, 10:35.6. 5. St. Pius X, 10:41.1.

High jump: 1. Cassie Kimmel, Radnor, 4-10. 2. Carrie Blakey, Oxford, 4-10. 3. Mary Green, Octorara, 4-8. 4. Thea Roomer, Octorara, 4-8. 5. Betsy Stanshine, Lower Moreland, 4-8.

Triple jump: 1. Zandra Charles, Pottstown, 35-11½. 2. Janelle Mayes, Pottstown, 34-0¾. 3. Helaina Battle, Oxford, 33-9¼. 4. Anne Smith, Kennett, 32-7½. 5. Schumaine Wilson, St. Pius X, 32-3.

Javelin throw: 1. Tricia Steffy, Oxford, 103-7. 2. Daniella Marusa, Villa Maria, 95-4. 3. Chris Bowman, Perkiomen Valley, 92-2. 4. Amy Miller, Oxford, 91-2. 5. Becky Laver, Garnet Valley, 84-1.