

# Dudek has vaulters looking up

2002

2002 Dist 1 Day 1

pe to in- states." St. Pius X points in tion. which in- nts finals s, Norris- boys with an peren- ower Mo- s with 33 eads the g with 20 Neshami- d events ents take case for nd prom- ows for vy favor- s and a nish first s a sea- Knights' finished in P ows dis- ciple penn ad- th a time onds; in

the 4x100 with the fastest time of the day, 42.14; and in a heated 4x400 with a time of 3:16.93. Glen Mills finished ahead of North Penn in the 4x400 in a tight race with a time of 3:16.13. North Penn relay member Steve Craig said the Knights were smart enough to play it safe in the preliminaries and cautious of overdoing it. "Today, we just wanted to qualify," he said. "A lot of us have been around awhile and know what to do. "We think we should win, but we know we have to focus on this one first. Everyone is going after you when you're hot." Glen Mills was up for the chase. The Bulls look more fragile than most years, after shot putter Omain Gullette fractured his foot and speedster Barry Jones left school. A bobbled handoff on the last leg of the 4x100 did not help, either. But the Bulls stayed focused on their other events, especially the 4x400. "Us winning the previous seven years is in our hearts," said relay member Mavis Polk, who picked up points by finishing sec-

ond in the triple jump. "We've got to make it number eight. [It was a message], 'You can't take advantage of us.'" The Class AAA girls' 200 promises to be a showcase of the best today. The top qualifiers are some of the area's most well-known names. Wissahickon's Krista Simkins (24.85), Abington's Takia Brooks (25.29), Norristown's Courtney Clark (25.31), Merion Mercy's Tiffany Abney (25.33) and Kennett's Jakki Bailey (25.97) should make the 200 one of the most competitive events of the day. "I think the 200 is going to be the hottest," said Clark, who also qualified in the 100 hurdles and 300 hurdles, as did Abney. "Those are all really good names."

## The results

### BOYS' CLASS AA

*The winner qualifies for the state meet, plus any top-eight finisher that reaches the state-qualifying standards that appears in parenthesis.*

**Team scoring (all teams):** Lower Moreland 33, Girard College 29, St. Pius X 12, Devon Prep 11, Christopher Dock 10, Octorara 9, Springfield (M) 4.  
**Triple jump (44-0):** 1. John Hammond, Girard College, 44-7½. 2. James Womack, Girard College, 44-3½. 3. Jason Hammond, Girard College, 42-10¾. 4. Fortune Shaba, Octorara, 41-0¼. 5. Sean Shank, Octorara, 38-7½. 6. Chris Fuchs, St. Pius X, 38-3¾. No other finishers.

**Shot put (50-3):** 1. Mike Simone, Lower Moreland, 47-9. 2. Jeff Carpenter, St. Pius X, 45-11. 3. Rick Tann, Lower Moreland, 44-6¾. 4. Phil Phillips, Girard College, 42-1½. 5. Ray Porreca, Devon Prep, 39-0½. No other finishers.  
**Javelin (176-0):** 1. Pat Benner, Christopher Dock, 162-4. 2. Richie Bloom, Lower Moreland, 160-10. 3. Mike Simone, Lower Moreland, 148-0. 4. Clark Gilbert, Devon Prep, 138-10. 5. Mike Malizia, Springfield (M), 134-3. 6. Matt Hoffman, Lower Moreland, 129-8. 7. Vahan Teberian, Devon Prep, 128-7. 8. John Dobry, St. Pius X, 124-0.  
**GIRLS**  
**Team scoring (all teams):** St. Pius X 44.5, Lower Moreland 31, Villa Joseph Marie 27, Gwynedd Mercy 23, Octorara 20 1/2, St. Basil 4.  
**High jump (5-3):** 1. Anna Karetny, Lower Moreland, 4-11. 2. Patti Parkerson, Villa Joseph Marie, 4-9. 3. Ashley Dixon, Octorara, 4-7. 4. Lyndsey Hennessey, St. Pius X, 4-7. 5. Autumn Oser, Lower Moreland, 4-7. 6. Leigh Taylor, Gwynedd Mercy, 4-7. 7. (tie) Mary Lloyd, St. Pius X and Megan Benner, Octorara, 4-5.  
**Long jump (16-9):** 1. Mary Stanton, Gwynedd Mercy, 16-2¼. 2. Connie Rainer, St. Pius X, 15-10¼. 3. Laura Morvant, Villa Joseph Marie, 15-5¾. 4. Leigh Taylor, Gwynedd Mercy, 15-3. 5. Gina Malatosta, St. Basil, 15-2¼. 6. Hanna Khoony, Gwynedd Mercy, 15-1¾. 7. Regina Pasquine, Villa Joseph Marie, 14-10. 8. Amanda Crouse, St. Pius X, 14-8½.  
**Discus (112-0):** 1. Laura Andrews, Villa Joseph Marie, 111-6. 2. Katie Blain, St. Pius X, 103-10. 3. Hillary Brown, St. Pius X, 101-2. 4. Adrienne Hess, Octorara, 96-2. 5. Jenna Lieberman, Lower Moreland, 90-1. 6. Rachel Turgoose, Octorara, 89-8. 7. Martha Beninger, Gwynedd Mercy, 88-11. 8. Erin Hooper, Villa Joseph Marie, 86-5.  
**Pole vault (10-0):** 1. Marissa Dudek, St. Pius X, 10-0. 2. Anna Karetny, Lower Moreland, 8-0. 3. (tie) Sam Boyer, St. Pius X & Caitlin DiMartio, Lower Moreland and Christine Sockoloskie, Octorara, 7-0.  
**BOYS' CLASS AAA**  
*The first three finishers qualify for the state meet, plus any top-eight finisher that reaches the state-qualifying standards that appears in parenthesis.*  
**Team scoring (top 10):** Norristown 16, Glen Mills 13, William Tennent 10, Methacton 9, Conestoga 8, Coatesville 6, Upper Darby 4, Central Bucks West 3, Great Valley 3, Hatboro-Horsham 2, Chichester 2.  
**Triple jump (44-6):** 1. Mike Whitehead, Norristown, 48-0½. 2. Mavis Polk, Glen Mills, 47-7. 3. Kevin Spence, Norristown, 47-2¼. 4. Blake Taylor, Methacton, 45-8. 5. Mike Sanguinetti, 45-7. 6. Galen Rivers, Great

Valley, 45-5¾. 7. Jerrold Gaines, Chichester, 44-9½. 8. Dan Jacques, North Penn, 44-4¼.  
**Discus (151-0):** 1. Ed Ruiz, William Tennent, 165-3. 2. Steve Meyers, Conestoga, 160-3. 3. Ryan Sweet, Coatesville, 152-11. 4. Tyree Suber, Glen Mills, 149-5. 5. Zack Richards, Upper Darby, 144-1. 6. Will Fluck, Central Bucks West, 144-0. 7. Brian Collette, Hatboro-Horsham, 143-6. 8. Dan Connor, Strath Haven, 141-7.  
**GIRLS**  
**Team scoring (top 10):** North Penn 20, Neshaminy 18, William Tennent 16, Pennsbury 14, Wissahickon 13, Souderton 10, Pottstown 10, Perkiomen Valley 8, Nazareth Academy 8, Upper Dublin 8.  
**Javelin (120-0):** 1. Heather Myers, Souderton, 131-1. 2. Jackie Scogna, Perkiomen Valley, 128-2. 3. Beth Foster, Neshaminy, 122-5. 4. Krystal Woods, Wm. Tennent, 121-5. 5. Juliette Warren, West Chester East, 121-4. 6. Carrie Pyle, Downingtown, 120-3. 7. Kate Purcell, North Penn, 117-3. 8. Kristen Brandon, Methacton, 115-10.  
**High jump (5-4):** 1. Keili Ferguson, Wissahickon, 5-4. 2. (tie) Jacqui Inverso, C.B. East and Jen Williams, Great Valley, 5-2. 4. Juleann Benkoski, Spring-Ford, 5-2. 5. Caitlin Redding, Penncrest, 5-2. 6. Kelly Kajunski, Downingtown, 5-2. 7. Amy D'Onofrio, Methacton, 5-0. 8. Tina Ash, Cheltenham, 5-0.  
**Long jump (17-3):** 1. Denise Edwards, Pottstown, 18-1. 2. Jordan Teuber, Nazareth Acad., 17-7¾. 3. Daniella Price, Chichester, 17-4½. 4. Kristin Malloy, Neshaminy, 17-3. 5. Sara Kirch, Pennsbury, 17-0¼. 6. Gina Hoffman, Neshaminy, 17-0. 7. Alex Baptiste, Wissahickon, 16-11¾. 8. Rachel Lewis, Truman, 16-10½.  
**Shot put (37-0):** 1. Jessica Johnson, North Penn, 41-10. 2. Jackie Bryant, North Penn, 37-11¾. 3. Krystal Woods, William Tennent, 37-2¼. 4. Heather Allen, Haverford, 36-8¼. 5. Kelly Bland, Neshaminy, 36-3¾. 6. Caitlin Cleaver, Unionville, 35-10½. 7. Jer Michewicz, Owen J. Roberts, 35-1½. 8. Kristen Thompson, Wissahickon, 34-2½.  
**Pole vault (10-6):** 1. Kourtney Marquis, Pennsbury, 10-6. 2. Laura Davis, Upper Dublin, 10-0. 3. Krister Hollowell, Hatboro-Horsham, 9-6. 4. Bonnie Zobel, William Tennent, 9-0. 5. Bethany Pagano, Pottsgrove, 9-0. 6. Angie Kramer, Pottsgrove, 8-6. 7. (tie) Rachael Spano, Oxford and Theresa Hill, Coatesville, 8-6.

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Art Hindle's research collection



The Knights ended Glen Mills' string of 7 straight District 1 titles. Lower Moreland won Class AA.

By Shannon Ryan  
INQUIRER SUBURBAN STAFF

Every team has its bad breaks.

North Penn's Steve Craig remembers last year's 4x400-meter relay in the PIAA District 1 meet, when the Knights suffered a fall and watched Glen Mills race off with the relay victory and the district title. This time, it was North Penn's turn to cap its yearlong success.

The Knights won the District 1 Class AAA boys' title yesterday at Coatesville High School with 70 points to Glen Mills' 58.

Things did not go as planned for the Bulls, who suffered from two falls in the hurdles and some slower times than they had hoped. North Penn's championship ended Glen Mills' long and distinguished string of seven consecutive district wins.

"As bad as it is [for them], we've got to take it," Craig said. "It's happened to us before. What goes around comes around."

This was considered to be North Penn's year to take it away anyway, after a season of eating up opponents in the relays. The Knights won two of three relay events yesterday and also took first place in three individual events.

They won the first event of the day under dreary and dripping skies, claiming the 4x800 relay in 7 minutes, 58.40 seconds.

They had finished as the top American team in that event at the Penn Relays last month, following a victory in the distance medley relay.

The Knights also earned a win in the 4x100 (42.75).

Despite being a marked team, the Knights never let the pressure get to them.

"We had to run our race," said Mike Penn, who led off the 4x100. "We didn't want to fall short, and we want to go on to win at states."

Helping North Penn's case, Craig won the 800 in 1:55.01, with teammate Dan Michael finishing on his heels in 1:55.35. Matt Henderson won the 200 in 22.04.

Abington's 4x400 team surprisingly beat out both North



JOAN FAIRMAN KANES / Inquirer Suburban Staff  
Jesse Patterson of Cheltenham has the clears the final hurdle en route to victory.

**High jump (6-5):** 1. Mike Sanguinetti, Methacton, 6-4. 2. James Vann, Downingtown, 6-3. 3. (tie) Mike Boehret, Perkiomen Valley & Blake Taylor, Methacton. 5. (tie) Stephen Jones, Bensalem & Jay Johnson, Glen Mills & Dallas Strachan, Wissahickon, 5-11. No other finisher.

**Shot put (52-0):** 1. Tyree Suber, Glen Mills, 56-5 1/4. 2. Steve Meyers, Conestoga, 56-4 1/2. 3. Quentin Watts, Glen Mills, 54-5 1/4. 4. Floyd Brinkley, Springfield (D), 49-10 1/4. 5. Nick Feszko, Neshaminy, 48-0 1/2. 6. Karl Michener, Pennridge, 47-5. 7. Jon Zacharkin, Unionville, 47-2 3/4. 8. Brian Hady, Downingtown, 46-1 1/2.

**Javelin (178-0):** 1. Khristoph Becker, Penncrest, 191-3. 2. Jim Kelly, Upper Dublin, 178-2. 3. Eric Ruffenach, Upper Darby, 174-3. 4. Joe LaRosa, Hatboro-Horsham, 172-0. 5. Pat O'Neil, Souderton, 171-7. 6. Lamont Wiggins, Glen Mills, 171-3. 7. Chris Gladstone, Haverford, 169-10. 8. Nick Cronauer, Interboro, 168-0.

**Pole vault (13-9):** 1. Jim Buckson, Penncrest, 13-9. 2. Robert Daniele, Cheltenham, 13-9. 3. Bob Schwartz, Neshaminy, 13-9. 4. Brian Hoffman, Council Rock, 13-6. 5. Jesse Chew, Phoenixville, 13-0. 6. Mike Smith, Upper Dublin, 7. (tie) Nick Ervin, Neshaminy & Kevin Dickson, Pennsbury & Chris Tavella, Upper Moreland, 12-0.

**BOYS' CLASS AA**  
**Team scoring (all teams):** 1. Lower Moreland 147; 2. Girard College 107; 3. Christopher Dock 69; 4. St. Plus X 66; 5. Harrilton 63; 6. Octorara 58; 7. Springfield (M) 56; 8. Devon Prep 48; 9. Bristol 17; 10. New Hope-Solebury 12.

**100 meters (11.27):** 1. Dan Engle, Harrilton, 11.07. 2. Jason Hammond, Girard College, 11.47. 3. Dave Blatstein, L. Moreland, 11.48. 4. Kevin Bliss, Bristol, 11.51. 5. Christopher Heath, New Hope-Solebury, 11.81. 6. Nick Olmo, Springfield (M), 11.98. 7. Anthony Tucker, Girard College, 12.14. 8. O'Neal Armstead, Springfield (M), 12.24.

**200 (22.88):** 1. Dan Engle, Harrilton, 22.24. 2. John Hammond, Girard College, 23.00. 3. Kevin Bliss,



JOAN FAIRMAN KANES / Inquirer Suburban Staff

**Tiffany Abney** of Merion Mercy takes the 200-meter dash at Coatesville. She also won the 300 hurdles and the 400, and ran on the winning 4x400 relay team.

## Gwynedd-Mercy, Merion Mercy girls earn district crowns

2002

By Shannon Ryan  
INQUIRER SUBURBAN STAFF

The backs of Gwynedd-Mercy's long-sleeve team T-shirts list the top 10 reasons to join the track team. After yesterday, they can add No. 11.

Among "getting to wear a bathing suit" and "102 hot legs in spandex," they now can include "district championship."

The Monarchs won their first track and field PIAA District 1 Class AA title yesterday on the final day of the championship meet for boys and girls at Coatesville.

Their depth helped them outlast St. Pius X in the girls' AA competition, picking up six first-place wins and 163 points.

The Monarchs swept the relays, winning the 4x800-meter relay in 9 minutes, 47.83 seconds, the 4x400 in 4:12.87 and the 4x100 in 49.99.

Karen Scully won the 100 in 13.05 and the 200 in 26.46, and Meghan Bishop was the top finisher in the 800 (2:21.29) and the 1,600 (5:07.93).

"All the pieces have fallen into place," said coach Larry Wilson, who is listed as the No. 1 reason on the T-shirts.

While Gwynedd-Mercy was enjoying its first district championship, Merion Mercy was accepting its second straight first

Thomas, Springfield (D), 11:21.51. 5. Mary Faia, Bensalem, 11:37.09. 6. Jenna Scott, Wissahickon, 11:40.99. 7. Christine Welker, Upper Moreland, 11:42.79. 8. Nicole Blosser, Oxford, 11:43.96.

**100 hurdles (15.65):** 1. Courtney Clark, Norristown, 14.93. 2. Daniella Price, Chichester, 15.21. 3. Brooke Wolfe, Pennridge, 15.44. 4. Katie Noonan-Sessa, Owen J. Roberts, 15.49. 5. Tina Griffin, Ridley, 15.91. 6. Carrie Knipel, Penncrest, 16.02. 7. Danielle Scardino, Neshaminy, 16.13. 8. Daina Hunt, Henderson, 16.17.

**300 hurdles (46.60):** 1. Tiffany Abney, Merion Mercy 42.01 (meet record, breaks mark of 43.10 by Rebecca Grube, Upper Darby, in 1990). 2. Courtney Clark, Norristown, 43.38. 3. Daniella Price, Chichester, 46.08. 4. Julia Birmingham, Henderson, 46.81. 5. Kim Rubin, Neshaminy, 47.35. 6. Brooke Wolfe, Pennridge, 47.45. 7. Jessica Donovan, 48.25. No other finisher.

**4x100 relay (50.44):** 1. Upper Darby (Marissa McGarrell, Jennifer Lewis, Kellie Brown, Janna Bridgford) 48.13. 2. Pennsbury, 48.70. 3. Norristown, 49.87. 4. Pottstown, 49.99. 5. Neshaminy, 50.24. 6. Pennridge, 50.27. 7. Penn Wood, 51.10. 8. Henderson, 51.20.

**4x400 relay (4:05.70):** 1. Merion Mercy (Evelyn Dwyer, Kimarra McDonald, Julie Lentz, Tiffany Dwyer) 3:51.54. 2. Abington, 3:57.58. 3. Norristown, 3:59.31. 4. North Penn, 3:59.85. 5. Great Valley, 3:59.85. 6. Nazareth, 3:59.98. 7. Wissahickon, 4:02.45. 8. Neshaminy, 4:07.75.

**4x800 relay (9:39.81):** 1. Merion Mercy (Kimarra McDonald, Caroline Scott, Julie Lentz, Evelyn Dwyer) 9:26.49. 2. North Penn, 9:30.06. 3. Great Valley, 9:30.66. 4. Villa Maria, 9:31.66. 5. Nazareth, 9:32.36. 6. Haverford, 9:32.99. 7. Council Rock, 9:33.50. 8. Pennsbury, 9:37.

**Triple jump (36-3):** 1. Brooke Wolfe, Pennridge, 37-6 1/4. 2. Jordan Tenber, Nazareth, 37-2 1/4. 3. Sarah Ensslen, Downingtown, 37-2. 4. Jacqui Inverso, C.B. East, 37-0 1/2. 5. Alex Baptiste, Wissahickon, 36-10 1/2. 6. Tandra Jones, Pennsbury, 36-8 1/4. 7. Sara Kirsch, Pennsbury, 36-1. 8. Kristin Suhl, Upper Perkiomen, 35-10.

**Discus (116-0):** 1. Krystal Woods, Wm. Tennent, 127-11. 2. Jackie Bryant, North Penn, 125-6. 3. Jessica Johnson, North Penn, 123-2. 4. Jackie Scogna, Perkiomen Valley, 118-3. 5. Lauren Lucci, Springfield (D) 118-0. 6. Kate Purcell, North Penn, 109-8. 7. Shannon Garassano, Strath Haven, 107-5. 8. Charlene Conklin, Upper Perkiomen, 106-4.

**GIRLS' CLASS AA**  
**The winner qualifies for the state meet, plus any top-eight finisher that reaches the state-qualifying standards that appears in parentheses.**

**Team scoring (all teams):** 1. Gwynedd-Mercy 163; 2. St. Pius X 153.5; 3. Lower Moreland 106; 4. Octorara



"All the pieces have fallen into place," said coach Larry Wilson, who is listed as the No. 1 reason on the T-shirts.

While Gwynedd-Mercy was enjoying its first district championship, Merion Mercy was accepting its second-straight first-place crown.

With six top finishes on the track, Merion Mercy cruised to a victory in Class AAA with 66 points, helping the team become the favorite in next weekend's state championship meet in Shippensburg.

Both teams set the tone early in the 4x800, taking victories under rainy skies.

Despite the gloomy weather, Merion Mercy junior Tiffany Abney was unstoppable for the third straight year.

She broke a 12-year-old record in the 300-meter hurdles, winning in 42.01 seconds and shaving more than a second off of Upper Darby hurdler Rebecca Grube's mark from 1990. Abney holds two district championship records; she set the 400 record as a freshman with a time of 55.40.

Abney also captured the 400 (55.81), 200 (24.50) and was the anchor on the winning 4x400 team (3:51.54).

"I know every year people are expecting me to win. And there are those who want someone to beat me," Abney said. "For both of those types, I train as hard as I can. If I run my best — win or lose — I'm fine."

## The results

### GIRLS' CLASS AAA

The first three finishers qualify for the state meet, plus any top-eight finisher that reaches the state-qualifying standards that appears in parentheses.

**Team scoring (top 10):** 1. Merion Mercy 65; 2. North Penn 58; 3. Norristown 38; 4. Pennsburg 37; 5. Wissahickon 36; 6. Neshaminy 29; 7. Abington & William Tennent 26; 9. Nazareth Academy 23; 10. Pennridge 22.

**100 meters (12.70):** 1. Jakkii Bailey, Kennett, 11.93. 2. Jannea Bridgeford, Upper Darby, 12.03. 3. Takia Brooks, Abington, 12.33. 4. Shawna Ramsey, Bensalem, 12.46. 5. Chioima Nwaneshiudu, Penn Wood, 12.49. 6. Andi Glick, Pennsburg, 12.50. 7. Jennifer Lewis, Upper Darby, 12.56. 8. Sara Kirsch, Pennsburg, 12.93.

**200 (26.09):** 1. Tiffany Abney, Merion Mercy, 24.50. 2. Courtney Clark, Norristown, 24.77. 3. Takia Brooks, Abington, 24.97. 4. Jakkii Bailey, Kennett, 25.20. 5. Krista Simkins, Wissahickon, 25.44. 6. Chioima Nwaneshiudu, Penn Wood, 25.97. 7. Andi Glick, Pennsburg, 26.07. 8. Timisha James, Pennsburg, 26.50.

**400 (59.64):** 1. Tiffany Abney, Merion Mercy, 55.81. 2. Amanda Guthridge, Spring-Ford, 58.34. 3. Erica Aiken, Abington, 59.08. 4. Jessica McDuffie, Truman, 59.38. 5. Samantha Ruth, North Penn, 59.91. 6. Jessica Weaver, Henderson, 1:00.21. 7. Dana Glaviano, Avon Grove, 1:00.48. 8. Carmella Sciotta, Marple Newtown, 1:00.78.

**800 (2:20.38):** 1. Evelyn Dwyer, Merion Mercy, 2:11.59. 2. Meghan O'Neil, Spring-Ford, 2:14.16. 3. Danielle Rodgers, Penn Wood, 2:15.96. 4. Kimara McDonald, Merion Mercy, 2:16.59. 5. Jessie Yester, Downingtown, 2:16.62. 6. Danielle Siebert, C.B. West, 2:16.65. 7. Lydia Blandy, Council Rock, 2:16.79. 8. Maressa Pinzini, Cheltenham, 2:16.82.

**1,600 (5:14.62):** 1. Kim Malcolm, Villa Maria, 5:03.09. 2. Janine Ricci, Hatboro-Horsham, 5:04.86. 3. Jessica Cickay, Council Rock, 5:05.23. 4. Linda Hendrixson, W.C. East, 5:11.90. 5. Cheryl Dingman, North Penn, 5:12.44. 6. Lindsay Blum, Council Rock, 5:13.37. 7. Kelly O'Connell, Coatesville, 5:14.17. 8. Rebecca Powell, Pennsburg, 5:14.60.

**3,200 (11:22.49):** 1. Erin Franklin, Wissahickon, 10:54.61. 2. Kelly O'Connell, Coatesville, 11:10.63. 3. Ashley Kelly, Bensalem, 11:20.74. 4. Stephanie

Springfield (D) 118-0. 6. Kate Purcell, North Penn, 109-8. 7. Shannon Garassano, Strath Haven, 107-5. 8. Chantae Corbin, Upper Perkiomen, 106-4.

### GIRLS' CLASS AA

The winner qualifies for the state meet, plus any top-eight finisher that reaches the state-qualifying standards that appears in parentheses.

**Team scoring (all teams):** 1. Gwynedd-Mercy 163; 2. St. Pius X 153.5; 3. Lower Moreland 106; 4. Octorara 64.5; 5. Villa Joseph Marie 58; 6. St. Basil 43; 7. Springfield (M) 31; 8. Christopher Dock 26; 9. New Hope-Solebury 23; 10. Harriton 18; 11. Bristol 4; 12. Girard College 2.

**100 meters (12.98):** 1. Karen Scully, Gwynedd-Mercy, 13.05. 2. Uche Ofodile, St. Pius X, 13.12. 3. Mandy Dashbach, Christopher Dock, 13.18. 4. Marci Burns, Gwynedd-Mercy, 13.22. 5. Amanda Gosser, Gwynedd-Mercy, 13.51. 6. Sherry Kowalchuk, St. Pius X, 13.55. 7. Ali Valenti, L. Moreland, 13.65. 8. Heather Jarjisian, Octorara, 14.05.

**200 (26.80):** 1. Karen Scully, Gwynedd-Mercy, 26.46. 2. Mandy Dashbach, Christopher Dock, 26.53. 3. Uche Ofodile, St. Pius X, 26.93. 4. Faily Valenti, L. Moreland, 27.13. 5. Marci Burns, Gwynedd-Mercy, 27.16. 6. Amanda Gosser, Gwynedd-Mercy, 27.23. 7. Alexis Baldwin, Girard College, 27.86. 8. Ali Valenti, L. Moreland, 28.33.

**400 (1:00.39):** 1. Ashley Ippolito, New Hope-Solebury, 1:01.49. 2. Lauren Manfredi, Villa J. Marie, 1:03.32. 3. Katie Vernon, Gwynedd-Mercy, 1:03.99. 4. Carolyn Roberts, Gwynedd-Mercy, 1:05.33. 5. Devyn Reese, Octorara, 1:05.86. 6. Megan Lacy, Villa J. Marie, 1:06.29. 7. Hannah Khoury, Gwynedd-Mercy, 1:06.36. 8. Rachel Tkaczyk, St. Basil, 1:07.03.

**800 (2:22.63):** 1. Meghan Bishop, Gwynedd-Mercy, 2:21.29. 2. Annie Devinney, L. Moreland, 2:23.30. 3. Kelly McGrath, Gwynedd-Mercy, 2:24.56. 4. Ashley Ippolito, New Hope-Solebury, 2:25.67. 5. Faye Korich, Springfield (M), 2:29.37. 6. Krista Enst, Christopher Dock, 2:29.40. 7. Cara Greene, Springfield (M), 2:29.54. 8. Rachael Clemmer, Christopher Dock, 2:32.31.

**1,600 (5:22.98):** 1. Meghan Bishop, Gwynedd-Mercy, 5:07.93. 2. Lynn Morelli, St. Basil, 5:11.57. 3. Kanki Mealy, Gwynedd-Mercy, 5:12.84. 4. Joanna Marlow, New Hope-Solebury, 5:19.24. 5. Rachael Clemmer, Christopher Dock, 5:28.09. 6. Kristin Wall, Gwynedd-Mercy, 5:38.13. 7. Rebecca Jarjisian, Octorara, 5:43.03. 8. Laura O'Donnell, St. Basil, 5:46.40.

**3,200 (11:45.63):** 1. Lynn Morelli, St. Basil, 11:27.49. 2. Javi Hartenstine, St. Pius X, 11:44.24. 3. Faye Korich, Springfield (M), 11:48.77. 4. Kristin Wall, Gwynedd-Mercy, 12:00.99. 5. Melonie Rybicki, L. Moreland, 12:03.66. 6. Sarah Haney, Octorara, 12:09.46. 7. Maggie Parlapiano, St. Pius X, 12:29.37. 8. Mary Kate Heck, Gwynedd-Mercy, 12:34.72.

**100 hurdles (16.18):** 1. Tracy Blenfield, L. Moreland, 16.38. 2. Marissa Dudek, St. Pius X, 16.65. 3. Mary Stanton, Gwynedd-Mercy, 17.25. 4. Sherry Kowalchuk, St. Pius X, 17.42. 5. Lauren Gambescia, Harriton, 17.87. 6. Megan Benner, Octorara, 17.95. 7. Jenn Weissman, L. Moreland, 18.71. 8. Julie Binder, L. Moreland, 18.76.

**300 hurdles (47.98):** 1. Marissa Dudek, St. Pius X, 47.86. 2. Tracy Blenfield, L. Moreland, 49.07. 3. Sherry Kowalchuk, St. Pius X, 49.47. 4. Mary Stanton, Gwynedd-Mercy, 50.37. 5. Crystal Boyer, Bristol, 50.40. 6. Cara Greene, Springfield (M), 50.70. 7. Lauren Gambescia, Harriton, 50.73. 8. Julie Binder, L. Moreland, 55.11.

**4x100 relay (51.61):** 1. Gwynedd-Mercy (Mary Stanton, Amanda Gosser, Karen Scully, Marci Burns) 49.99. 2. St. Pius X, 51.29. 3. L. Moreland, 51.69. 4. Villa J. Marie, 53.79. 5. Harriton, 55.16. 6. New Hope-Solebury, 56.49. No other finishers.

**4x400 relay (4:10.98):** 1. Gwynedd-Mercy (Kelly McGrath, Karen Scully, Marci Burns, Katie Vernon) 4:12.87. 2. St. Pius X, 4:19.08. 3. L. Moreland, 4:20.75. 4. St. Basil, 4:23.88. 5. Villa J. Marie, 4:25.52. 6. Christopher Dock, 4:27.69. 7. Octorara, 4:39.66. 8. Harriton, 4:40.82.

**4x800 relay (9:56.40):** 1. Gwynedd-Mercy (Meghan Bishop, Kelly McGrath, Kanki Mealy, Katie Vernon) 9:47.83. 2. Springfield, 10:09.95. 3. St. Basil, 10:15.55. 4. Villa J. Marie, 10:22.29. 5. St. Pius X, 10:51.86. 6. L. Moreland, 10:59.72. 7. Octorara, 11:06.81. No other finisher.

**Triple jump (35-0):** 1. Amanda Crouse, St. Pius X, 33-2½. 2. Anna Karetny, L. Moreland, 32-7¼. 3. Gina Malatesta, St. Basil, 32-0. 4. Theresa Zataveski, Gwynedd-Mercy, 31-6¾. 5. Leigh Taylor, Gwynedd-Mercy, 31-1¼. 6. Connie Rainer, St. Pius X, 31-0¼. 7. Krista Enst, Christopher Dock, 30-8½. 8. Jackie McDewitt, St. Basil, 30-6¼.

**Shot put (36-0):** 1. Ashley Dixon, Octorara, 33-2¾. 2. Mary Ellen Flynn, Springfield (M), 32-4¾. 3. Uche Ofodile, St. Pius X, 30-10. 4. Erin Hooper, Villa J. Marie, 30-1½. 5. Rachel Turgoose, Octorara, 29-11¼. 6. Danielle Duffy, L. Moreland, 29-4. 7. Hillary Brown, St. Pius X, 28-7½. 8. Laura Andrews, Villa J. Marie, 27-6½.

**Javelin (118):** 1. Laura Bennethum, Octorara, 94-3. 2. Kerri Owsiany, St. Pius X, 94-3. 3. Danielle Duffy, L. Moreland, 89-6. 4. Fallon Ullman, Harriton, 89-4. 5. Nicole Cox, St. Pius X, 88-4. 6. Holly Betz, L. Moreland, 85-1. 7. Sharon Moskowitz, Harriton, 83-1. 8. Heidi Wertz, Octorara, 78-4.

Contact Shannon Ryan at 610-701-7607 or sryan@phillynews.com.

Craig won the 800 in 1:55.01. Will teammate Dan Michael finishing on his heels in 1:55.35. Matt Henderson won the 200 in 22.04.

Abington's 4x400 team surprisingly beat out both North Penn and Glen Mills with a time of 3:17.62.

Another big winner yesterday was Lower Moreland, which won the Class AA title for boys with 147 points — 40 more than second-place Girard College, which won the title last year.

## The results

### BOYS' CLASS AAA

The first three finishers qualify for the state meet, plus any top-eight finisher that reaches the state-qualifying standards that appears in parentheses.

**Team scoring (top 10):** 1. North Penn 70; 2. Glen Mills 58; 3. Upper Dublin 39; 4. Cheltenham 34; 5. Penncrest 33; 6. Strath Haven 30; 7. Methacton 29.5; 8. Downingtown 29; 9. William Tennent 28; 10. Central Bucks East 25.

**100 meters (11.19):** 1. Mike O'Donnell, C.B. East, 11.08. 2. Josh Hannum, Strath Haven, 11.11. 3. Reggie Bishop, Glen Mills, 11.15. 4. Chris Akgis, Avon Grove, 11.18. 5. Edward Beard, Truman, 11.31. 6. Mike Jones, Upper Darby, 11.32. 7. Chase Holt, Neshaminy, 11.41. 8. Kevin Zebulum, North Penn, 11.45.

**200 (22.64):** 1. Matt Henderson, North Penn, 22.04. 2. Nehemiah Leary, Upper Dublin, 22.18. 3. Alex Fisher, Plymouth Whitemarsh, 22.21. 4. Ryan Westman, Lower Merion, 22.54. 5. Ryan Bird, Conestoga, 22.61. 6. Mike Jones, Upper Darby, 22.94. 7. Chris Jefferys, Penncrest, 23.01. 8. Matt Carroll, Perkiomen Valley, 23.28.

**400 (50.09):** 1. Drew Eckman, Oxford, 48.21. 2. Nehemiah Leary, Upper Dublin, 48.51. 3. Matt Carroll, Perkiomen Valley, 48.78. 4. Lester Caesar, Abington, 48.84. 5. Mike O'Donnell, C.B. East, 48.85. 6. Troy Robertson, Wm. Tennent, 49.28. 7. Tyrone Coleman, Plymouth Whitemarsh, 49.55. 8. David Wilkerson, Downingtown, 50.08.

**800 (1:57.95):** 1. Steve Craig, North Penn, 1:55.01. 2. Dan Michael, North Penn, 1:55.35. 3. Ben Francuski, Great Valley, 1:56.21. 4. Andrew Thomas, Pennsburg, 1:56.38. 5. Kennick Marsh, Norristown, 1:56.88. 6. Mike Brown, Penn Wood, 1:57.32. 7. Connell Carruthers, Strath Haven, 1:58.12. 8. John Sarge, Wm. Tennent, 1:58.82.

**1600 (4:26.42):** 1. Eric Fleming, Bishop Shanahan, 4:16.71. 2. Mike Didio, Council Rock, 4:17.64. 3. Andrew Combs, Strath Haven, 4:19.48. 4. John Palumbo, Council Rock, 4:21.42. 5. Rob Robertson, Coatesville, 4:22.72. 6. Bill Patchak, Great Valley, 4:22.88. 7. Adam Breisch, Quakertown, 4:23.12. 8. Greg Williams, Henderson, 4:24.22.

**3200 (9:38.07):** 1. Rob Robertson, Coatesville, 9:14.54. 2. Eric Fleming, Bishop Shanahan, 9:16.58. 3. Rob Hampson, Council Rock, 9:19.35. 4. Mark Mullely, U. Moreland, 9:23.25. 5. Mike Kenny, Hatboro-Horsham, 9:32.43. 6. Mike Merrick, Henderson, 9:34.70. 7. Tom Rhodes, Upper Dublin, 9:35.36. 8. Bob Wolf, Methacton, 9:36.10.

**110 hurdles (15.26):** 1. Jesse Patterson, Cheltenham, 14.62. 2. Zack Thomas, North Penn, 14.79. 3. Steve Nichols, Penncrest, 14.85. 4. Jordan Rajan, Downingtown, 14.99. 5. Dave Sipe, Penncrest, 15.09. 6. Justin Gibbs, Pottstown, 15.12. 7. Tony Bria, Wm. Tennent, 15.83. 8. Eric Alexander, Glen Mills, 17.43.

**300 hurdles (39.87):** 1. Jesse Patterson, Cheltenham, 39.06. 2. Jordan Rajan, Downingtown, 39.13. 3. Zack Thomas, North Penn, 39.43. 4. Tony Bria, Wm. Tennent, 39.73. 5. Mavis Polk, Glen Mills, 40.06. 6. Bryan Brutto, C.B. East, 40.19. 7. Anthony Miller, Hatboro-Horsham, 40.50. No other finisher.

**4x100 relay (43.53):** 1. North Penn (Mike Penn, Zack Thomas, Kevin Zebulum, Matt Henderson) 42.75. 2. Pennsburg, 43.15. 3. Cheltenham, 43.55. 4. Plymouth Whitemarsh, 43.75. 5. Pottstown, 43.85. 6. Pottsgrove, 43.89. 7. Penncrest, 43.94. 8. Neshaminy, 43.95.

**4x400 relay (3:24.03):** 1. Abington (Taylor Suber, Cowin Mills, Ryan Rutherford, Lester Caesar) 3:17.62. 2. Glen Mills, 3:18.26. 3. North Penn, 3:19.06. 4. Strath Haven, 3:21.49. 5. C.B. East, 3:21.79. 6. Downingtown, 3:24.50. 7. Wm. Tennent, 3:25.33. 8. Plymouth Whitemarsh, 3:32.84.

**4x800 relay (8:05.96):** 1. North Penn (Matt Krum, Dan Michael, Adam Thomas, Steve Craig), 7:58.40. 2. Strath Haven, 7:59.13. 3. Abington, 8:00.40. 4. Wm. Tennent, 8:00.77. 5. C.B. East, 8:02.17. 6. Downingtown, 8:02.30. 7. Upper Dublin, 8:13.98. 8. Lansdale Catholic, 8:16.58.

**Long jump (21.9):** 1. Ardell Francis, Pennsburg, 22-6. 2. Nehemiah Leary, Upper Dublin, 22-3. 3. Eric Broadbent, Avon Grove, 22-0. 4. Brent Steinmetz, Pottsgrove, 21-8 1/2. 5. Harry King, Glen Mills, 21-2 3/4. 6. Blake Taylor, Methacton, 21-0. 7. Mike Bauer, Pottsgrove, 20-11 3/4. 8. Mike Sanguinetti, Methacton, 20-1 1/4.

11.81. 6. Nick O'Neil, Springfield (M), 11.86. 7. Anthony Tucker, Girard College, 12.14. 8. O'Neal Arnstead, Springfield (M), 12.24. 290 (22.88): 1. Dan Engle, Harriton, 22.24. 2. Joel Hammond, Girard College, 23.00. 3. Kevin Bliss,

