



CROSS COUNTRY CHAMPIONSHIP INFORMATION

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Friday, October 27, 2017 - LEHIGH UNIVERSITY

ORDER OF RACES: Races will not start before the listed time.

9:30 a.m. – GIRLS A (7 max.)

10:00 a.m. – GIRLS AA (7 max.)

10:30 a.m. – GIRLS AAA (7 max.)

11:00 a.m. – BOYS A (7 max.)

11:30 a.m. – BOYS AA (7 max.)

12:00 p.m. – BOYS AAA (7 max.)

12:30 p.m. – BOYS NON-SEEDED (no max.) – note start time

12:40 p.m. – GIRLS NON-SEEDED (no max.) – note start time

1:30 p.m. – **Individual and Team Awards** (Presentation in Football Stadium)

- 1A Girls and Boys
- 2A Girls and Boys
- 3A Girls and Boys

COURSE: [Lehigh University 5K Course Map](#)

LEHIGH PARKING INFORMATION:

- Parking will be available in the lots indicated below. **DO NOT PARK IN ANY OTHER AREAS.**
 - **Stabler Arena Parking** lot is located behind Stabler Arena. This lot is to be used by all spectators and all school buses, vans, cars, or vehicles transporting athletes.
 - There are specific designated parking areas for spectators, school transportation vehicles (buses, vans, cars) meet officials, and meet management.
- NO PARKING on the course, grass areas or on College Ave or other roads on Lehigh's Campus.
- NO PARKING or Dropping Off behind the Starting Line Area.
- It is your responsibility to pass this information on to parents, spectators and school bus drivers.

D1 CHAMPIONSHIP RACE REGISTRATION: [PA MILE SPLIT](#)

- **ENTRIES OPEN: SATURDAY, OCTOBER 14th**
- **ENTRIES CLOSE: MONDAY, OCTOBER 23rd (11:59 PM)**
 - Entries must be completed in [PA MILE SPLIT](#) by this date and time – NO EXCEPTIONS
 - Follow the entry instructions on PA Mile Split to enter your teams.
 - *REGISTRATION QUESTIONS: CALL Rich Ames at 215-822-8881 or Gail Rich 610-662-6678.*

IMPORTANT: – 2017 XC Championships

All runners (varsity or unseeded) must be entered through [PA MILE SPLIT](#) this year to be able to run at Lehigh.

- *Seeded races only 7 runners will run*
- *Additional athletes may run in the Unseeded Race.*
- *Whoever runs in the varsity race has a number – no “substitutions” will need to be made on race day.*
- *All Additional runners on your team must be registered to enter the unseeded races.*
- *Teams are responsible for payment of additional registrations. Additional bibs will not be paid for by District 1.*

VARISTY RACE: 1A / 2A / 3A SCHOOLS

- You may list 7 VARSITY names on your Mile split entry.
- To vie for the team championship in the seeded race, **you must run at least five but no more than seven individuals.**
- If you are not trying for a team championship, you still may run up to and including seven individuals in the seeded race.
- The rest of your runners will run in the unseeded race.

UNSEEDDED RACE INFORMATION

- Any athlete (VARSITY or UNSEEDDED) who competes in the District One unseeded race must be registered through [MileSplit](#)
- Unseeded runner’s registration fee will be \$2.50/athlete.
 - District One will not pay for this fee.
 - Schools are not required to enter Unseeded Runners into the District One Championship event. Unseeded Runners are *paid from team funds or by schools as each school decides*
- **PAYMENT for UNSEEDDED RACE:**
 - Checks to be made out to “**CCRS**”
 - CCRS, 24 South High Street, West Chester PA 19382
 - Mail payment or bring payment the day of the race
 - There will be No race day registration
 - Students without a registered bib number will not be permitted to compete
 - All runners in the unseeded race must be in a team uniform

SUBSTITUTIONS: *All Competitors (Varsity or UnSeeded) must be registered through MileSplit. Whoever runs in the varsity race has a number, therefore **no “substitutions” need to be made on race day***

- In the event a Substitution needs to be made on race day:
 - Bring a 3x5 card to Rich Ames or Michael Kelly at the Finish Line
 - Include the following information before the 1st race:
 - SCHOOL
 - RACE: BOYS or GIRLS / CLASSIFICATION
 - RUNNER’S NAME OUT
 - RUNNER’S NAME IN

TEAM AND INDIVIDUAL PACKETS:

- Team and individual packets may be picked up on the day of the meet at the Officials area/trailer.
- These packets contain 1 (one) “bib” for each of your VARSITY and UNSEEDED runners – make sure the correct bib is worn by the correct athlete. Bib Numbers are to be pinned to the jersey of each runner.
 - ***(BRING YOUR OWN SAFETY PINS).***
- Bibs are NOT returned at the end of the meet
 - **REMINDER:** All Teams / Individuals going to the PIAA Championship Meet will need to fill out additional paperwork

METHOD OF STARTING:

- Team position will be drawn in random manner prior to the meet.
- Teams will report to the starting line ***no later than 15 minutes prior*** to the scheduled race time.
- **There are no “run outs” after teams are called to the line by the starter.**
- Starting will be by the Block method on the start line for all races.
- Starting line position will be available in your team packet for all races.

FACILITIES: Teams should arrive dressed to compete. There will be restroom facilities at the Football Stadium but no facilities for changing or cover for warm up. **Stabler Arena and Rauch Field House will not be in use.** There will be no entry into the football stadium until the awards ceremony at the end of the meet.

- **No Dogs allowed on Course**
- **No Football Games or Frisbee throwing on the course**

Coaches are reminded Student-Athletes must be monitored and supervised at all times to help prevent vandalism and damage to the facilities at Lehigh.

COURSE REVIEW: The following dates in October are available.

- **October 23, 24, 25, 2017. NO REVIEW ON OTHER DAYS.**
- Course review on the day of the race will be permitted until the first race begins.
- NO COURSE REVIEW after the start of the 1st race.
- Park only in the parking lots available.
- Do not drive or park on the course or the university grass fields.
- Please respect Lehigh University and their team while they are practicing.

CHAMPIONSHIP AWARDS:

- D1 Team Champion receives a team trophy and 8 team medals. Team Runner up receives 8 team medals.
- Individual Medals: AAA top 25 / AA top 10 / 1A top 10 receive medals.

QUALIFIERS FOR STATES:

- **3A schools** - top 5 teams and top 25 non-team finishers.
- **2A schools** – top team and top 5 non-team finishers.
- **1A schools** – top team and top 5 non-team finishers

PIAA CHAMPIONSHIP INFORMATION:**NOVEMBER 4, 2017 – HERSHEY, PA**

PIAA LODGING INFORMATION: Please EMAIL www.tfcaofgp.org to request room information.

The [PIAA STATE XC COURSE](#) will be used at the PIAA Invitational in late September – the course map should be posted on the PIAA Website.

ADDITIONAL PIAA INFORMATION: The PIAA strongly recommends that you view the cross country rules interpretation presentation online and answer the question at the conclusion. It is your responsibility to make sure your team will be in compliance with current rules.

- Go to the [PIAA website, cross country page](#), click on 2017 rules presentation. Concentrate on the rules dealing with XC