

# District One Track & Field Championship

## Schedule of Events

### Friday, May 20, 2016

*This time schedule listed for the District 1 Meet is TENTATIVE. Each session (Friday Session I, Friday, Session II) will start at the time listed. However within a session, each event will run ONE EVENT AFTER THE OTHER but not more than 15 minutes ahead of the time listed. Coaches and athletes must be aware that the meet may run ahead of schedule.*

Event	Class	Time
Session I		
4X800m Relay Trial - Girls, Boys	AA, AAA	9:00 am
100m Hurdles Trial – Girls	AA, AAA	9:45 am
110m Hurdles Trial – Boys	AA, AAA	10:25 am
100m Dash Trial– Girls, Boys	AA, AAA	10:50 am

#### BREAK

#### Session II

1600m Run Trial – Girls, Boys	AA, AAA	11:45 am
4X100m Relay Trial – Girls, Boys	AA, AAA	12:15 pm
400m Dash Trial – Girls, Boys	AA, AAA	12:40 pm
300m Hurdles Trial – Girls, Boys	AA, AAA	1:15 pm
800m Run Trial – Girls, Boys	AA, AAA	1:45 pm
200m Dash Trial – Girls, Boys	AA, AAA	2:15 pm

#### BREAK – 30 minute minimum

4X400m Relay Trial – Girls, Boys	AA, AAA	3:00 pm
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#### FIELD EVENTS – PRELIMINARIES/FINAL

Long Jump – Girls	AA	9:00 am
Long Jump – Girls	AAA	9:00 am
High Jump – Boys	AAA	9:00 am
Pole Vault – Girls	AA	9:00 am
Shot Put – Girls	AAA	9:00 am
Javelin – Boys	AA	9:00 am
Discus – Boys	AAA	9:00 am
Pole Vault – Girls	AAA	10:00 am
Triple Jump – Boys	AA	12:30 pm
Triple Jump – Boys	AAA	12:30 pm
High Jump – Girls	AAA	12:30 pm
Discus – Girls	AA	12:30 pm
Javelin – Girls	AAA	12:30 pm
Shot Put – Boys	AA	12:30 pm

# District One Track & Field Championship

## Schedule of Events

### Saturday, May 21, 2016

*This time schedule listed for the District 1 Meet is TENTATIVE. Each session (Saturday AM, Saturday PM) will start at the time listed. However within a session, each event will run ONE EVENT AFTER THE OTHER but not more than 15 minutes ahead of the time listed. Coaches and athletes must be aware that the meet may run ahead of schedule.*

Event	Class	Time
3200m Run Final – Girls, Boys	AA, AAA	9:00 am
100m Hurdles Semi-Final – Girls	AA, AAA	9:45 am
110m Hurdles Semi-Final – Boys	AA, AAA	10:00 am
100m Dash Semi-Final – Girls, Boys	AA, AAA	10:15 am
4X800m Relay Final - Girls, Boys	AA, AAA	10:30 am
200m Dash – Semi-Final – Girls, Boys	AA, AAA	11:30 am

#### LUNCH

100m Hurdles Final – Girls	AA, AAA	12:30 pm
110m Hurdles Final – Boys	AA, AAA	12:40 pm
100m Dash Final – Girls, Boys	AA, AAA	12:45 pm
1600m Run Final – Girls, Boys	AA, AAA	12:55 pm
4X100m Relay Final – Girls, Boys	AA, AAA	1:20 pm
400m Dash Final – Girls, Boys	AA, AAA	1:35 pm
300m Hurdles Final – Girls, Boys	AA, AAA	1:50 pm
800m Run Final – Girls, Boys	AA, AAA	2:05 pm
200m Dash Final – Girls, Boys	AA, AAA	2:20 pm

#### BREAK – 30 minute minimum

4X400m Relay Final – Girls, Boys	AA, AAA	2:50 pm
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#### FIELD EVENTS – PRELIMINARIES/FINAL

Triple Jump – Girls	AA	9:00 am
Triple Jump – Girls	AAA	9:00 am
High Jump – Boys	AA	9:00 am
Pole Vault – Boys	AA	9:00 am
Shot Put – Boys	AAA	9:00 am
Javelin – Girls	AA	9:00 am
Discus – Boys	AA	9:00 am
Pole Vault – Boys	AAA	10:00 am
Long Jump – Boys	AA	12:30 pm
Long Jump – Boys	AAA	12:30 pm
High Jump – Girls	AA	12:30 pm
Discus – Girls	AAA	12:30 pm
Javelin – Boys	AAA	12:30 pm
Shot Put – Girls	AA	12:30 pm

