

District One Track & Field Championship
 Schedule of Events
 Friday, May 15, 2026

This time schedule listed for the District I Meet is TENTATIVE. Each session (Friday Session I, Friday, Session II) will start at the time listed. However, within a session, each event will run ONE EVENT AFTER THE OTHER but not more than 15 minutes ahead of the time listed. Coaches and athletes must be aware that the meet may run ahead of schedule.

Event	Class	Time
Session I		
4X800m Relay Final on Time - Girls, Boys	AA, AAA	10:00 am
100m Hurdles Trial – Girls	AA, AAA	11:15 am
110m Hurdles Trial – Boys	AA, AAA	11:30 am
100m Dash Trial– Girls, Boys	AA, AAA	11:45 am
BREAK		
Session II		
1600m Run Final on Time – Girls, Boys	AA, AAA	12:45 pm
4X100m Relay Trial – Girls, Boys	AA, AAA	1:30 pm
400m Dash Trial – Girls, Boys	AA, AAA	2:00 pm
300m Hurdles Trial – Girls, Boys	AA, AAA	2:45 pm
BREAK		
200m Dash Trial – Girls, Boys	AA, AAA	3:30 pm
FIELD EVENTS – PRELIMINARIES/FINAL		
Long Jump – Girls	AA	10:00 am
Long Jump – Girls	AAA	10:00 am
High Jump – Boys	AAA	10:00 am
Pole Vault – Girls	AA	10:00 am
Pole Vault – Girls	AAA	follows AA Girls PV
Shot Put – Girls	AA	10:00 am
Shot Put - Boys	AAA	follows AA Girls SP
Discus – Girls	AAA	10:00 am
Discus – Boys	AA	follows AAA Girls Discus
Javelin – Girls	AAA	1:00 pm
Javelin – Boys	AA	follows AAA Girls Jav
Long Jump – Boys	AA	1:00 pm
Long Jump – Boys	AAA	1:00 pm
High Jump – Girls	AAA	1:00 pm

District One Track & Field Championship
 Schedule of Events
 Saturday, May 16, 2026

This time schedule listed for the District 1 Meet is TENTATIVE. Each session (Saturday AM, Saturday PM) will start at the time listed. However, within a session, each event will run ONE EVENT AFTER THE OTHER but not more than 15 minutes ahead of the time listed. Coaches and athletes must be aware that the meet may run ahead of schedule.

Event	Class	Time
3200m Run Final – Girls, Boys	AA, AAA	9:00 am
100m Hurdles Final – Girls	AA, AAA	10:00 am
110m Hurdles Final – Boys	AA, AAA	10:15 am
100m Dash Final – Girls, Boys	AA, AAA	10:30 am
 LUNCH		
4X100m Relay Final – Girls, Boys	AA, AAA	12:00 pm
400m Dash Final – Girls, Boys	AA, AAA	12:15 pm
300m Hurdles Final – Girls, Boys	AA, AAA	12:40 pm
800m Run Final on Time – Girls, Boys	AA, AAA	12:55 pm
200m Dash Final – Girls, Boys	AA, AAA	1:30 pm
 BREAK – <u>40 minute minimum</u>		
4X400m Relay Final on Time – Girls, Boys	AA, AAA	2:30 pm
 FIELD EVENTS – PRELIMINARIES/FINAL		
Triple Jump – Girls	AA	9:00 am
Triple Jump – Girls	AAA	9:00 am
High Jump – Boys	AA	9:00 am
Pole Vault – Boys	AA	9:00 am
Pole Vault – Boys	AAA	follows AA Boys PV
Shot Put – Girls	AAA	9:00 am
Shot Put – Boys	AA	follows AAA Girls SP
Discus – Girls	AA	9:00 am
Discus – Boys	AAA	follows AA Girls Discus
Javelin – Girls	AA	12:30 pm
Javelin – Boys	AAA	follows AA Girls Jav
Triple Jump – Boys	AA	12:30 pm
Triple Jump – Boys	AAA	12:30 pm
High Jump – Girls	AA	12:00 pm