

Update – Swimming Districts

1. The meet is set to be held at York YMCA on Friday, February 25th and Saturday, February 26th.
2. AA and AAA Boys sessions will be session 1 (10:30 start) and AA and AAA Girls will be session 2 (3:45 start).
3. Meet order of events is as follows:

Day 1

Medley Relays
200 Freestyle
200 IM
50 Freestyle
100 Fly
200 Free Relays

Day 2

100 Freestyle
500 Freestyle
100 Backstroke
100 Breaststroke
400 Freestyle Relays

4. Please review the expected timeline for all meet sessions. Slight adjustments may be made to the schedule in order to ensure enough time for breaks and awards.
5. Warm-up times will be finalized and e-mailed as soon as possible for planning purposes.
6. After discussion on capacity issues (the week of January 17th) with York YMCA, there will likely be no spectators permitted but the meet will be live streamed. This will permit more swimmers to be entered into the meet. Further updates on spectators will be given closer to the meet.
7. AA participant numbers will be a maximum of 16 swimmers (2 heats) and 8 relays (1 heat). There will be 2 alternates for each event.
8. AAA participant numbers will be a maximum of 40 swimmers (5 heats) and 24 relays (3 heats). There will be 2 alternates for each event.
9. Qualifying times will remain consideration times for the 2021-2022 season.
10. Nancy will email you the event files for team manager in early February.
11. Coaches should e-mail their entries to Nancy Swanson at nkswanson29@yahoo.com by Tuesday, February 15th at 6pm. If your team is attending a last chance meet please inform Nancy of this and then have your entries submitted by Thursday, February 17th at 6pm.
12. Mandatory seeding meeting will be held via zoom on Sunday, February 20th. You will receive 2 links for zoom meetings. You only log into the earlier one if you have corrections or changes to your entries. Everyone must log into the later zoom meeting.
 - a. 9:00am – AA scratch meeting. Only AA coaches needing to make changes should sign on at this time.

- b. 9:15am – AA coaches receive psych sheets via email. Text Nancy (215 237-3293) if you don't receive them. Coaches have 15 minutes to look over the psych sheets.
- c. 9:30am – **AA coaches mandatory zoom meeting.** Everyone logs on to the zoom meeting.
- d. 10:am – AAA scratch meeting. Only AAA coaches needing to make changes should sign on at this time.
- e. 10:15am – AAA coaches receive psych sheets via email. Text Nancy (215 237-3293) if you don't receive them. Coaches have 15 minutes to look over the psych sheets.
- f. 10:30am – **AAA coaches mandatory zoom meeting.** Everyone logs on.

All AA coaches must log into the zoom meeting at 9:30am. All AAA coaches must log into the zoom meeting at 10:30am. When these zoom meetings begin, coaches who would like to scratch an individual from an event for the purpose of entering them into a relay or would like to scratch an entire relay team must do so. After scratches are concluded, no further changes can be made to entries. Important information concerning Districts will follow. Coaches of teams who do not have any swimmers attending Districts may exit the meeting. Coaches who have swimmers at Districts must remain at the meeting till its conclusion.