## Rain mars District 1 track efforts

By Don McKee Inquirer Staff Writer Phila. Lagrange events were run in meters, rather than vards all winning time.

Devastating rains held down times, heights and distances at the District One track championships yesterday, which certainly cost a lot of area trackmen the chance to advance to next weekend's state meet.

The excellent all-weather facility at Delaware Valley College in Doylestown was innundated by rains and the field events were nearly washed out all together. The Class AAA pole vault was postponed until tomorrow afternoon because the downpour made it too dangerous for

the contestants to jump.

That did not affect the AAA team scoring however, as Lower Merion had 51 team points to Council Rock's 50, and the Aces still had two competitors in the pole vault, while the Indians had none. Thus the team trophy was awarded to Lower Merion despite the incomplete results. It was Lower Merion's first district championship since 1966.

Sharon Hill won the Class AA championship for the first time since 1958, beating out Del-Val B League rivals, Swarthmore and Darby Township. Sharon Hill compiled 67 points, Swarthmore 621/2 and

Darby Township scored 58.

Team scoring is based on the first six finishers in an event, on a 10, 8, 6, 4, 2, 1 basis.

Individuals qualify for the state championship meet either on place or on effort. The two top finishers in each event advance to the state championship regardless of their time, height or distance. After that, however, a competitor must meet a qualifying standard (based on the top 10 efforts at last year's state championship meet) in order to advance.

Since the heavy rains depressed times in all the running events and hurt distances and heights in field events, fewer District One competitors than usual advanced. The state championship meet will be held Friday and Saturday at Shippensburg State College.

One ironic quirk was provided by new circumstances however - since this was the first year the track

matically are District One records.

One strong competitor who advanced handily despite the weather was William Tennent's Dan Friedman, who won both the shot put and discus for the second straight year. Friedman, a Big 33 football player who is heading for Maryland on a track scholarship, is the defending PIAA discus champ and was the fourth-place finisher in the state in shot put last year.

He won the discus with a throw of 168 feet, 3 inches, far off his personal best of 182 feet (set in a dual meet against Norristown). He put the shot 55-01/2, close to the 56 feet he did in

the Penn Relays.

"In the discus, I'm pretty confident (of repeating as state champ)," he said, "as long as I get it out there. Lately I haven't been throwing too well. I don't know what it is. All I can do is keep throwing and hope I can get it down.

"I like being the defending champ. It puts a lot of pressure on you, because people expect a lot from you, but I think I do better under pres-

sure."

Perhaps the greatest pressure in the meet fell on Lower Merion's 1,600-meter relay team. The Aces who were to win by just a single point - had to finish first in the day's last event while Council Rock finished nowhere.

They won. With Bryant Spry, Blake Inman, Xavier Bey and defending state 440 champion Russell Carter carrying the sticks, the Aces ran it in 3:21.44. They beat Abington (3:23.33)

handily.

Earlier, Bey had won the 110-meter intermediate hurdles and finished second to Radnor's Chris Sydnor in the 100-meter dash. Carter won the 400-meters to pile up points and the Aces also had won the 400 relay.

Sharon Hill's situation was equally desperate, as Swarthmore led, 611/2-61, with only the 1,600-meter relay left. But third place in that event secured the title for the Owls, as Swarthmore finished sixth. The summaries:

Team totals — Lower Merion 51, Council Rock 50, West Chester-East 34, Downingtown 25, William Tennent 22, Radnor 21, Upper Moreland 20, North Penn 20, Cen-

trai Bucks West 28, Abington 28, Chester 28, Central Bucks East 18, Ridley 17, Methacton 16, Interboro 16, West Chester-Henderson 16, Penncrest 15, Pennsbury 14, Pennridge 11, Wissahickon 11, Spring-Ford 10, Upper Merion 10, Great Valley 10, Owen J. Roberts 10, Coatesville 10, Haverford 6, Souderton 6, Springfield (Montco) 6, Neshaminy-Langhorne 4, Chettenham 2, Phoenixville 2, Woodrow Wilson 2, Sun Valley 1, Pottstown 1, Norristown 1, Neshaminy-Maple Point 1, Hatboro-Horsham 1. 110 high hurdles – 1, Xavier Bey, Lower Merion, 14,75; 2, Tim Lewis, Pennridge, 14,81; 3, Rick McCracken, Interboro, 15.16; 4, Rick Young, Langhorne, 15.31; 5, Bob Gerwig, Great Valley, 15.49; 6, Allen Martin, Penncrest, 15.54. (Time needed to quality for PIAA state championship meet, 14,90).

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100 — 1, Chris Sydnor, Radnor, 10.96; 2, Xavier Bey, Lower Merion, 11.13; 3, Ken Winston, W.C-East, 11.25; 4, Brian McCutcheon, Penncrest, 11.33; 5, Keith Dean, North Penn, 11.34; 6, Ted Robinson, Downingstown, 11.43. (Qualitying time, 10.96).

200 — 1, Chris Sydnor, Radnor, 22.27; 2, Brian McCutcheon, Penncrest, 22.59; 3, Ken Winston, W.C-East, 22.61; 4, Clarence Clarey, Henderson, 22.87; 5, Paul Ierubino, Council Rock, 23.36; 6, Tim Lewis, Pennridge, 23.75; (Qualifying time, 22.33).

300 intermediate hurdles — 1, Dave White, Downingtown, 39.70; 2, Al Kohnle, Great Valley, 39.91; 3, Greg Matusky, North Penn, 40.09; 4, Steve Phelan, Pennsbury, 40.11; 5, Gunar Avors, CBE, 40.23; 6, Pelle Nilsson, Radnor, 40.48. (Qualifying time, 40.00).

3,200 relay — 1, Chester, 7:57.02; 2, Central Bucks East, 7:57.60; 3, Council Rock, 8:00.68; 4, Upper Moreland, 8:04.11; 5, Woodrow Wilson, 8:07.70; 6, Wissahickon, 8:10.51. (Qualifying time, 8:04.30).

1,600 — 1, Mike Sullivan, Conestoga, 4:17.94; 2, Brian Wallace, Methacton, 4:21.62; 3, Greg Sargent, North Penn, 4:24.04; 4, Terry Henderson, Coatesville, 4:25.63; 5, Rich King, Coatesville, 4:27.77; 6, Mark Voit, Chettenham, 4:26.63. (Qualifying time, 4:30.31).

400 relay — 1, Lower Merion, 43.14; 2, West Chester-East, 4:37; 3, Central Bucks West, 43.78; 4, Downingtown, 44.09; 5, Abington, 44.11; 6, North Penn, 44.35. (Qualifying time, 4:308).

400 — 1, Russ Carter, Lower Merion, 47.63; 2, Paul lerubino, Council Rock, 9:16.3, Clarence Glary, Henderson, 49.20; 4, Craig Rainey, Chester, 49.20; 5, Blake Inman, Lower Merion, 50.22; 6, Brian Schaffer, Abington, 50.46. (Qualifying time, 49.61).

800 — 1, Dave Long, Ridey, 1:54.41; 2, Ed Meade, Pennsbury, 1:55.72; 3, Allen Donnell, Springfield (M), 1:56.57; 4, Tom Hoban, CBE, 1:58.52; 5, Lou Casale, CBW, 1:59.31; 6, Mark Voit, Chettenham, 1:59.36. (Qualifying time, 9:27.35; 3, 3, 4, Chester, 3:25.74;

5, Upper Perkiomen, 3:25.82; 6, Ridley, 3:26.48. (Qualifying time, 3:23.98).

Javelin — 1, Jeff Rantz, Spring-Ford, 180-11; 2, Ken Mathias, Upper Moreland, 177-8; 3, Joe Motta, Haverford, 175-9; 4, Jeff Nyce, Souderton, 174-9; 5, James Mace, Souderton, 173-6; 6, Bill Smith, Norristown, 172-1. (Qualifying distance, 186-11).

Long jump — 1, Tom Barr, Owen J. Roberts, 21-1114; 2, Jake Howard, Methacton, 21-1014; 3, Kelvin Butcher, Wc-East, 21-814; 4, Ed Marshall, Coatesville, 21-614; 5, Rich Hatzenbellar, William Tennent, 21-414; 6, Bob Stone, Sun Valley, 21-4. (Qualifying distance, 21-114).

High jump — 1, Tony Fiorentino, Upper Merion, 6-614; 2, Tim Lynch, Council Rock, 6-4; 3, Jeff Streets, Henderson, 6-4; 4, John Hicks, Abington, 6-4; 5, Jeff Spahr, Penncrest, 6-4; 6, Tom O'Neill, Harboro-Horsham, 6-2. (Qualifying height, 6-4).
Triple jump — 1, Larry Mercadante, Council Rock, 46-84; 2, Kurt Schwartz, Upper Moreland, 45-5; 3, Tony Calamaro, Wissahickon, 45-414; 4, Drew Proctor, Downingtown, 44-914; 5, Terrence Priman, Chester, 43-512; 6, Ernie McCalvin, Pottstown, 42-10. (Qualifying distance, 44-81;).

44-812).
Discus — 1, Dan Friedman, William Tennent, 168-3; 2, Glenn Wright, Council Rock, 142-4; 3, Mike Burke, Ridley, 137-2; 4, Mark Berhauser, North Penn, 136-9; 5, Lance Stark, Phoenixville, 132-10; 6, Jerry Kreisher, North Penn, 132-7. (Qualifying distance, 151-1).

North Penn, 132-7. (Qualifying distance, 151-1).
Shot put — 1, Dan Friedman, William Tennent, 55-01/2;
2, Jim Greene, WC-East, 51-9; 3, Steve Orth, Downing-town, 49-11/4; 4, Kevin Witchey, Wissahickon, 49-91/2; 5, Paul Medvin, Pennsbury, 49-8; 6, Ray Rigous, Maple Point, 49-21/4. (Qualifying distance, 54-6).

CLASS AA

Team totals — Sharon Hill 67, Swarthmore 621/2, Darby Township 58, Holy Ghost Prep 511/2, Garnet Valley

38, Oxford 35, Perkiomen Valley 34, Kent Unionville 27, Valley Forge Military Acade Grove 22, Petts-grove 20, Darby-Colwnn 15. Pius X 16, Archbishop Kennedy 10, Lant 10, Northern Chester County Tech 9, Oct sdowne-Aldan 6, Bishop Shanahan 2, Devon 110 high hurdles — 1, Ray Glemson, Han 15.59; 2, Stan Dixon, Bristol, 15.72; 3, GAVON Grove, 16.24; 3, Art Lastoskie, Pettsa Brian Stottzfus, Octorara, 16.55; 5, Crais Hely Ghost Prep, 16.46; 6, Walt Smith, Shar (Time needed to qualify for PIAA state meet, 15.3).

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100 - 1, Rob Ware, VFMA, 11.5: 1
Garnet Valley, 11.66; 3, Bil Kyle, Swarfin Ken Rouse, Holy Ghost Pray, 11.8: 5. Undry Township, 12.02; 6, Bave Mantal 12.04. (Qualifying time, 11.18).
200 - 1, Rob Ware, VFMA, 22.9: 1
Kennett, 23.68; 3, Bill Kyre, Swarfinger, Lee, Kennett, 23.71; 5, Tom Christman, 12.7: 0
6, Ray Thomas, Darby-Cohwyn, 24.7: 0
22.75).

300 intermediate hurdes - 1, Rap Fell.

6, Ray Thomas, Darby-Convyn, 24.7.

300 intermediate hurdles — 1, Bob Full Hill, 39.46; 2, Milke King, Darby-Column, Baudendistel, Holy Ghost Prep, 40.13; 4. Holy Ghost Prep, 41.14; 5, Eric Swansvalley, 41.65; (Qualifying firme, 40.1).

3,200 relay — 1, Sharon Hill, 8:272; 2. Darby-Column, 200 relay — 1, Sharon Hill, 8:272; 2. Darby-Column, 200 relay — 1, Sharon Hill, 4:272; 2. Darby-Column, 200 relay — 1, Ethan Landis, Swarthmore, 14:01.0; 4, Pat Pollack, Oxford, 44.112; 5. Sharon Hill, 4:43.08; 6, Andy Buchanan, Un (Qualifying firme, 4:32.15).

400 relay — 1, Darby-Column, 45.54; 2. Ship, 45.71; 3, Unionville, 46.15; 4, October Ghost Prep, 46.71; 6, Oxford, 44.39.

Chost Prep, 46.71; 6, Oxford, 44.90. (44.30).
400 — 1, Tom Nocho, Kennett, 50.62; 1
Darby Township, 50.65; 3, Bob Fullerian
50.83; 4, Al Hanyecz, Holv Ghost Prep.
Logoje, St. Pius X, 52.24; 6, Dave Was
52.86. (Qualifying time, 51.02).
800 — 1, Tony Yerger, St. Pius X, 2
Landis, Swarthmore, 20.235; 3, Jim Tawle, 202.50; 4, Bruce Fullerilove, Sharon Hill, 202.50; 4, Bruce Fullerilove, Sharon Hill, 202.40.40. (Qualifying time, 201.31).
3,200 — 1, Jerry Blauvett, Sharon Hill, 204.41.
Lehman, Garnet Valley, 100.09; 3, Part 10:05.57; 4, Corey Strickland, Unionville, Glah, Bishop Shanahan, 10:10.86; 6, Mike 10:14.63. (Qualifying time, 9:49.13).
1,600 relay — 1, Darby Township, Ghost Prep, 3:30.69; 3, Sharon Hill, 3:31.8
3:35.77; 5, Lansdale Catholic, 3:37.63; 3:37.74 (Qualifying hime, 3:27.92).
Pole vault — 1, Russ Bergen, Perkiemer, 20.60; 10:40; 11:40; 4, Sharon Hill, 11-6; 4, Bob Galt, Perkiemer, 10-6. (Qualifying height, 12-Javelin: — 1, Jeff Havelow, Oxiera Marker, Garnet Valley, 15-4; 3, Britam more, 150-10; 4, Geoff Chew, Swarthmore, 19-6. (Qualifying height, 12-Javelin: — 1, Jeff Havelow, Oxiera Moran, Sharon Hill, 139-11; 6, Ker Pad Valley, 139-3. (Qualifying distance, 183-8).

High jump — 1, Jay Carter, Pottsgr Dixen, Bristel, 6-0; 3, Den Johnson, Lant 10; 4, Bat Elliert, Oxford, 5-8; 5, Bob Par nore, 5-8; 6, Milke MacCrone, Swarthen fying height, 6-4). Long jump — 1, James Lewis, Holy 0 2, Andy Griffin, NCCT, 21-2; 3, John 1 Grove, 20-6/2; 4, Jeff Hyden, Octorara, Ramasco, Perkiomen Valley, 20-494; 6, er, Unionville, 19-11/2. Qualitying distan

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Triple jump — 1, Larry Mercadante, Council Rock, 46-814; 2, Kurl Schwartz, Upper Moreland, 45-5; 3, Tony Calamaro, Wissahickon, 45-414; 4, Drew Proctor, Downingtown, 44-914; 5, Terrence Pitman, Chester, 43-512; 6, Ernie McCalvin, Pottstown, 42-10. (Qualifying distance, 44-812).

44-8<sup>1</sup>/<sub>2</sub>)

32-10 Jenn Wright, Council Rock, 142-4; 3, Mike Burke, Ridley, 137-2; 4, Mark Berhauser, North Penn, 136-9; 5, Lance Stark, Phoenixville, 132-10; 6, Jerry Kreisher, North Penn, 132-7. (Qualifying distance, 151-1).

Shot put — 1, Dan Friedman, William Tennent, 55-0½; 2, Jim Greene, WC-East, 51-9; 3, Steve Orth, Downing-town, 49-1134; 4, Kevin Withey, Wissahickon, 49-9½; 5, Paul Medvin, Pennsbury, 49-8; 6, Ray Rigous, Maple Point, 49-2½. (Qualifying distance, 54-6).

CLASS AA

Team totals — Sharon Hill 67, Swarthmore 62½, Darby Township 58, Holy Ghost Preo 51½, Garnet Valley

31. Oxford 15, Perkinmen Valley 34, Kennett Area 32, Unionville 17, Valley Forge Military Academy 22, Avon Grove 22, Petts-grove 29, Darby-Colwyn 19, Bristol 16, St. Pius X 16, Archbishop Kennedy 10, Lansdale Catholic 10, Northern Chester County Tech 9, Octorara 9, Lansdowne-Aldan 6, Bishop Shanahan 2, Devon Prep 1. 110 high hurdles – 1, Ray Glemson, Holy Ghost Prep, 15.59; 2, Stan Dixon, Bristol, 15.72; 3, Gary Soliwoda, Avon Grove, 16.28; 4, Art Lastoskie, Pottsgrove, 16.28; 4, Brian Stottzfus, Octorara, 16.55; 5, Craig Baudendistel, Holy Ghost Prep, 16.69; 6, Walt Smith, Sharon Hill, 16.65; Clime needed to qualify for PIAA state championship meet, 15.3).

Brian Stottzus, Octorara, 16.55; 5, Craig Baudendistel, Holy Ghost Prep, 16.64; 6, Walt Smith, Sharon Hill, 16.65. (Time needed to quality for PIAA state championship meet, 15.3).

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200 — 1, Rob Ware, VFMA, 22.98; 2, Tom Nocho, Kennett, 23.71; 5, Tom Christman, Potfsgrove, 23.68; 4, Dean Lee, Kennett, 23.71; 5, Tom Christman, Potfsgrove, 23.69; 6, Ray Thomas, Darby-Colwyn, 24.17. (Qualifying time, 22.75).

200 intermediate hurdles — 1, Bob Fullentove, Sharon Hill, 39.46; 2, Mike King, Darby-Colwyn, 40.45; 3, Craig Baudendistel, Holy Ghost Prep, 40.83; 4, Ray Glemser, Holy Ghost Prep, 41.14; 5, Eric Swanson, Perklomen Valley, 41.65; (Qualifying time, 40.1).

3,200 relay — 1, Sharon Hill, 8:22; 2, Darby Township, 224.05; 3, Kennett, 8:28.85; 4, Perklomen Valley, 8:39.69; 5, Hely Ghost Prep, 8:41.04; 6, Garnet Valley, 8:42.88. (Qualifying time, 43.06; 3, Jeff Turner, Unionville, 4:40.10; 4, Pat Potlack, Oxford, 4:41.02; 5, Mike Mitchell, Sharon Hill, 4:3.08; 6, Andy Buchanan, Unionville, 4:48.97. (Qualifying time, 42.15).

400 relay — 1, Darby-Colwyn, 45.59; 2, Darby Township, 45.71; 3, Unionville, 46.15; 4, Octorara, 46.44; 5, Holy Ghost Prep, 46.71; 6, Oxford, 4:69.0. (Qualifying time, 40.10; 4), 11.00 relay — 1, Darby-Colwyn, 45.59; 2, Darby Township, 50.85; 3, Bob Fullenlove, Sharon Hill, 4:30.8; 6, Andy Buchanan, Unionville, 4:48.97. (Qualifying time, 51.02).

800 — 1, Tom Nocho, Kennett, 50.62; 2, Vincent Clark, Darby Township, 50.65; 3, Bob Fullenlove, Sharon Hill, 50.88; 4, Al Hanyecz, Holy Ghost Prep, 57.80; 5, Joe Loggie, 5t. Pius X, 52.24; 6, Dave Washington, NCCT, 52.86. (Qualifying time, 51.02).

800 — 1, Tony Yerger, 5t. Pius X, 200.08; 2, Effan Landis, Swarthmore, 207.25; 3, Boh Fullenlove, Sharon Hill, 50.83; 4, Strue Krep, 30.32; 7, Shanhon Prep, 30.30; 3, Shar

High jump — 1, Jay Carter, Pottsgrove, 6-0; 2, Stan Dixet, Bristel, 6-0; 3, Don Johnson, Lansdowne-Aldan, 5-10; 4, Bill Elliott, Oxford, 5-8; 5, Bob Paraschos, Swarthmore, 5-8; 6, Milke MacCrone, Swarthmore, 5-8; (Quali-hring height, 6-4).

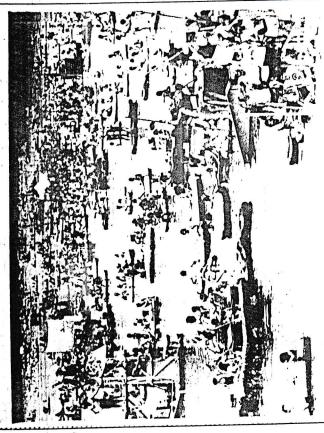
Long jump — 1, James Lewis, Holy Ghost Prep, 21-7; 2, Andy Griffin, NCCT, 21-2; 3, John MacMillan, Avon Grove, 20-81; 4, Jeff Hyden, Octorara, 20-434; 5, George Ramasco, Perkiomen Valley, 20-434; 6, Craig Eisenfeder, Unionville, 19-111/2. (Qualifying distance, 20-8).

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Shot put — 1, Reginald Hines, Darby Township, 52-21/2; 2, Randy Lieberman, Unionville, 47-8; 3, Mike Kelly, Archbishop Kennedy, 45-7; 4, Scott Clay, Poftsgrove, 44-934; 5, Zigmut Choroszy, VFMA, 43-4; 6, Steve Dell'Orefice, Garnet Valley, 43-034, (Qualifying distance, 50-71/2).

Discus — 1, John McKeon, Sharon Hill, 137-10; 2, Bill Eliott, Oxford, 128-10; 3, Russ Johnson, Darby Township, 126-5; 4, Mike Kelly, Archbishop Kennedy, 123-7; 5, Brian Kroon, Swarthmore, 122-9; 6, Dan Moran, Sharon Hill, 116-6. (Qualifying distance, 144-1).

Triple jump — 1, John MacMillan, Avon Grove, 44-0; 2, Stephen Stasheff, Lansdale Catholic, 42-91/2; 3, Eugen Hyden, Darby Township, 42-6/2; 4, Van Mantegna, Garnet Valley, 42-21/4; 5, Dean Lee, Kennett, 42-11/2; 6, Mike McAndrews, Unionville, 41-31/2. (Qualifying distance, 43-434).



THOUSANDS OF PEOPLE on anything that would float crowd the Chattahoochee River in Atlanta, Ga., during the annual Ramblin Raft

1979 Race Saturday. An estimated 250,000 enjoyed the event under sunny skies. Photo by UPI.

# Avon Grove's Lewis wins four district track titles

If you closed your eyes, the final dash was reminiscent of the incredible performance Maryland's Renaldo Nebemiah (Local News Correspondent)

recently put on at the Penn Relays.
Running the anchor in both the 400 and
the 1.600-meter relays. Nebemiah in the of variables on Saturday at the District I most memorable performances in the carnival's history. And, with a similar set latter race, caught and surpassed Villanova's Tim Dale down through the final meters to win and make his effort one of the School, Avon Grove's Debbie Lewis' magic was just as evident.

the field all but passed Lewis before she was able to obtain the baton and. like Nehemiah, eventually outrace the competition to the finish line. Her impressive wins on the day and she would have proba-bly gathered additional awards if not for victory in the 400 was one of four personal Running anchor in the 400 meter relay

Nehemiah comparison but was quick to talk about the University of Maryland Afterwards, she

"I did meet him once," she recalled, flashing a broad smile, "and that was

about two years ago.

"I was running for Klub Keystone, you do have thought and he had been was entered as well. I really can't re- wh was entered as well. I really can't re- won it he best male athlete award that day and how the best female award so I had a of chance to get together with him.

"I'm sure he does not remember that it if mere he does not remember that it day, that was before he really became we excellent. But, for me, that's a day I'll till excellent.

And Saturday may be a day many who witnessed her performance might not for-

# (Track boxscores, Page 14)

diving rain, whild swell skies and a track we which resemble a swimming pool. In each of her four wins Lewis did not approach her times and distance take won the horig jump as well as the 100-mere of dash. 204-meter dash, and 400-meter another relays her achieved at last years and edistrict championship and felt that the powerabler was indeed the decisive factor. get. The conditions were miserable.

in the relay. "Our team was really proud of the re-

"Overall," she added,"I was pleased with the way things turned out, especially

# WCEast relay team looks to Shippensburg

Sharon Hill won the Class AA title with a 67 points. None of the healt beans was—able to stay close, but they waped their own battle Garnet Valley [33] was fulft, Oxford (\$5) stuth. Kennett (\$2) seventh. Unionville (\$7) eightli. Avon Grove †24 first in the javelin.

Coatesville's Terry Anderson was fourth (4:25.63) in the 1600-meter run, followed by teammate Rick King (4:25.77).

said. "Maybe the tension was greater and they need to run relaxed. I just don't

tenth and Pottsgrove (20) eleventh.

"To double in the 200 and 400 is one of the toughest things to do." Kennett coach Charles Lewis said. "In most meets, they

Unionville's Randy Lieberman, second in 14 (4.8) in the shoppit, Orford's Bill Elliot. Use Revend (128-10) in the discus, and Jell Elliot. Be Harelow, first (162-8) in the javelin on the Friday, Avon Grove's John MacMillan, first (4.0) in the triple jump the also was for third in the long jump; Northern Chester Met Chanty's Andy Griffin, second (21-2) in Met (13-4) in the long jump; St. Phur Tony Verper. We the long jump; St. Phur Tony Verper. We trist (2:00.8) in the 800 run; and Garnet. A Newley's Van Sowell; second (11.8) in the the 100, and Rick Lehman, second of the (100.94) in the 1200 run.

beaten us earlier in the season and we wanted revenge. So we went out and gave

you have to be more concerned with place than with time. On a clear, dry day, I would have probably been upset with my wasn't concerned with time because of the weather. On a day like this, I think it all we had.

still finished with the second highest point total. In Class AA Unionville finished third with 48 points, Octorara came in fourth with 40. In Class AAA the winner times but not today."

Overall, Avon Grove finished second in Overall, and Crove finished to Perits competition (Class AA) losing to Perkiomen Valley 128-70. Adding participatwas Wissahickon-with 57 points while Coatesville came in a disappointing eighth ing schools from Class AAA, Avon Grovi

Valley drifting between Class AA and AAA, Avon Grove might have returned as If not for the vacillation of Perkiomer class champions.

"The size of their school seems to change from year to year and two years "That is a very strange situation," said Avon Grove coach Keith Maurer, completing his first year as track mentor.

back in our division and I guess that their student population is right on the border. ago, they won the districts but last year, they were classified in AAA. Now, they're They keep shifting back and forth and this

year, they were put in with us."

Maurer went on to explain that "I was pleased with our whole team and every-

and that the distances were lower than I was a bit surprised that we were run tion that the rain affected the field event ning as well as we were. There's no ques he added

Unionville in the AA high jump ther \$-6 was the highest height reached in the two-McKim in the discus. Other area winners were: Missy Helak of Conestoga in the AAA long jump and Candy Cashell of Unionville In the AA high jump Ther \$-6 first-place finishers included Jamell McMillan in the triple jump and Arlene Aside from Lewis, other Avon Grove

# But their times, were good enough for the teaster meet, as was Ed Marshall's fourth place long jump (2,4%). Other local athletes heading for Ship— op-pensburg will be Conestoga's Mite Sulli-se yan, first 4,17.94) in the 1600-meter nun. se yan, first 4,17.94) in the 1600-meter nun. se long jump, and Spring-Ford's Jeff Raatz, the Ted Robinson sixth (11.43) in the 100 and the 400 relay was fourth (44.09), but none will advance. The biggest disappointment, though, was Robinson and Ricky Stonewall in the sprints. Both had strong performances in the league meet, but they faded Saturday. "I can't say what happened," Seicher For years we've been educated about e loneliness of the long distance runner. By DAVID LANUTE

the loneliness of the long distance runner. Overlooked, however, has been the loneli-ness that most all runners experience through all levels of track competition

ond wind that is inspired when one comes out of a turn and is greeted by the cheera-of thousands in a stadium. The legs be-come lighter, the acbe of overworted lungs lessens and the impossible merges Obviously, then, it is a refreshing sec-

be more thrilled than West Chester East's 400-meter relay team of Terry Gallimore. Kelvin Butcher, Don Day and Ken Win-ston - especially Winston who just missed pionships at Delaware Valley College in on the Shippensburg State College track at the PIAA state championships. None will qualifying for the state 100- and 200-meter Many local athletes will experience those sensations for the first time next weekend when they come out of turn four

in the 100 and 22.61 in the 220 in his two specialty events Saturday, thus missing by one place an automatic invitation to The team reached the state event by coming in second in the District One event (in 43.73 seconds) to Lower Merion Winston finished third in 11.25 seconds

One of the more impressive individual performances was by Kennett's Tom Nocho who won the 400-meter race in 50.62 seconds and was second in the 200 in 23.68

are run close to each other (in the

Other local athletes who will compete in Class AA state competition include:

od wind that is inspired when one comes in our of a turn and is greeted by the cheer's of thousand in a stadium. The legs before lighter, the ache of overworked lungs lessens and the impossible merges linto the possible.

Many local athlets will experience those sensations for the first time next weekend when they come out of turn four on the Shippensburg Sitte College track at the PLA, state championships. None will be more thrilled than West Chester East's 400-meter relay team of Terry Gallimore. Kelvin Butcher, Don Day and Ken Winston - especially Winston who just missed qualifying for the state 100-and 200-meter dashes in Saturday's District One championships at Delaware Valley College in Doylestown.

The team reached the state event by coming in second in the District One event (in 43.73 seconds) to Lower Mchon (43.14).

Winston finished third in 11.25 seconds in the 100 and 22.61 in the 220 in his two specialty events Saturday, thus missing by one place an automatic invitation to Shippersburg, And like scores of others who were hampered by the horrible weather. Winston failed to meet qualifying standards that provided the only other route to the starting blocks.

Still, his points, along with Butcher's third (21.84) in the long jump and Jim Greene's second (51.9) in the team standings for Class AAA schools.

Downingtown, led by David White's victory in the 200 intermediate, hurdles, was fourth with 25 points.

The kids really felt bad about last week (The distinct outcome and fourth place in the Ches-Mont Loague championships): coach Mike Payton said. "They wanted to bring a little glory to West Chester and now they feel they we done their share! It made them feel good when they heard people around the stadium talking about West Chester East.

"The best of the deal and last week he was at the bottom. But, now! I can see he's Butcher will be doubling this weekerd line and long jump and since his long jump and double since his long jump and douth here ally started to go a little falt and last week he was at

7

Whippet White to run

Whippet White and Great
Downingtown's White and Great
Valley's Al Kohnle ran in the slow beat of
the intermediate burdles, but their ongoing rivalry pushed them to the fastest
times — White finishing in 39.70 seconds
and Kohnle in 39.91.

White ran in the district meet last year,
but failed to place I foresased coaching by
first year assistant Bob Sterner and maturity on White's part has turned it around.

"It's taken him a couple of years to realize his capabilities." Downingtown coach Charle Seicher said. "He's just gotten intense in his interests in track. Now he believes he belongs with these (talented) guys."

(talented) guys."

Drew Proctor triple jumped 449 ¼ for fourth place, but the distance was erough to qualify him for the state meet. Steve Orth was third (49-11%) in the shotput.

can't say what happened," Seicher said, "Maybe the tension was greater and they need to run relaxed. I just don't how."

Conterville's Terry Anderson was so fouth (4.55 %) in the 1800-meter run, followed by teammate Rick King (4.55.77).

first in the javelin.
Sharon Hill won the Class AA title with
67 points. None of the local teams was
able to stay close, but they waged their
own battle. Garnet Valley (35) was fifth.
Oxford (35) stath. Kennett (27) sewenth.
Unionville (27) eighth, Avon Grove (22)

Charles Lewis said. "In most meets, they the are run close to each other (in the first schedule)."

Other local athletes who will compete the in Class AA state competition include:

be first (2.00.08) in the 800 run and Garnet
Valley's Van Showell, second (11.66) in
te the 100, and Rick Lehman, second
e: (10.00.94) in the 2000 run.

.1

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t AAA long jump and Candy Cashell of Concision in the AAA long jump and Candy Cashell of Chichoville in the AA high jump (her 5-6 was the highest height reached in the two-day competition).

# C-M sprinters star in districts [2] PIA A DIST. 1 1841 1979

By DAVID LANUTE (Local News Correspondent)

There's been some magnificent competition in the sprinting events around the Ches-Mont League track and field circuit this spring, and from all indications, it's going to continue right through the district meet.

Downingtown's Ricky Stonewall and Ted Robinson, West Chester East's Ken Winston and Terry Gallimore and West Chester Henderson's Clarence Clary resumed their now weekly battles yesterday as the 55th annual District One championships for boys got underway at Delaware Valley College in Doylestown, Bucks County.

All of them qualified for a return to the blocks today in the semifinal races of the 100 and 200-meter events. (This is the first year for meter distances in the district meet.) Not only was pride at stake today, but also advancement to the finals and a trip to next week's PIAA state championships at Shippensburg State College.

Went flat

"I just hope we do well," East coach Mike Payton said. "Downingtown hit that hot streak in the 100 last week (in the Ches-Mont League championships) and we went flat. Track is strange like that. One event can ruin your whole day." Stonewall and Robinson finished one,

Stonewall and Robinson finished one, two in the 100 last Saturday, to set the tone for Downingtown's surprisingly easy meet victory. East was hoping to sneak into second place, but finished fourth. And Clary provided the only bright spot for Henderson on an otherwise dreary day with victories in the 220 and 440.

"He (Clary) deserves everything he gets," Henderson coach Bob Friday said. "He's taken good ability and worked hard to get everything out of it. He worked with weights and did a lot of indoor distance running over the winter."

East second

Except for Clary, the group is also competing in the 400-meter relay for their respective schools. East, with a team of Gallimore, Kelvin Butcher, Don Day and

Winston, had the second fastest time (43.18 seconds) behind Lower Merion (42.91) in vesterday's trials.

East and Downingtown were the only Ches-Mont schools to compete in the 1600-meter trials and both made it to the finals, but Downingtown will have to work hard to place as it will run in the final's slow heat.

The Whippets also advanced in the 3200meter relay, as did Coatesville.

Downingtown's David White, the premiere hurdler in the league this year, advanced to the semifinals in the 110 high hurdles and the finals in the 300 intermediate hurdles. Also advancing in the high hurdles was Henderson's Jeff Streets and Great Valley's Rob Gerwig.

Al Kohnie of Great Valley also advanced to the finals of the intermediate hurdles.

East's Butcher finished third in the long jump with a leap of 21 feet, 8½ inches. The jump was long enough to qualify him for the state meet, along with winner Tom Barr (21-11½) of Owen J. Roberts and

Coatesville's Ed Marshall (21-614), who finished fourth.

Rantz wins javelin

In the only other Class AAA final yesterday, Spring-Ford's Jeff Rantz won the javelin, but his winning distance was unavailable as the judge failed to turn in the tabulation sheet.

In Class AA competition, Oxford's Jeff Havelow won the javelin with a throw of 162 feet, five inches. Rob Marker (154-4) of Garnet Valley, was second, and both will go to the state meet.

Bill Elliot of Oxford was fourth in the high jump at 5 feet 8. Pottsgrove's Jay Carter won the event on fewer misses at six feet.

Garnet Valley's Dean Hillas was second in the pole vault at 11 feet 6.

Brian Stoltzfus of Octorara was the only Southern Chester County League contestant in the 300 intermediate hurdles, and although he was second in his heat, it wasn't good enough to advance him to this morning's finals.

# Unionville girls 1979 sweep high jump

By MARK BROWN
(Local News Correspondent)

In yesterday's opening session of the two-day District I Girls' Championship Meet at Bensalem High School in Bucks County, Unionville took the top three places in their speciality, the high jump.

Winner Candy Cashell tied her own personal record of 5-6 and figures to be a formidable force in next week's state championships at Shippensburg State College. In addition to Cashell, Indians' Jackie Jamison (second place) and Bonnie McLennon (third) completed the sweep. In fact, five of the top six finishers in the high jump came from local schools.

Afterwards, sophomore Cashell, who finished second in the state last year as a freshman, admitted that breaking her extending mark was a lear possibility.

isting mark was a 'ear possibility.

"I have jumpe' 5-8 already this season," she admitt 4,"but I knew that

might be out of reach.

"I injured my back during a meet earlier this year, and it has hurt from time to time. It would have been nice to break my previous height, but I really didn't think I

could do it with the injury."
.....Yesterday's cool, wet weather had coaches and runners alike concerned about the possibility of pulled muscles. But, for what must have seemed like hours while stuck on the Pennsylvania Turnpike, that was the least concern for East coach Bob Benz.

Benz was driving sprinter Joy Joseph to the meet when they suddenly found themselves snared in traffic about 12 miles from their exit. By the time they arrived

at the stadium. only the triple jump was being contested. Joseph, entered in the 200-meter run, had missed her event.

"I suppose she had as good a chance as anybody else in the trials," Benz said last night. "I really don't know if she would have advanced to today's final or not. That's pure speculation. Luckily, (since she's a junior) she'll have another chance next year. And, she will be running today is the 1600 meter relat."

in the 1600-meter relay."

Coach Jeanne Burns' Coatesville unit scored well in the trials for today's 100-meter hurdles final. The Raiders' Linda Boynes turned in the third fastest time by covering the distance in 15.1 seconds. Only Phoenixville's Marian Ambrose, moved faster: her 14.4 was the quickest time recorded. Coatesville's Monica Moore, with a time of 15 seconds flat recorded the second fastest time overall, but ran in the heat in which Ambrose was clocked fastest.

In the 100-meter dash, area runners who qualified for today's district champion-ship include Sue Bruce of Coatesville, Stacy Weldon of Henderson, and Ambrose. Of those qualifiers, Weldons' 12.72 for the 100 meters was the best time recorded.

In related developments, Missy Helak of Conestoga won her beat in the 220 (25.92) with Weldon placing second (26.24). Both have qualified for the district championship scheduled for today. In additional field events, Moore finished third on the triple jump (conducted in a driving rainstorm) with a distance of 35.4, and the Raiders' Voncille Grove took fourth in the shot put with a distance of 35-10.

ng on a the 400 relay.

m." ing the was in back of

"it was

"The 400 relay was a shock," said Ryales. "I saw all those teams and said, 'Wow, no way.' But it was funny, when we got to the paddock, we heard all the other teams say, 'There's Wissahickon, there they are.' They were shooting for us."

"Today I had a pretty good start in both races," Sydnor said, "I really thought I was going to lose to Bey. But I got that good start.

the boo micels in . ba. bi

"I like the 220 better because I have time to bring it back up, if I start out slow."

William Tennent's Dan Friedman

meet. The 200 meters is my best event because it takes stamina. The weather didn't bother me. I kept my sweats on and did some extra stretching."

Now Ware has a chance for a PIAA state title. The PIAA state week is Friday and Saturday in Shippensburg.

"I hope to win both up there," Ware said. "I'll do a lot of 440s this week."

### 5/19/79

### Track summaries



### Boys

### DISTRICT ONE BOYS TRACK CHAMPIONSHIPS

DISTRICT ONE BOYS TRACK CHAMPIONSHIPS At Delaware Valley College Individuals and teams listed in bold type have qualified for the PIAA state championships, scheduled for Friday and Saturday in Shippensburg.

AA 100 meter dash: 1, Robert Ware, VFMA, 11.45; 2, Van Showell, Garnet Valley, 11.66; 3, Bill Kyle, Swarthmore, 11.84; 4, Ken Rouse, Holy Ghost Prep, 11.26; 5, Lamont Burton, Darby Township, 12.02.

AAA 100 meter dash: 1, Chris Sydnor, Radnor, 10.96; 2, Xavier Bey, Lower Merion, 11.18; 3, Ken Winston, West Chester East, 11.25; 4, Brian McCutcheon, Penncrest, 11.33; 5, Keith Dean, North Penn, 11.34. Penn. 11.34.

Penn, 11,34.

AA 200 meter dash: 1, Robert Ware, VFMA, 22,98;
2, Tom Nocho, Kennett Square, 23,68; 3, Bill Kyle, Swarthmore, 23,68; 4, Dean Lee, Kennett Square, 23,71; 5, Tom Christman, Pottsgrowe, 23,96.

AAA 200 meter dash: 1, Chris Sydnor, Radnor, 22,27; 2, Brian McCutcheon, Chichester, 22,59; 3, Ken Winston, West Chester East, 22,61; 4, Clarence Clary, West Chester Henderson, 22,87; 5, Paul Ierubino, Council Rock, 23,36.

Clary, West Criester Henderson, 22.87; 5, Paul Ierubino, Council Rock, 23.36.

AA 110 meter high hurdles: 1, Ray Glemson, Holy Ghost Prep, 15.59; 2, Stan Dixon, Bristol, 15.72; 3, Gary Soliwoda, Avon Grove, 16.24; 4, Art Lastoskie, Pottsgrove, 16.28; 5, Brian Stoltzfus, Octorara, 16.55

16.55.
AAA 110 meter high hurdles: 1, Xavier Bey, Lower Merion, 14.75; 2, Tim Lewis, Pennridge, 14.81; 3, Rick McCracken, Interboro, 15.16; 4, Rick Young, Neshaminy-Langhorne, 15.31; 5, Rob Gerwig, Great Valley, 15.49.

Ad 300 meter intermediate hurdles: 1, Bob Fulten-love, Sharon Hill, 39,46; 2, Mike King, Darby-Celwyn, 40,45; 3, Craig Baudendistei, Holy Ghost Prep, 40,83; 4, Ray Glemser, Holy Ghost, Prep, 41,14; 5, Eric Swanson, Perkiomen Valley, 41,65.

AAA 300 meter intermediate hurdles: 1, Dave White, Downinglown, 39,70; 2, Al Kohnle, Great Valley, 39,91; 3, Grea Matusky, North Penn, 40,09; 4, Steve Phelan, Pennsbury, 40,11; 5, Gunar Avots, Central Bucks East, 40,23.

AA 400 meter dash: 1, Tom Nocho, Kennett Square, 50,62; 2, Vincent Clark, Darby Township, 50,45; 3, Bob Fultenlove, Sharon Hill, 50,83; 4, Al HAnyecz, Holy Ghost Prep, 51,80; 5, Joe Loggie, 51

HAnyecz, Holy Ghost Prep, 51.80; 5, Joe Loggie, St. Pius X, 52.24.

AAA 400 meter dash: 1, Russell Carter, Lower Merion, 47.63; 2, Paul Ierubino, Council Rock, 49.17; 3, Clarence Clary, West Chester Henderson, 49.20; 4,

3. Clarence Clary, West Chester Henderson, 49.20; 4, Craig Rainey, Chester, 49.20; 5, Blake Inman, Lower Merion, 50.22.

AA 800 meter run: 1, Tony Yerger, St. Pius X, 2:00.08; 2, Ethan Landis, Swarthmore, 2:02.35; 3, Jim Taylor, Swarthmore, 2:02.50; 4, Bruce Fullenlove, Sharon Hill, 2:03.72; 5, Tony Wilson, Kennett Square, 2:03.88

Jamin (Aylor), warrinmore, 2:02.50; 4, Bruce FullenJove, Sharon Hill, 2:03.72; 5, Tony Wilson, Kennett
Square, 2:03.88.

AAA 800 meter run: 1, David Long, Ridley,
1:54.41; 2, Edwin Meade, Pennsbury, 1:55.72; 3,
Donnell Allen, Springfield (M), 1:56.57; 4, Tom
Hoban, Central Bucks East, 1:58.52; 5, Lou Casale,
Central Bucks West, 1:59.31.

AA 1600 meter run: 1, Ethan Landis, Swarthmore,
4:30.16; 2, Jim Taylor, Swarthmore, 4:30.66; 3, Jeff
Turner, Unionville, 4:40.10; 4, Pat Pollack, Oxford,
4:41.02; 5, Mike Mitchell, Sharon Hill, 4:43.08.
AAA 1600 meter run: 1, Mike Sullivan, Conestoga,
4:17.94; 2, Brian Wallace, Methacton, 4:21.62; 3,
Greg Sargent, North Penn, 4:24.04; 4, Terry Anderson, Coalesville, 4:25.63; 5, Richard King, Coalesville, 4:25.73.

AA 3200 meter run: 1, Jerry Blauvelt, Sharon Hill.

AA 3200 meter run: 1, Jerry Blauvelt, Sharon Hill, 9:59.03; 2, Rick Lehman, Garnet Valley, 10:00.94; 3, Pat Pollack, Oxford, 10:05.57; 4, Corey Stricklin, Unionville, 10:06.53; 5, Ken Glah, Bishop Shanahan, 10:10.84

Unionville, 10:06.53; 5, Ken Giah, Bishop Shanahan, 10:10.86.

AAA 3200 meter run: 1, Bill Godschall, Interboro, 9:27.31; 2, Scott Zeckzer, Council Rock, 9:28.39; 3, Mark Schaeffer, Central Bucks West, 9:34.41; 4, Brent Barnhill, Central Bucks East, 9:36.94; 5, Steven McGready, Pennridge, 9:41.11.

AA 400 meter relay:1, Darby Colwyn (Rob Brown, Ray Thomas, John Rovers, Mike King), 45.59; 2, Darby Twp., 45.71; 3, Unionville, 46.15; 4, Octorara, 46.44; 5, Holy Ghost, 46.71.

AAA 400 meter relay:1, Lower Merion (Russell Whaley, Blake Inman, Russell Caler, Xavier Bey), 43.14; 2, W.C. East, 43.73; 3, C.B. West, 43.78; 4, Downingtown, 44.09; 5, Abington, 44.11.

AA 1600 meter relay:1, Darby Twp. (Tony Jones, Chuck Mason, Kendrick Ellison, Vincent Clark), 3:29.11; 2, Holy Ghost, 3:30.60; 3, Sharon Hill, 3:31.93; 4, 51. Plus, 3:35.27; 5, Landsdale Catholic, 3.44.4100 mater relay:1, Daws Marion (Bryan)

AAA 1600 meter relay:1, Lower Merion (Bryant Spry, Blake Inman, Xavier Bey, Russell Carter), 3:21.44; 2, Abington, 3:23.33; 3, C. B. West, 3:25.03; 4, Chester, 3:25.74; 5, U. Perkiomen, 3:25.82.

AA 3200 meter relay: 1, Sharon Hill (Bob Fu, Dave

Ruber, Don Hess, Bruce Fullentove), 8:22.00; 2, Darby Twp., 8:24.05; 3, Kennett, 8:25.85; 4, Perk. (Yv., 8:39.69; 5, Holy Ghost, 8:41.04, AAA 3200 meter relay:1, Chester (James Whar-

AAA 3200 meter relay:1, Chester (James Wharton, Carl Lancaster, Jonathan Wright, Craig Rainey), 7:57.02; 2, C.B. East, 7:57.60; 3, Council Rock, 8:00.68; 4, Upper Moreland, 8:04.11; 5, Wilson, 8:07.70.

AA Shot put: 1, Reginald Hines, Darby Twp., 52-2

Son. 8:197.70.

AA Shot pul: 1, Reginald Hines, Darby Twp., 52-2
1/s; 2, Randy Lieberman, Unionville, 47-8; 3, Michael
Kelly, A. Kennedy, 45-7; 4, Scott Clay, Pottsgrove,
44-9-34; 5, Zigmut, Choroszy, VFMA, 43-4.

AAA Shot pul: 1, Dan Friedman, Tennent, 55-0 ½;
2, James Greene, W.C. East, 51-9; 3, Steve Orth,
Downingtown, 49-11-34; 4, Kevin Witchey, Wissahickon, 49-9 ½; 5, Paul Meduli, Pennsbury, 49-8.

AA Discus: 1, John McKoen, Sharon Hill, 137-10; 2,
Bill Elliot, OxFord, 128-10; 3, Russeit Johnson, Darby Twp., 126-5; 4, Michael Kelly, A. Kennedy, 123-7;
5, Brian Kroon, Swarthmore, 122-9,
AAA Discus: 1, Dan Friedman, Tennent, 168-3; 2,
Glenn Wright, Council Rock, 142-4; 3, Mike Burke,
Ridley, 137-2; 4, Mark Berhauser, N. Penn, 136-9; 5,
Lance Stark, Phoenixville, 132-10.

AA Triple jump: 1, John McMillan, Avon Grove,
44-0; 2, Stephen Stasheff, Lansdale Catholic, 42-9 ½;
3, Eugene Hyden, Darby Twp., 42-6 ½; 4, Ven Mantegna, Garnet Valley, 42-2 ¼; 5, Dean Lee, Kennett,
42-1 ¼.

AAA Triple jump: 1, Larry Mercadante, Council
Pook, 44-8 ½; 4, Wen Schusztkill, 14-114.

AAA Triple jump: 1, Larry Mercadante, Con Rock, 46.8 %; 2, Kurt Schwartz, U. Moreland, 45.5; 3, Tony Calamero, Wissahickon, 45.4 %; 4, Drew Proctor, Darby Twp. 44.9 %; 5, Terrance Pittman, Chester, 43-5 1/2.

Chester, 43-5 ½.

AA Long iump: 1, James Lewis, H. Ghost, 21-7; 2,
Andy Griffin, NCCT, 21-2; 3, John MacMillan, Avon
Grove, 20-6 ½; 4, tie between Jeff Hyden, Octorara,
20-4 ¾ and George Ramasco, Perk. Vly, 20-4 ¾.
AAA High jump: 1. Tony Fiorentino. U. Merion, 6-6 ¼; 2, Tim Lynch, C. Rock, 6-4; 3, Jeffery Streets,
W.C. Renderson, 6-4; 4, John Hinks, Abington, 6-4; 5,
Jeff Spahr. Penncrest, 6-4.

Jeff Spahr, Penncrest, 6-4.

### Girls

### DISTRICT ONE GIRLS TRACK CHAMPIONSHIPS

At Bensalem High
Individuals and teams listed in bold type have qualified for the PIAA state championships, schedJled for Friday and Saturday in Shippensburg.

AA 100 Meter Hurdles: 1, Kim Knickerbocker,
Perkiomen Valley, 15.4; 2, Anne Bowie, Swarthmore, 15.4; 3, Cathy Bragaw, Kennett, 15.9; 4, Lori
Cuono, Perkiomen Valley, 16.0; 5, Tracey Trent,
Darby Twp. 16.8.

Cuono, Perkiomen Valley, 16.0; 5, Tracey Trent, Darby Twp., 16.8.

AAA 100 Meter Hurdles: 1, India McCellan, Norristown, 14.7; 2, Marian Ambrose, Phoenixville, 15.0; 3, Lois Hatzenbeller, Tennent, 15.1; 4, Linda Boynes, Coaresvine, 15.2; 5, Katie Ryan, North Penn, 15.60.

AA 3200 Meter Relay: 1, Perkiomen Valley (Trish Malischewski, Julie Wirth, Joanne Kehs, Valerie Laudenslager), 9:42.0; 2, Garnet Valley, 10:11.9; 3, Kennett, 10:13.6; 4, Pottsgrove, 10:29.9; 5, Unionville, 10:32.5.

AAA 3200 Meter Relay: 1, Council Pock (Maranet

AAA 3200 Meter Relay: 1, Council Rock (Margret Hanrahan, Kathy Morissey, June Robinson, Mary Turner), 9:38.0; 2, North Penn, 9:30.5; 3, Upper Darby, 9:43.2; 4, Wissahickon, 9:43.8; 5, Conestoga, 9:57.2.

AA 400 Meter Relay: 1, Avon Grove (Patty Anderson, Janell McMillan, Barb Henderson, Debbie Lewis) 51.84; 2, Perkiomen Valley, 51.87; 3, Oxford, 52.0; 4, Kennet, 52.15; 5, Octorara, 52.6.

AAA 400 Meter Relay: 1, Wissahickon (Cricket Cupid, Whoopie, Sharon Bunio, Rene Ryales) 49.51; 2, Abington, 49.6; 3, Coatesville, 49.9; 4, Chester, 50.2; 5, Pennridge, 50.6.

AA 400 Meter Dash 1, Karla Washington, NCCTS, 1:00.3; 2, Renee Jarmon, Kennett, 1:00.4; 3, Valerie Laudenslager, Perkiomen Valley, 1:01.6; 4, Bonnie McLennon, Unionville, 1:02.5; 5, Martha Maurer, Oxford, 1:03.5 McLennon, Un Oxford, 1:03.5.

AAA 400 Meter Dash: 1, Lori McCauley, Pennridge, 56.1; 2, Marcia Martin, Radnor, 56.5; 3, Carol Sames, North Penn, 58.0; 4, Patrina Lee, Abington, 59.0; 5, Debbey Morris, Lower Merion, 59.4

Abington, 57.0, 5, 50.55.

59.4.

AA 800 Meter Run: 1, Trish Malischewski, Perkiomen Valley, 2:22.4; 2, Dawn Finley, Octorara, 2:29.5; 3, Sue Hanling, St. Pius, 2:30.7, 4, Jill Jarnieson, Unionville, 2:34.8; 5, Joanné Kehs, Perkiomén Valley, 2:35.8.

son, Unionville, 2:34.8; 5, Joanne Kehs, Perkiomen Valley, 2:35.8.

AAA 800 Meter Run: 1, Kim Gallagher, Upper Dublin, 2:09.4; 2, Carla Maurer, Hatboro-Horsham, 2:13.6; 3, Jane Robinson, Council Rock, 2:18.7; 3, Gwyn Tracy, Conestoga, 2:20.1; 4, Beth Good, Upper Dublin, 2:21.9; 5, Tammi Williams, Norristown, 2:22.0.

AA 200 Meter Dash: 1, Debbie Lewis, Avon Grove, 25.9; 2, Sue Lindner, Yeadon, 26.7; 3, Roxanne Asbury, Darby-Colwyn, 27.59; 4, Pattly Anderson, Avon Grove, 27.9; 5, Diann Marinkov, Perkiomen Valley, 28.7.

AAA 200 Meter Dash: 1, Rene Ryales, Wissahick-

Valley, 28.7.

AAA 200 Meter Dash: 1, Rene Ryales, Wissahickon, 25.8; 2, Jill Counts, Delhaas, 26.00; 3, Trina Russell, Abington, 26.00; 4, Sue McCaffrey, Wissahickon, 26.6; 5, Renee Burrows, Delhaas, 26.8.

AA 3200 Meter Run: 1, Marva Small, Notre Dame, 1:00.1; 2. Marisa Schmitt, Gwyneed-Mercy, 11:24.7; 3, Lillie Wirth, Perkiemen Valley, 11:37.5; 4, Rossemarie Glah, Bishop Shanahan, 11:57.6; 5, Janice Oswald, Garnet Valley, 12:11.2.

AAA 3200 Meter Run: 1, Judy Rodkey, North Penn, 11:26.0; 2, Sally Drudi, Pennridge, 11:26.1; 3, Judy Shaffer, Quakerlown, 11:36.7; 4, Kathy Brusas, North Penn, 11:40.4; Lisa Capodici, Upper Merion, 11:45.4; 5, Carol Tendall, Wissahickon, 11:47.3.

AA 1600 Meter Relay: 1, Perkiemen Valley (Val Laudenslager, Joanne Kehs, Kim, Jamie Knickerbocker), 4:05.2; 2, Kennett, 4:10.7; 3, Unionvilla 4:19.0; 4, Octorara, 4:21.8; 5, Oxford, 4:25.7,

AAA 1600 Meter Relay: 1, Upper Dublin (Jewel Herder, Beth Good, Kathy Seitz, Kim Gallagher), 4:00.5; 2, Pennridge, 4:01.1; 3, Wissahickon, 4:61.8; 4, Counci. Rock, 4:02.4; 5, Radnor, 4:00.7 Greve, 17-12. 2. Kim Knickerbocker, Perkiomen Walley: 3, 11:2. Kim Knickerbocker, Perkiomen Walley: 3

AA Long Jump: 1, Debbie Lewis, Avon Greve, 17-11; 2, Kim Knickerbocker, Perkiomen Valley; 3, Rennee Toalton, Octorara, 16-9; Shawn Ellison, Darby Twp.; 16-1½; Cindy Gebhard, Unionville, 15-

934. AAA Long Jump: 1, Missy Helak, Conestoga, 17-Sauderton, 17-8½; 3, Stacy

AAA Long Jump: 1, Missy Helak, Conestoga, 17-11/2; 2, Colleen Nuschke, Souderton, 17-81/2; 3, Stacy Weldon, Henderson, 17-21/2; 4, Cheryl Shippen, Lower Merion, 17-0/2;5, Mary Marcello, Bensalem, 17-0, AA Triple Jump: 1, Janell McMillan, Avon Grave, 33-9/4; 2, Melissa McIntire, Octorara, 33-7; 2, Lori Cuono, Perkiomen Valley, 33-3; 4, Dawn Thomas, Octorara, 4; Albion, Swarthmore, 32-7/2.

AAA High Jump: 1, Marcia Martin, Radnor, 5-5; 2, Nancy Gaelsel, Council Rock, 5-4; 3, Gina Bearns, Pennridge, 5-3; 4, Kelly Halligan, Marple-Newtown, 5-3; 5, Belinda Ben, Coatesville, 5-2.

AA Shot Put: 1, Anna Martorana, Perkiomen Valley, 32-3; 3, Barb Terry, Darby Twp., 31-6/2; 4, Karen Dazio, Unionville, 30-5/4; 5, Debbie Gilbert, Garnet Valley, 29-8.

Valley, 29-8.
Discus: 1, Arlene McKim, Avon Grove, 92-3; 2,
Peggy Owens, Perkiomen Valley, 88-11; 3, Anna
Martorana, Perkiomen Valley, 88-3; 4, Debbie Gilbert, Garnet Valley, 87-6; 5, Lorriane Durnan,
Ovford 84-4. Oxford, 86-6

### Inter-Ac

### INTER-AC TRACK CHAMPIONSHIPS

INTER-ACTRACK CHAMPIONSHIPS

At Germanlown Academy
Pole Vault: 1, Alex Bruhn, Haverford, 11-0; 2,
Mike Hill, Chestnut Hill, 10-6. Shot Pult: 1, Jordie
Maine, Chestnut Hill, 10-6. Shot Pult: 1, Jordie
Maine, Chestnut Hill, 41-5; 2, Chris Bassett, Penn
Charter, 39-9½, Long Jump: 1, David Smith, Episcopal, 20-3½; 2, Jim Golden, Penn Charter, 19-10-½,
High Jump: 1, Kirk Griswold, Germantown, 5-11;
2, Paul Sullivan, Haverford 5-10. Triple Jump: 1,
Jim Golden, Penn Charter, 40-9½; 2, Jim Dodge,
Episcopal, 40-5½. Mile Run: 1, Chris Shaffer, Episcopal, 4:32-6; 2, John Blough, Germantown, 4:40.3,
120 High Hurdles: 1, Larry Jones, Episcopal, 15:9;
2, Brian Wall, Malvern Prep, 16-1, 100 Yard Dasa: 1,
George Bailey, Chestnut Hill, 10-2; 2, Larry Torner,
1a, Haverford, 10-3, 440 Dash: 1, Roger Hebden,
Haverford, 52:2; 2, George Bailey, Chestnut Hill,
52:3,

Two Mile Run:: 1, Chris Shaffer, Episcopal, 10:14; 2, John Blough, Germantown, 10:25.8, 339 Intermediate Hurdles: 1, Larry Jones, Episcopal, 42.1; 2, John Cannon, Germantown, 42.1, 220 Dash: 1 George Bailey, Chestnut Hill, 22.7; 2, Larry Toresta, Havertord, 23.8, 880 run: 1, Garry VanArkel, Havertord, 2:14, 4, Bruce Levin, Penn Charter, 2:05. Mile Reley: 1, Haverford, 3:37.8; 2, Penn Charter, 3:41.6

Team Scoring: 1, Episcopal, 55; 2, Haverford 42; 3, Chestnut Hill Academy 35; 4, Malvern gend, 36; 5, Germantown Academy 35; 4, Malvern gend.

Germantown Academy 35; 6, Malvern Prep 17.

### Rain mars District 1 track efforts

By Don McKee 5/18 Devastating rains held down times, heights and distances at the District One track championships yesterday, which certainly cost a lot of area trackmen the chance to advance to next weekend's state meet.

The excellent all-weather facility at Delaware Valley College in Doy-lestown was innundated by rains and the field events were nearly washed out all together. The Class AAA pole vault was postponed until tomorrow afternoon because the downpour made it too dangerous for

the contestants to jump.
That did not affect the AAA team scoring however, as Lower Merion had 51 team points to Council Rock's 50, and the Aces still had two competitors in the pole vault, while the Indians had none. Thus the team trophy was awarded to Lower Merion despite the incomplete results. It was Lower Merion's first district

It was Lower Merion's lirst district championship since 1966.

Sharon Hill won the Class AA championship for the first time since 1958, beating out Del-Val B League rivals, Swarthmore and Darby Township. Sharon Hill compiled 67 points, Swarthmore 62½ and Darby Township screed 58.

Darby Township scored 58.

Team scoring is based on the first six finishers in an event, on a 10, 8, 6, 4, 2, 1 basis.

Individuals qualify for the state championship meet either on place or on effort. The two top finishers in each event, advance to the state championship regardless of their time, height or distance. After that, however, a competitor must meet a qualifying standard (based on the top 10 efforts at last year's state championship meet) in order to

Since the heavy rains depressed times in all the running events and hurt distances and heights in field events, fewer District One competitors than usual advanced. The state championship meet will be held Friday and Saturday at Shippensburg State College.

One ironic quirk was provided by new circumstances however - since this was the first year the track events were run in meters, rather than yards, all winning times automatically are District One records.

One strong competitor who advanced handily despite the weather was William Tennent's Dan Friedman, who won both the shot put and discus for the second straight year. Friedman, a Big 33 football player who is heading for Maryland on a track scholarship, is the defending PIAA discus champ and was the fourth place finisher in the state in fourth-place finisher in the state in shot put last year.

He won the discus with a throw of 168 feet, 3 inches, far off his personal best of 182 feet (set in a dual meet against Norristown). He put the shot 55-0½, close to the 56 feet he did in

the Penn Relays.
"In the discus, I'm pretty confident (of repeating as state champ)," he said, "as long as I get it out there. Lately I haven't been throwing too well I don't know what it is All I can do is keep throwing and hope I can

get it down.
"I like being the defending champ. It puts a lot of pressure on you, be-cause people expect a lot from you, but I think I do better under pres-

Perhaps the greatest pressure in the meet fell on Lower Merion's 1,600-meter relay team. The Aces who were to win by just a single point — had to finish first in the day's last event while Council Rock

tays as teven while couldn't rock finished nowhere.

They won. With Bryant Spry, Blake Inman, Xavier Bey and defending state 440 champion Russell Carter carrying the sticks, the Aces ran it in 3:21.44. They beat Abington (3:23.33) handily.

Earlier, Bey had won the 110-meter intermediate hurdles and finished second to Radnor's Chris Sydnor in the 100-meter dash. Carter won the 400-meters to pile up points and the Aces also had won the 400 relay. Sharon Hill's situation was equally

desperate, as Swarthmore led, 611/2with only the 1,600-meter relav left. But third place in that event secured the title for the Owls, as Swarthmore finished sixth. The summaries:

DIVISION AAA
Team fotals — Lower Merion 51, Council Rock \$6,
West Chester-East 34, Dewringfown 25, William Tennent
72, Radinor 21, Upper Moreland 20, North Penn 20, Cen-

trail Bucis: West 20, Abington 20, Chester 20, Central Bucis: East 14, Rider 17, Methacton 16, Invertage 16, West Chester-16, Reder 17, Methacton 16, Invertage 18, West Chester-16-desire

Rich Haffärbsdar, William Terment, 21-40; 4, Beb 310ne, 5, 50m Valley, 21-4, (Quallyring distance, 21-14).

High Jorné — 1, Tary Fiermettea, Ulpoer Marcien, 444; 2, 17m. Lyrch, Caucule Rieck, 4-41; 3, 19m. Hicks, Alboyslew, 4-41; 5, 19m. Hicks, 4-41; 19m.

Treety, 3-51, 5, rotes mackcreine, Swarmerey, 3-19 (Development, 3-51), American Service, 19-10, 19-

in function at all a leases \$1 km | 1 km | 1

baseball team in the universe has chance are those with names like Wi

# vet. Looking on are Phil coach Billy DeMars, base win in the rain-delayed game. Staff photo by Bill baseball lear in the runner Mike Anderson, Expo shortstop Chris Speier Stoneback. C-M Sprinters Star in districts

By DAVID LANUTE (Local News Correspondent)

There's been some magnificent competition in the sprinting events around the Ches-Mont League track and field chrouit within spring, and from all indications, it's going to continue right through the district meet.

Downingtown's Ricky Stonewall and to Ted Robinson, West Chester East's Ken Ted Robinson, West Chester East's Ken Winston and Terry Gallimore and West in Chester Hendernon's Clarence Clary resumed their now weekly battles yesterday. Has as the 55th annual District One champlon. We ships for boy's got underway at Delaware Valley College in Positional Processing Control of the College of th

All of them qualified for a return to the to blocks today in the semifinal races of the wa 100 and 200-meter events. (This is the first ruyear for meter distances in the district meet.) Not only was pride at stake today, but also advancement to the finals and a cut trip to next week's PIAA state champion. College in Doylestown, Bucks

Mile Payton said. "Downingtown hit that e hot streak in the 100 last week (in the e Che-Mont League championships) and (if we went flat. Track is strange like that. If Sone event can ruin your whole day."

Stonewall and Robinson finished one, hot two in the 100 last Saturday, to set the slow for Downingtown's surprisingly easy en meet victory. East was hoping to sheak in the second place, but finished fourth. And re-Clary provided the only bright spot for (lay provided the only bright spot for) (if any with victories in the 220 and 440.

The "He flary) deserves everything he dis gets." Henderson coach Bob Friday said. It is gets. "Henderson coach Bob Friday said. It is gets." Henderson coach Bob Friday said. It is gets. "Henderson coach Bob Friday said. It is gets." Henderson coach Bob Friday said. It is gets. "Henderson coach Bob Friday said. It is gets." Henderson coach Bob Friday said. It is gets. "Henderson coach Bob Friday said. It is gets." Henderson coach Bob Friday said. It is gets weight and did a lot of indoor distance be weight and did a lot of indoor distance be the second place. The worked with the minter."

Except for Clary, the group is also competing in the 400-meter relay for their respective schools. East, with a team of Gallimore, Kelvin Butcher, Don Day and

ships at Shippensburg State College.

11.....

hard to place as it will rue in the final's

meter re The Whippets also advanced in the son-eter rein, as did Coatesville.

Downingtown's David White the premry lere hurder in the league this year, adye vanced to the semifinals in the 110 highhurdles and the finals in the 200 hiermate diale hurder. Also advancing in the highthe hurdles was Henderson's Jeff Streets and
the Great Valley's Recogning the
Al Kohnie of Great Valley also adthe vanced to the finals of the intermediate.

East's Butcher finished third in the long jump with a leap of 21 feet. 84 inches. The jump was long enough to qualify him for the state meet, along with winner Tom Barr (21-11-4) of Owen J. Roberts and

Winston, had the second fastest time (3.18 seconds) behind Lower Merican finished fourth (42.9) in yesterday's trials.

East and Downingtown were the only other Class AAA final yeshing both made it to the form the form other Class AAA final yeshing to a second or the finals but Downingtown will have to work javelin, but ha winning distance was man-In the only other Class AAA final yes-terday, Spring-Ford's Jeff Rantz woo the javelin, but ha winning distance was man-vailable as the judge failed to turn in the

In Class AA competition, Oxford's Jeff Unionville girls

182 leef, five more the Javelin with a throw of 182 leef, five more. Rob Marker (1844)

will go to the state meet.

Rift print.

will go to the state meet.

Bill Elilof of Oxford was fourth in the high jump at 3 feet 8. Pottsgrove's Jay six feet. Carter won the event on fewer misses at

in the pole varit at 11 feet 6.

Finan Solutins of Octorara was the only Southern Chester County Leapne contest ant in the xt intermediate hurdles at although he was second in his heat, it wasn't good enough to advance him to this morning's from: morning's firais.

sweep high jump

By MARK BROWN (Local News Correspondent)

y In presentary's opening session of the two-day District I Girls' Championship at Meet at Benasiem High School in Bucks of County, Unforville took the top three places in their speciality, the high jump. Winner Candy Cashell title her own personal record of 5-6 and figures to be a formatical and the country of the session of the sess

Jamison (second place) and Bonnie McLennon (third) completed the sweep. In fact, five of the top six finishers in the high jump came from local schools.

Alterwards: scoponnore Cashell: who if finished second in the state last year as a freshman, admired that breaking her extension many second in the state last year as a freshman, admired that breaking her extension many second in the state last year. midable force in next week's state cham-pionships at Shippensburg State College. In addition to Cashell, Indians' Jackie

sting mark way a 'ear possibility

There jumps '5-8 already this be season,' she admitt.d, 'but I knew that omight be out of reach.

This was a mark that hurt from time to the contract of the season,' she was a season, and it has hurt from time to the season.

time. It would have been nice to break my previous beight, but I really didn't think I could do it with the injury."

wet weather had coaches and rumers alike concerned about the possibility of pulled muscles. But, for what must have seemed like hours while stock on the Pennsylvania Tumpike, that was the least concern for East coach Bob Benz. the meet when they suddenly found them-selves snared in traffic about 12 miles from their exit. By the time they arrived Benz was driving sprinter Joy Joseph to

at the stadium, only the triple jump was being contested. Joseph, entered in the 200-meter run, had missed her event.

"I suppose she had as good a chance as parybody else in the trials," Bent said last a night. "I really don't know if she would be have advanced to today's final or not. That's pure speculation. Luckity, (since she's a juntor) she'll have another chance she's a juntor) she'll have another chance. next year. And, she will be running today in the 1600-meter relay."

o moved faster; her it it was the culchest a time recorded. Coatesville's Monica conded the second fastes fine overall to the fast in which Ambrise was unit source well in the trials for today's 100-meter hurghes final. The Raiders' Linda Boynes turbed in the third fastest time by covering the distance in 15.1 seconds.
Only Phoenixville's Marian Ambrose

In the 100-meter dash, area runners who qualified for today's district exampionship include Sue Bruce of Coatesrile, Staty Weldon of Henderson, and Ambrose, Of

In related developments, Missy Helak of Conestoga won her beat in the 220 (25.29) with Weldon placing second at (25.24). Both have qualified for the district championship scheduled for tuday. In additional field events, Moore finished third on the triple jump (conducted in a diving rainstorm) with a distance of 55.4, and the Raiders' Voncille Grove took fourth in the shot put with a distance of 55.10. those qualifiers, Weldons' 12.72 for the 100 meters was the best time recorded.

11 R. Ron Leuts

### PIAA District One Meet Results

				FIA
		AA BOYS		
		METERS		
	Chris Sydnor	Radnor	10.96 11.18	
z	Xavier Bey	L. Merion METERS	11.16	
1	Chris Sydnor	Radnor	22.27	
	Brian McCutcheon	Penncrest	22.59	
	400	METERS		
1	Russell Carter	L. Merion	47.63	
2	Paul Ierubino	C. Rock	49.17	
	Clarence Clarey		49.20 49.20	
4	Craig Rainey	Chester METERS	49.20	/
1	David Long	Ridley	1:54.41	
2	Edwin Meade	Pennsbury	1:55.72	1
		METERS		1 India McClella
		Conestoga	4:17.94	2 Marian Ambre
		Methacton	4:21.62	3 Ida Hatzenbel
		North Penn	4:24.04 4:25.63	4 Linda Boynes
4		Coatesville Coatesville	4:25.63	5 Katie Ryan
		Cheltenham	4:26.63	1 Lori McCauley
·		METERS		2 Renee Ryales
1		Interboro	9:27.31	
	Scott Zeckzer	Council Rock	9:28.39	1 Renee Ryales
		ER HURDLES		2 Jill Counts
1	Xavier Bey	Lower Merion	14.75	
2	Tim Lewis	Pennridge	14.81	1 Lori McCauley
141		TER HURDLES	39.70	2 Marcia Martin 3 Carol Sames
	Al Kohnle	Downingtown Great Valley	39.91	o Carol Sames
~		ER HURDLES		1 Kim Gallagher
1	Lower Merion		43.14	2 Carla Maurer
	Russ Whaley, Blake	Inman, Russ Carte	er,	3 Jane Robinson
	Xavier Bey, Jeff M	use		4 Gwin Tracy
2	W.C. East		43.73	
		ETER RELAY	0.01.44	1 Kim Gallagher
1	Lower Merion	Taman Vanian Dan	3:21.44	2 Nancy Parker
	Brian Spry, Blake I Russell Carter, Tho			3 Sally Drudi 4 Carol Tendall
2	Abington	mus mucison	3:23.33	5 Daria Varaitis
		ETER RELAY		
1	Chester		7:57.02	1 Judy Rodkey
	James Wharton, Ca	rl Lancaster,		2 Sally Drudi
-	J. Wright, C. Raine	y, S. Goins	7:57.6	3 Judy Schaffer
	C.B. East Council Rock		8:00.68	1 Wissahickon
	Upper Moreland		8:04.11	Cricket Cupi
•		OT PUT	0.01.11	Betty Ann W
1	Dan Friedman	William Tennent	55-1/2	2 Abington
	James Greene	W.C. East	51-9	1
	HIC	H JUMP	00.00	1 Upper Dublin
1			6-61/4	J. Herder, K
2	Tim Lynch Jim Street	Council Rock	6-4 6-4	K. Gallagher
4	John Hinks	W.C. Henderson Abington	6-4	2 Pennridge 3 Wissahickon
		Penncrest	6-4	4 Council Rock
•		NG JUMP		3
1		O.J. Roberts	21-111/4	1 Council Rock
2	Jake Howard	Methacton	21-101/4	Margaret Ha
3	Kelvin Butcher	W.C. East	21-81/2	Kathy Morri
4	Edw. Marshall	Coatesville	21-61/4	2 North Penn
	Rich Hatzenbellar	William Tennent	21-41/4	3 Upper Darby
ь		Sun Valley DISCUS	21-4	4 Wissahickon
1	Dan Friedman	William Tennent	168-3	1 Wendy Whitele
	Glenn Wright	Council Rock	142-4	2 Andrea Defabio
	JA	AVELIN		
	Jeff Rantz	Springford	180-11	1 Marcia Martin
2	Ken Matthias	Upper Moreland	177-8	2 Nancy Gaebel
		PLE JUMP		o Gina Bearns
			46-8.75	4 Kelly Halligan
		Upper Moreland Wissahickon	45-5 45-4.25	5 Belinda Ben
		Downingtown	44-9.25	1 Missy Helak

77	٦			
			. *	
		•	THE PARTY	
	2.0	125		

100 1 India McClellan 2 Marian Ambrose

3 Ida Hatzenbeller

1 Missy Helak 2 Colleen Nuschke

3 Stacy Weldon

4 Cheryl Shippen

5 Mary Marcello 6 Debbie Townsend

1 Wendy Whiteley

1 Andrea Defabio

1 Betty Ann Winder 2 Cheryl Shippen

2 Lyn Sweeney

2 Kim Allison

W				,
٦	Ak	1		
			7	
4				

William Tennent

Coatesville

Pennridge

Wissahickon

Wissahickon

Delhaas 400 METERS

Radnor

North Penn 800 METERS

Upper Dublin

Council Rock

Upper Dublin

Upper Merion

Pennridge

Wissahickon

Pennsbury

Pennridge

Quakertow 400 METER RELAY

Conestoga

1600 METERS

3200 METERS

1600 METER RELAY

3200 METER RELAY

SHOT PUT

HIGH JUMP

LONG JUMP

DISCUS

JAVELIN

TRIPLE JUMP

Pennsbury

Sun Valley

Wissahickon

Lower Merion

Radnor

Pennsbury Sun Valley

Council Rock

Pennridge Marple Newtown

Conestoga Souderton

W.C. Henderson

Hatboro Horsham

Nesh. Maple Point

Lower Merion

Margaret Hanrahon, Jane Robinson, Kathy Morrissey, Mary Turner

Cricket Cupid, Sharon Bunio, Betty Ann Wynder, Renee Ryales

J. Herder, K. Seitz, B. Good,

K. Gallagher, E. Ryder

Hatboro-Horsham

100 METERS

200 METERS

North Penn

			1	Robert Ware	V.F.M.A.	
4			2	Tom Nocho	Kennett	
					400 METERS	
			1	Tom Nocho	Kennett	
			2	Vincent Clark	Darby Twp.	
	**		3	Bob Fullenlove	Sharon Hill	
Ch-	s Sidnor				800 METERS	
Chr	s Sidnor		1	Anthony Yerger	St. Pius	
A	AA GIRLS		2	Ethan Landis	Swarthwore	
M	ETER HURDLES				1600 METERS	
	Norristown	14.76	1	Ethan Landis	Swarthmore	
9	Phoenixville	15.02	2	Jim Taylor	Swarthmore	

9:43.22

9:43.86

37-91/2

5-5

5-4 5-3

5-3

17-81/8

17-1/2

16-101/4

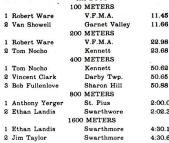
128-1

120-2

127-6

36-1

107-1/4



AA BOYS



Kim Gallagher



			OU METERS	
	1	Anthony Yerger	St. Pius	2:00.08
	2	Ethan Landis	Swarthwore	2:02.35
		1	600 METERS	
14.76	1	Ethan Landis	Swarthmore	4:30.16
15.02	2	Jim Taylor	Swarthmore	4:30.66
15.19		3	200 METERS	
15.27	1	Jerry Blauvelt	Sharon Hill	9:59.03
15.60	2	Rick Lehman	Garnet Valley	10:00.9
		110 M	ETER HURDLES	
12.41	1	Ray Glemser	Holy Ghost	15.59
12.49	2	Stanley Dixon	Bristol	15.72
		300 M	ETER HURDLES	
25.84	1	Bob Fullenlove	Sharon Hill	39.46
26.00	2	Mike King	Darby Colwyn	40.45
		400	METER RELAY	
56.18	1	Darby Colwyn		45.59
56.57		Robert Brown, J.	ohn Rivers, Ray Tho	mas,
58.03		Michael King, Ed	dward Zimmerman	
	2	Darby Twp.		45.71
2:09.47		1600	METER RELAY	
2:13.68	1	Darby Twp.		3:29.11
2:18.70		V. Clark, K. Ellis	son, C. Mason,	
2:20.15		L. Burton, T. Jon	nes	
	2	Holy Ghost		3:30.60
4:56.59		3200	METER RELAY	
5:13.20	1	Sharon Hill		8:22.0

2:09.47	1600 METER
2:13.68	1 Darby Twp.
2:18.70	V. Clark, K. Ellison, C. M.
2:20.15	L. Burton, T. Jones
	2 Holy Ghost
4:56.59	3200 METER
5:13.20	1 Sharon Hill
5:14.54	B. Fullenlove, D. Ruber,
5:15.92	Bruce Fullenlove, C. Tayl

5:14.54		B. Fullenlove, D.	Ruber, D. Hess,	
5:15.92		Bruce Fullenlove,	C. Taylor	
5:17.00	2	Darby Twp.		8:24.05
		5	SHOT PUT	
1:26.0	1	Reginald Hines	Darby Twp.	52-21/2
1:26.1	2	Randy Lieberman	Unionville	47-8
1:36.7		H	IGH JUMP	
	1	Jay Carter	Pottsgrove	6-0
9.51	2	Stanley Dixon	Bristol	6-0
		L	ONG JUMP	
	1	James Lewis	Holy Ghost	21-7
9.64	2	Andy Griffin	NCCT	21-2



49.51	2	Stanley Dixon	Bristol	6-0	
			LONG JUMP		
	1	James Lewis	Holy Ghost	21-7	- 9
49.64	2	Andy Griffin	NCCT	21-2	3
			DISCUS		
	1	John McKeon	Sharon Hill	137-10	
	2	Bill Elliott	Oxford	128-10	3
-			JAVELIN		
	1	Jeff Havelow	Oxford	162-5	
	2	Rob Marker	Garnet Valley	154-4	
		T	RIPLE JUMP		
	1	John McMillan	Avon Grove	44'	
9:28.08	2	Stephen Stasheff	Lansdale Catholic	42-91/2	
		I	OLE VAULT		
	1	Russ Bergen	Perkiomen Valley	11-6	
9:30.52	2	Dean Hillas	Garnet Valley	11-6	- (



Debbie	Lewis	

		A GIRLS		
		TER HURDLES		
		Perkiomen Valley	15.44	
2	Anne Bowie	Swarthmore	15.67	
		METERS		
	Debbie Lewis	Avon Grove	12.48	
2	Karla Washington		12.84	
7.01		METERS		
	Debbie Lewis	Avon Grove	25.97	
2	Sue Lindner	Yeadon	26.76	
		METERS		
		NCCT	60.37	
2		Kennett METERS	60.49	
1	Trisha Malischewski		0.00.47	
		Octorara		
~		METERS	2:29.51	
1	Marisa Schmitt		4:59.86	
2	Marva Small		5:01.93	
3	Trisha Malischewski	Parkiaman Vallau	5:01.93	
٠		METERS	0:12.04	
1	Marya Small	Notre Dame	11:00.1	
	Manian Cohmitt	Commadd Manage		
	Julie Wirth	Perkiomen Valley	11:37.5	
	400 ME	TER RELAY		
1	Avon Grove		51.84	
		nderson, J. McMilla:		
	D. Lewis, D. Sutton			
2	Perkiomen Valley		51.87	
	1600 M	ETER RELAY		
1	1 Perkiomen Valley			
	V. Laudenshlager, l			
	J. Kehe, J. Knicker	bocker, J. Wirth		
2	Kennett		4:10.15	
		ETER RELAY		
1	Perkiomen Valley		9:42.07	
	T. Malischewski, J.	Kehe, J. Wirth,		
	V. Laudenshlager,	J. Knickerbocker		
2	Garnet Valley	PARTY WAS A STANDARD OF THE ST	10:11.9	
		OT PUT		
	Anna Martoranna		34-3/4	
2	Tammi Paton	Perkiomen Valley	32-3	
		H JUMP		
		Unionville	5-6	
2	Jackie Jamieson	Unionville	5-0	
	Debbie Lewis	NG JUMP Avon Grove		
	Kim Knickerbocker		17-11 $17-41/2$	
		Octorara	16-9	
	Shawn Ellison	Darby Twp.	16-11/4	
-		DEFOY TWP.	10-1-/4	
1	Arlene McKim	Avon Grove	92-3	
	Peggy Owens	Perkiomen Valley	88-11	
~		VELIN	00-11	
1			105-1	
	Judy Bianchi		98-10	

TRIPLE JUMP

Avon Grove

Octorara







Downingtown

John McKeon

Janell McMillan

2 Melissa McIntire

167

33-91/4

33-7

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(Track boxscores, Page 14)

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### WCEast relay team looks to Shippensburg

By DAVID LANUTE

(Local News Correspondent)
For years we've been educated about
the loneliness of the long distance runner
Overlooked, however, has been the loneliness that most all runners experience through all levels of track competition much of the time.

Obviously, then, it is a refreshing second wind that is inspired when one comes out of a turn and is greeted by the cheers of thousands in a stadium. The legs become lighter, the ache of overworked lungs lessens and the impossible merges into the possible.

Many local athletes will experience those sensations for the first time next weekend when they come out of turn four on the Shippensburg State College track at the PIAA state championships. None will be more thrilled than West Chester East's 400-meter relay team of Terry Gallimore, Kelvin Butcher, Don Day and Ken Win-ston – especially Winston who just missed qualifying for the state 100- and 200-meter dashes in Saturday's District One championships at Delaware Valley College in Dovlestown.

The team reached the state event by coming in second in the District One event 43.73 seconds) to Lower Merion (43.14).

Winston finished third in 11.25 seconds in the 100 and 22.61 in the 220 in his two specialty events Saturday, thus missing by one place an automatic invitation to Shippensburg. And like scores of others who were hampered by the horrible weather. Winston failed to meet qualifying standards that provided the only other route to the starting blocks.

Still, his points, along with Butcher's

third (21-81/2) in the long jump and Jim Greene's second (51-9) in the shotput, earned the Vikings a third place (34 points) finish behind Lower Merion (51) and Council Rock (50) in the team stand-ings for Class AAA schools.

Downingtown, led by David White's vic-tory in the 300 intermediate hurdles, was

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The kids really felt bad about last week (The district outcome and fourth place in the Ches-Mont League championships)," coach Mike Payton said. wanted to bring a little glory to West Chester and now they feel they've done their share. It made them feel good when their share, it made their feet good which they heard people around the stadium talking about West Chester East. "I feel bad Kenny-had to run-under the

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Whippet White to run Downingtown's White and Great Valley's Al Kohnle ran in the slow heat of the intermediate hurdles, but their ongoing rivalry pushed them to the fastest times - White finishing in 39.70 seconds

and Kohnle in 39.91. White ran in the district meet last year, but failed to place. Increased coaching by first year assistant Bob Sterner and maturity on White's part has turned it around,

"It's taken him a couple of years to realize his capabilities," Downingtown coach Charlie Selcher said. "He's just gotten intense in his interests in track. Now he believes he belongs with these

(talented) guys. Drew Proctor triple jumped 44-9 1/4 for fourth place, but the distance was enough to qualify him for the state meet. Steve Orth was third (49-11%) in the shotput, But their times were good enough for the state meet, as was Ed Marshall's fourth place long jump (21-64).

Other local athletes heading for Ship-pensburg will be Conestoga's Mike Sulli-van, first (4:17.94) in the 1600-meter run; Tom Barr of Owen J. Robers, first in the long jump; and Spring-Ford's Jeff Rantz, first in the javelin

Sharon Hill won the Class AA title with 67 points. None of the local teams was able to stay close, but they waged their own battle. Garnet Valley (38) was fifth, Oxford (35) sixth, Kennett (32) seventh, Unionville (27) eighth, Avon Grove (22)

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One of the more impressive individual performances was by Kennett's Tom Nocho who won the 400-meter race in 50.62 seconds and was second in the 200 in 23.68

"To double in the 200 and 400 is one of the toughest things to do," Kennett coach Charles Lewis said. "In most meets, they are run close to each other (in the

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anything that ochee River in I Ramblin Raft

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the event under sunny skies. Photo by UPI.

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Avon Grove's Lewis wins four district track titles 1979

By MARK BROWN

If you closed your eyes, the final dash vas reminiscent of the incredible performance Maryland's Renaldo Nehemiah recently put on at the Penn Relays.

nning the anchor in both the 400 and the 1,600-meter relays, Nehemiah in the latter race, caught and surpassed Villanova's Tim Dale down through the final meters to win and make his effort one of the most memorable performances in the carnival's history. And, with a similar set of variables on Saturday at the District I girls' championships at Bensalem. High School, Avon Grove's Debbie Lewis' mag-ic was just as evident.

Running anchor in the 400 meter relay, the field all but passed Lewis before she was able to obtain the baton and, like Nehemiah, eventually outrace the competition to the finish line. Her impressive victory in the 400 was one of four personal wins on the day and she would have proba-bly gathered additional awards if not for the fact that she could only enter four

Afterwards, she downplayed the Nehemiah comparison but was quick to talk about the University of Maryland

sophomore.
"I did meet him once," she recalled, flashing a broad smile, "and that was

about two years ago.
"I was running for Klub Keystone, you know that's our local track club and he was entered as well. I really can't remember the exact circumstances. He won the best male athlete award that day and I won the best female award so I had a chance to get together with him.

'I'm sure he does not remember that that was before he really became excellent. But, for me, that's a day I'll

And Saturday may be a day many who witnessed her performance might not for-

### (Track boxscores, Page 14)

get. The conditions were miserable, a driving rain, wind-swept skies and a track which resembled a swimming pool. In each of her four wins Lewis did not appreach her times and distance (she w the long jump as well as the 100-meter dash, 200-meter dash, and 400-meter an chor relay) she achieved at last year's district championship and felt that the weather was indeed the decisive factor.

"Overall," she added,"I was pleased with the way things turned out, especially

Our team was really proud of the re-

lay win and that was the best we have done this year. Oxford and Kennett had beaten us earlier in the season and we wanted revenge. So we went out and gave

"I wasn't concerned with time because of the weather. On a day like this, I think you have to be more concerned with place than with time. On a clear, dry day, I would have probably been upset with my times but not today.

Overall, Avon Grove finished second in its competition (Class AA) losing to Per-kiomen Valley 128-70. Adding participat-ing schools from Class AAA, Avon Grove still finished with the second highest point total. In Class AA Unionville finished third with 48 points', Octorara came in fourth with 40. In Class AAA the winner was -- Wissahickon - with - 57 -- points while --Coatesville came in a disappointing eighth

If not for the vacillation of Perkiomen Valley drifting between Class AA and AAA, Avon Grove might have returned as class champions.

"That is a very strange situation," said Avon Grove coach Keith Maurer, completing his first year as track mentor.

"The size of their school seems to

change from year to year and two years ago, they won the districts but last year, were classified in AAA. Now, they're back in our division and I guess that their student population is right on the border They keep shifting back and forth and this year, they were put in with us."

Maurer went on to explain that "I was pleased with our whole team and everyone ran well.
"I was a bit surprised that we were run-

ning as well as we were. There's no ques-tion that the rain affected the field events and that the distances were lower than usual," he added.

Aside from Lewis, other Avon Grove Aside from Lewis, other Avon Grove first-place finishers included Jannell McMillan in the triple jump and Arlene McKim in the diacus. Other area winners were: Missy Helak of Conestoga in the AAA long jump and Candy Cashell of "Unionville in the AA high jump (her 5-6" was the highest height reached in the two-day connectition."

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## Geiberger: fr

By MIKE RABUN UPI Sports Writer

FORT WORTH, Texas (UPI) — Al one asked him if the tournament.

year he had become his own worst critic.

After shooting a 68 in the opening round of the Colonial National Invitation, someone asked him if he thought he could win

# Track post SCOPES DESCRIPTION SCOPES DESCRIPTION BOYSTRACK CHARPHONSHIPS aD Delaware Valley Callege 180-meter dash—I. Sydnor, Roborcy 2 Bey, Lower Merion, 1. Ken Winston, W. C. Rati. 6. McCarbon, Penacerel, 5. Den. North Pena 187. Bownster dash—I. Sydnor, Roborcy 2 Bey, Lower Merion, 1. Ken Winston, W. C. Rati. 6. McCarbon, Penacerel, 5. Den. North Pena 187. Bownster dash—I. Sydnor, Roborcy 2 McCarbon, Clickes Lev. 3. Ken Winston, W. C. East. 6. Clarence Clary, W. C. Hens. Bownster dash—I. Sydnor, Roborcy 2 McCarbon, Deneated and Sydnor, State Clarence Clary, W. C. Hens. J. McCarbon, Penal Sydnor, Roborcy 1 McCarbon, Penal Sydnor, Roborcy 1

Chekenham 63-5.
Discus—I. Whitely, Pennebury, 2. Allisen, Maple Point, 3.
Wilson, Lower Merion, 4. Zimmermen, Upper Darby, 5. Walco

Wilson, Lower Merton, 4 Zimmerman, Upper Dustry, 3 Wylcsak, Temast 129-1, Javelia-1, Der Jaho, San Valley, 3. Secondry, San Valley, 1. Las Dekal, Downingtown, 4. McLaughlin, Upper Dustry, 5. Cledy Cartone, Haverford 127-7 Team socring—I. Wissakickon ST, 7. Penerdidge NJ, 5. Use? Concell Rock and Upper Dublis M, 5. San Valley XI, 6. North Pleas 13.

DISTRICT ONE AN

BOYS TRACE CHAMPHOUSHIP
at Deleuser Valley Under
160 meter death—I. Ware, VP MA. I Bouveal Garmet Valley, J.
Ryle, Brass thorses, 4, Rames Holy Libed; B Barton, Barly,
Twy 1140
Bostocker death—I. Ware, VP MA. J. Torn Nocho, Keniselt, J.
Kyle, Saus thurser, 4 Dean Les, Kennett, B Tern Christiana,
Deleuser HR.—Clemense, Hely Chael Prey, 5 Disse, Bristol,
J. Cary Soliveda, Aven Grove, 4 Art Lastonber, Pottagrove, 5
London Starl, Colorana 18-3
300-meter IR—I. Fullamove, Sgaron Hill, 2 King, DarbyCollwyf, 1 Bassdenditatel, Holy Good Prey, 4 Glemener, Holy
Choust Prey, 3 Sousmon, Perthornes Valley, 26 General, Holy
Champton, 1 Prey Control, 1 Prey, 1 Press, 2 Press, 1 Press, 2 Press, 1 Press, 2 Press, 1 Press, 2 Pr

(Sport Moreins College Control of the College College